



New London

Adult & Continuing Education

SPRING/SUMMER 2025

Serving and offering classes in New London, Groton, Lyme, Montville, Mystic, Old Lyme, and Waterford

Dear Friends:

At New London Adult and Continuing Education, imagine what you can achieve!



New London Adult and Continuing Education is a truly unique place. We are very proud of our long-standing commitment to adult learners and dedication to providing innovative and stimulating educational opportunities for the community. New London Adult Education strives to strengthen partnerships and build connections to enhance programming that is responsive to the interests and needs of all learners.

A wide range of programs are offered. They include ESL classes to assist English language learners to improve their English language proficiency as well as CDP and GED classes for students looking to complete their high school education.

U.S. Citizenship classes prepare immigrants for the U.S. Citizen test. The Transitions Program assists our adult learners with career exploration, training, and college preparatory classes. The Integrated Basic Education and Skills Training Program offers workforce education in areas that match local demand. Counseling staff is available to guide and assist you in choosing the program that best meets your educational needs. Our Even Start – Two Generation program is a comprehensive family literacy program that serves the entire family through adult education, a NAEYC accredited early childhood education, parenting education, interactive literacy, and home visits.

For those looking to travel, acquire new workforce skills, or pursue new interests or hobbies, our Continuing Education/Enrichment Program provides a vast array of programs and classes to satisfy your lifelong learning goals. We invite you to take advantage of the Culture-on-Wheels Program which presents stimulating, educational, and affordable travel opportunities. Numerous day, over-night bus trips, national flight tours, and international world-class travel are thoughtfully planned.

Visit our website, newlondonadulthood.org, to become familiar with the multitude of programs and class offerings. Online registrations are accepted through our website for all Adult Academic and Enrichment programs.

We are excited to welcome you to our updated building and the programs that utilize our new space!

Please follow us on Facebook, and Instagram to stay connected and learn more about our unique program. There is truly something for everyone.

Sincerely,

Denise Spellman

Denise Spellman
Director

• Inclement Weather: When the New London Public Schools are closed due to inclement weather, Adult Education is also closed. Listen to a local radio station or watch your local television channels for cancellation notices. Should snow or inclement weather develop during the day, class cancellation is announced by late afternoon. Canceled classes are made up by adding additional sessions.

• Fees: If registering by mail, please enclose payment to ensure enrollment in the class/trip.

• Residents: Residents are those residing in the following towns: Groton, Lyme, Montville, New London, Oakdale, Old Lyme, Quaker Hill, Uncasville, and Waterford. Out of town residents add a \$5 non-resident fee. Some courses may require additional fees and/or materials. Check the course description for fee information.

• Gift Certificates: Certificates are available for any Adult Education course, trip, or special event. They may be purchased at any time at the New London Adult Education office between 9:00 a.m. and 4:00 p.m. This is a great gift for that hard-to-buy-for person in your life!

• Refunds: In the event of a filled class or cancellation, every attempt will be made to notify you in advance by email, mail or phone. Refund policy: A full refund is given only when NLAE cancels a course. No refunds at any time for computer courses, one-class courses or bus trips. Refunds for all other courses will be available with a minimum three-week notice prior to the course start date. There will be a \$10 processing fee for refunds. Credit for a future class or trip may be available in place of a monetary refund. Refunds will not be given after a course has started. Please allow at least one month for processing.

• Returned Check Policy: Participants will be charged \$50 for each check returned by the bank.

• Student Regulations: Smoking is prohibited on school property. Refreshments are not permitted in any classroom, hallway or lavatory. Parking is permitted only in designated areas. Cell phone use is not permitted in the classroom. Fire regulations and alarms must be heeded at all times.

• Enrichment Course Confirmations: Enrollment Confirmations will not be mailed, all confirmations will be emailed to the student.

Office Information

New London Adult Education

Three Shaw's Cove
New London, Connecticut 06320
Telephone (860) 437-2385
Fax (860) 437-6460
www.newlondonadulthood.org

New London Office Hours

Monday-Friday: 8:00 am – 4:00 pm
Monday-Thursday: 6:00 pm – 9:00pm

• Waterford Information •

Waterford High School
20 Rope Ferry Road
Waterford, CT 06385
Direct all inquiries to: (860) 437-2385

• Lyme – Old Lyme Information •

Lyme – Old Lyme Middle School
53 Lyme Street
Old Lyme, CT 06371
Direct all inquiries to: (860) 437-2385

• Montville Information •

Montville High School
800 Old Colchester Road
Oakdale, CT 06370
Direct all inquiries to: (860) 437-2385

• Groton Information •

Fitch High School
101 Groton Long Point Road
Groton, CT 06340
Direct all inquiries to: (860) 437-2385

School Calendar Closing Dates

January 6.....Three Kings Day
January 20 Martin Luther King Jr Day
February 17-18 Presidents Day
April 14-18..... Spring Break
June 19 Juneteenth Day

Program Start Dates

January 13, 2025

English for Speakers of Other Languages
Adult Basic Education and GED
Adult High School Credit Diploma

January 6..... EMT Training
January 18..... CNA Evening Training
February 3..... Phlebotomy
March 4..... Serv Safe Training
March 5..... Bartending
March 22..... Security Guard Card
March 27..... Real Estate

Enrichment Classes begin the week of March 3

Catalog Design Ed Murphy
Cover Photo Peggy Cherrick

*To err is human and we are...
We are not responsible for typographical errors.*



Find our Hidden lighthouse, and you may win a prize

Find our lighthouse and be entered into a drawing for a \$50 NLAE gift certificate. Email the page number and location to bullockf@newlondon.org.

In the Subject line write Lighthouse. Two lucky winners will be selected.

(It is not the lighthouse on the registration form or logo. It is tucked away in the catalog)

Drawing Date is April 1st

DISCLAIMERS

Non-Discrimination

New London Adult & Continuing Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal non-discrimination laws. Inquiries regarding the New London Adult & Continuing Education non-discrimination policies should be directed to Denise Spellman (860)-437-2385.

General Accessibility and Accommodations

All activities offered by New London Adult & Continuing Education are held in accessible locations. Accommodations for individuals with a disability are available upon request. Printed materials (e.g. brochure/handbook/newsletter) are available in alternate formats (e.g. large print, audio, Braille) upon request. For assistance, please contact Karen O'Connell at (860)437-2385.

General Educational Development (GED) Test Accommodations

Accommodations on the GED tests are available for qualified individuals with a disability. For more information, contact Karen O'Connell at (860) 437-2385. You may also contact Sabrina Mancini at the Connecticut State Department of Education at (860) 807-2110.

No Charge for Materials for Mandated Courses

New London Adult & Continuing Education is in compliance with Connecticut General Statutes Sec.10-73a and does not charge fees for registration, textbooks or materials used in mandated program areas.

The Board of Education, during the course of any given year, puts on a number of programs utilizing certified teachers, professionals, and local community residents who have special expertise in the areas in which they offer instruction. The Board of Education makes every effort to provide quality instruction in an appropriate atmosphere for all participants in any of its programs. The Board of Education, however, is not responsible nor takes any responsibility for the specific instruction in any particular course or any specific reliance upon such instruction made by an individual. Questions about course content, the educational experience of instructors, or other specifics regarding any particular course should be addressed to the specific instructor or the administrator charged with the operation of the program.

Visit our website: newlondonadulted.org
for full course descriptions

5 WAYS TO REGISTER FOR CLASSES & TRIPS

WEBSITE

newlondonadulted.org
Visa, MasterCard, American Express or Discover

MAIL

Mail Registration Form with Visa, MasterCard, American Express, Discover information, check, or money order to:
New London Adult Education, Three Shaw's Cove, Suite 100,
New London, CT 06320 Attention: Enrichment Program

IN PERSON

New London Adult & Continuing Education
Three Shaw's Cove, New London, CT
Monday-Friday, 8 am-4 pm & Monday-Thursday 6-8 pm
Visa, MasterCard, American Express, Discover, check,
money order or cash.

PHONE

(860)437-2385
Visa, MasterCard, American Express or Discover

FAX

(860)447-4025
Visa, MasterCard, American Express or Discover

860-437-2385

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Your Career

AT NEW LONDON ADULT AND CONTINUING EDUCATION

100

Emergency Medical Technician Initial Basic Training

Classes are conducted **Monday & Thursday nights and Saturdays daytime**. This intensive program is designed to provide a basic understanding of anatomy, physiology, and pathophysiology. It will allow you to better understand signs, symptoms, and emergency care.



An anatomical and body system approach to physical exams will link conditions to assessment findings. This course will give you knowledge of the presentation of common medical conditions and traumatic injuries encountered in the pre-hospital environment. You will learn how to provide the most efficient and effective emergency care.

Graduates of this program will satisfy licensure requirements from the National Registry of Emergency Medical Technicians as well as the Connecticut Department of Public Health, Office of Emergency Medical Service. The textbook and NREMT Practical Exam are included in this course.

Prerequisites: Student must be 16 years of age prior to the end of the class. Proof of Tuberculosis (TB PPD) test results within 1 year from the end of the clinical end date, Measles, Mumps, Rubella (MMR), Varicella (Chicken Pox), Tetanus, Diphtheria, Pertussis (Tdap) and Hepatitis B (Hep B)

Class meets Monday & Thursday starting 1/16 6:00-9:30 pm & Saturday 8:00 am-4:00 pm 14 weeks NREMT Practical Exam 4/24 NL Adult Education Resident/Non-resident \$1,200 WIOA Approved & approved for VA Educational Benefits Instructor: Emergency Training Services



100S

Summer Daytime Emergency Medical Technician Initial Basic Training

Class meets Monday thru Thursday starting 6/16 8:00 am - 3:00 pm 7 weeks NREMT Practical Exam 8/2 NL Adult Education Resident/Non-resident \$1,200 WIOA Approved & approved for VA Educational Benefits Instructor: Emergency Training Services

101

Phlebotomy

This flexible learning program will provide students the skills necessary to work as a Certified Phlebotomy Technician. Students will learn the components of blood, possible complications of a blood draw, along with some basic Human Anatomy, proper drawing technique, and collection sequence. In order to complete this class it is a requirement to obtain 30 successful venipuncture collections and 10 capillary draws on living persons. These will be performed in class on fellow students and clinical volunteers. This is an 80 hour hybrid course with 70 hours of online learning and 10 hours of in person clinical. Upon successful completion of this course students will have the opportunity to obtain National Certification from the NHA if they successfully pass the exam.

Prerequisites: High School Diploma or GED, basic computer skills, and a working computer. Students will need to show proof of up to date COVID-19 vaccinations and booster shots. Equipment, Book, and Lab Fee, are included in the cost of tuition.

Mon 2/3 or 4/7 The Foundry Resident/Non-resident \$1599 WIOA Approved



The Connecticut State Office of Higher Education has approved our Emergency Medical Technician, Real Estate Principles and Practices and Certified Nursing Assistant Programs for educational assistance benefits from the U.S. Department of Veterans Affairs.

Begins Here

102

Certified Nursing Assistant Training

Our CNA program will provide students with the required hours for Certified Nursing Assistant training, basic nurse aide skills, including classroom and clinical training. This program will prepare the students for the Prometric exam, which places successful candidates on the Connecticut Nurse Aide Registry.

Prerequisites: Prior to attending the class, the student must have the following: Proof of being 18 years or older prior to the practical application portion of the class, Social Security Number, current seasonal flu vaccine (Oct 1- Mar 30), COVID vaccine, clearance from Medical Doctor to be able to lift 50 pounds and proof of Negative TB results read within the last 6 months from the class begin date, active email account and advanced level English proficiency. High School completion or equivalent may be required for employment in this field. **The State of Connecticut requires 100 mandatory hours of training with instructor.** Any questions, please contact the instructor prior to class start.

Resident/Non-resident \$1,099 WIOA Approved & approved for VA Educational Benefits (Fee includes tuition, textbook, uniform, and State of CT Prometric exam) Instructor: Patricia Conklin, RN

1/18 – 3/8 Monday/Wednesday Evening 5 pm-9 pm and Saturday 8 am – 4 pm 8 weeks NL Adult Education or
4/21 – 6/7 Monday/Wednesday Evening 5 pm-9 pm and Saturday 8 am – 4 pm 8 weeks NL Adult Education or
6/9 – 6/25 Monday thru Friday 8 am – 4 pm NL Adult Education or 6/30 – 7/17 Monday thru Friday 8 am – 4 pm NL Adult Education or
7/30 – 8/15 Monday thru Friday 8 am – 4 pm NL Adult Education



103

Clinical Medical Assistant Program

This highly flexible learning program will provide students with the necessary skills and training to work in today's industry. In this hybrid, guided course students will complete the necessary 460 clinical hours to obtain certification and exam preparation. With focused learning on Medical Terminology, Anatomy and Physiology, Vital Signs and practical skills. With special consideration for target learning, students will have the benefits of building self-reliance. This program encourages students to self-test for understanding. While also being instructed by positive reinforcement from educators, who have a proven track record of success. With a placed emphasis in practical use which fosters a solid understanding of a working environment within a physician's office, hospitals and clinics. This structured curriculum incorporates all aspects for the NHA certification exam.

Prerequisites: High School Diploma or GED, basic computer skills, and a working computer

Mon 1/6 OnLine Portion / In person Classroom Mon - Fri 2/17 5:30-7:30 pm Foundry, 66 Franklin St, Norwich Resident/Non-resident \$5999



104

Connecticut Security Guard Card Training

Prepare for your Connecticut Security Officer Guard License. Upon successful completion of this course, you will be issued a training certificate required to accompany your licensure application, to the Connecticut Department of Emergency Services and Public Protection. Additional fees are required with application.

This dynamic course covers information about the Security Industry, how to be a Security Officer, and job exploration. Connecticut laws will be reviewed, pertaining to the security industry, self-defense and the use of force, and citizen's arrest. In addition, you will learn about the use of force continuum, fire safety, and the history of security, workplace violence, terrorism, communication skills, and more.

Saturday 3/22 8:00 am - 3:00 pm or Saturday 3/29 8:00 am - 3:00 pm 1 class NL Adult Education Resident \$150/Non-resident \$155 Instructor: Louis J. Bonito



105

EKG Technician Certification

This course will teach students practical skills in a hands-on setting. With a focus on how to apply, monitor and measure electrocardiography tests in a flexible, hybrid learning environment. Additionally, students will learn basic vital signs, performing

rapid response procedures, set up for Holter Monitors, and provide the results to the physician for interpretation. Students will be required to complete 44 clinical hours with at least 10 EKG's on live individuals.

Prerequisites: High School Diploma or GED, basic computer skills, and a working computer.

Mon 3/3-3/21 OnLine Portion / In person Classroom Mon - Fri 3/24-3/28 5:30-7:30 pm Foundry, 66 Franklin St, Norwich Resident/Non-resident \$1599

106 Professional Bartending with SMART Certification

This professional bartending course includes the state and national SMART (Servers and Managers Alcohol Responsibility Training) certification recognized by the CT Department of Liquor Control and police departments. Servers of alcohol are taught to serve responsibly, how to spot signs of intoxication, and how to respond appropriately. Instruction focuses on opening and closing procedures, product knowledge, speed of preparation, and people skills. Upon successful completion of the course, students will be qualified to work in any environment that serves liquor, including restaurants, clubs, hotels, and catering companies. Students receive a certificate of completion and the SMART certification. Students must be 18 years old or older. No real alcohol is used.

Wednesday 3/5 6:00-9:00 pm 5 Weeks NL Adult Education
Resident \$250/Non-resident \$255 Instructor: Paul Rich



106S Summer Daytime Professional Bartending with SMART Certification

Monday & Wednesday 6/2 10:00 am - 2:00 pm 2 Weeks NL Adult Education
Resident \$250/Non-resident \$255 Instructor: Paul Rich

109 ServSafe

The ServSafe program was created by leaders in the Foodservice Industry to promote food safety. Ledge Light Health District, which promotes healthy communities in all 90 establishments in New London County, requires all food establishments to have all their Cooks, Chefs, Person in Charge (PIC) be ServSafe Certified. In the competitive restaurant field, industry certifications can help you stand out among the crowd of applicants. The NRA's ServSafe Food Protection Manager Certification is nationally recognized. Cost includes Tuition, Book, Certificate and Exams with passing grade.

Tuesday 3/4 5:30-8:30 pm 4 classes Waterford HS
Resident \$195/Non-resident \$200
Instructor: Amariyls Saluk, CDM,CFPP



107 SMART Certification for Alcohol Servers

SMART training is a 3-hour certification course developed by those in the hospitality industry for the hospitality industry. Learn how to identify signs of intoxication using the traffic light system as well as learning CT's liquor rules, regulations, and laws. This course has an intense focus on checking IDs properly and identifying underage drinking.

Wednesday 3/5 6:00-9:00 pm One class only NL Adult Education
Resident \$55/Non-resident \$60 Instructor: Paul Rich



108 Real Estate Principles and Practices

This course covers the major aspects of the real estate industry and prepares you for the State licensing examination and meets the 60-hour requirement for licensing. It also provides excellent information for those interested in personal real estate planning and investing. Instructors from Cadema Education Associates will teach the latest and most relevant trends in real estate. To take the State licensing examination you must be 18 years of age or older. Textbooks/E-book are included in the cost of the class. Class meets Monday & Thursday evenings.

Monday 1/13 - 3/27 5:30-8:30 pm In-Person and Zoom
132 Boston Post Road #11, East Lyme
Resident \$575/Non-resident \$580 Instructor: Cadema Education Assoc.

110 Introduction to Voice-Over Training

Have you ever been told that you have a great voice? This exciting introduction will explore numerous aspects of voice-over work for television, film, radio, audio-books, documentaries and the Internet in your area.

Students will have the opportunity to ask questions and hear examples of demos recorded by professional voice actors.

Wednesday 3/5 or Tuesday 4/29 6:30-8:00 pm
12 students maximum
Live-Online class Resident \$19/Non-resident \$24



Editor's Note: In order to make the locations of Enrichment Classes easier to find, we have incorporated a color-coded system to identify each school hosting classes.

COLOR KEY

New London Adult Education
New London STMHS
Montville High School

Fitch High School
Waterford High School
Old Lyme Middle School

200 Intro to Acrylic Pouring

Learn techniques with instruction to discover your inner artist with this exciting medium! Using everyday items, you'll create your own wonderful, abstract artwork that you'll be proud to frame. Classes will include information on materials & products, paint delivery systems, and pouring techniques. During the 4-week course, you'll receive a kit including gloves, aprons, cups, mixing sticks, canvases, paints and required additives to produce and finish several beautiful pieces! Everything is provided, including a way to transport your pieces home. Bring only your desire to learn something new and get creative! *A \$50 materials fee is payable to instructor at First Class*

Saturday 2/15 10:00 am-12:00 pm 4 classes NL Adult Education Resident \$59/Non-resident \$64 Instructor: Nina Murphy

201 Advanced Techniques with Acrylic Pouring

Whether you want more time to perfect the techniques you just learned, re-work a finished piece or learn more advanced techniques, join Nina and continue with Advanced Techniques in acrylic pouring! For 2 weeks, you will receive additional materials and instructions to make more beautiful art and/or fine tune the pieces you just made! *Remember to keep your work trays/covers/racks to bring back with you. Pre-requisite: you should have previously completed the Intro to Acrylic Pouring Class. A \$20 materials fee is payable to instructor at First Class*

Saturday 3/22 10:00 am-12:00 pm 2 classes NL Adult Education Resident \$39/Non-resident \$44 Instructor: Nina Murphy



202 Exploring Abstraction

This class will explore various degrees of Abstraction in art such as stylization, simplification, exaggeration, distortion, and non-objectivism. We will experiment with ways to apply those ideas to your own painting. Use your own choice of medium*. *Suitable for all levels.* Bring the listed materials to the first class. Material list on NLAE Website.

If using alternative materials, or for any questions, contact the instructor at susanstruck.art@gmail.com

**Friday 2/28-4/7 10:00am -1:00pm 6 classes
NL Adult Education
Resident \$154/Non-resident \$159 Instructor: Sue Cash**

203 Week-Long Painting Intensive

Intermediate level-Prior experience recommended

A week-long intensive for painters in all media. Work on ways to develop your personal content, style, and point of view. Includes exercises, drawing, techniques, and feedback aimed at completion of a final painting. Use your own choice of medium*. Bring the listed materials to the first class. General Materials list on NLAE Website.

If using alternative materials, or for any questions, contact the instructor at susanstruck.art@gmail.com

**Monday-Friday 6/23-27 9:00am -1:00pm 5 classes
NL Adult Education
Resident \$174/Non-resident \$179 Instructor: Sue Cash**

204 The Joy of Movies

Rick Gipstein continues our popular film history series. It will focus on viewing and discussing movies that have some historical significance as well as more obscure ones you may not have seen. The course venue is the BP Learned mini theater, which has a large screen, comfortable seats, and good sound. If you love films, you'll love this course. The movie list will be posted on the NLAE website.

**Wednesday 3/19 6:30-9:30 7 classes
BP Learned Theater, 40 Shaw St, New London
Resident \$99/Non-resident \$104 Instructor: Rick Gipstein**



205 Cleaning Out Your Closet with V.I.S.I.O.N

This program is designed to guide participants through a transformative journey of decluttering, not just your physical space but also your mind and lives. Each week, we will focus on one aspect of the V.I.S.I.O.N. framework from the book *The Cost of Clutter: Billion-Dollar Wisdom for Culture, Communities, and Companies*. By the end of the program, participants will have a clear, organized space that reflects their values and supports their goals.

**Thursday 3/6 6:00-7:30 pm 7 classes NL Adult Education
Resident \$89/Non-resident \$94 Instructor: Monica Jenkins**

208 Beginner Crochet

Start your winter projects with a scarf. Learn the basic stitches and enjoy some time to explore the world of Crochet.

Material List: Acrylic or Wool medium weight yarn color of your choice and 8 mm Crochet Hook.

Saturday 3/8 9:00 am-11:00 am 8 classes NL Adult Education
Resident \$79/Non-resident \$84 Instructor: Tina Burke



209 Beginner Crochet Evening

Take a class in crochet and learn basic crochet steps such as single crochet, double crochet and triple crochet. Choose to make a project such as a shawl, blanket, or afghan and more..

Material List: needle sizes 2.75mm or 3.25mm for cotton thread and 3.75mm to 4.5mm for acrylic or wool thread.

Thursday 3/6 6:30-8:30pm 9 classes NL Adult Education
Resident \$104/Non-resident \$109 Instructor: Judy Telemaque

210 Orchids Don't Like Ice Cubes!

There, I said it. And I mean it. Orchids don't like ice cubes. While enjoying some sips and snacks, learn how to properly care for orchid plants. With some guidance, your orchid plant will no longer just "survive" but will begin to thrive! All attending will pot up a beautiful orchid to take home. Keep it for yourself or give it as a gift! Printed care materials will accompany your newest friend.

Thursday 2/6 6:00-7:30 pm Montville Florist
315 Norwich New London Tpk, Uncasville Resident \$59/Non-resident \$64



212 Terrific Terrariums

If 70's fashion can be recycled into something new, so can plant fashion! Indulge in some snacks and sips, while learning about the plant offerings available. After selecting your plants, learn now to correctly create and maintain this spectacular specimen by planting your very own terrarium. Keep it for yourself or give as a sensational gift!

Thursday 3/13 6:00-7:30pm 1 class
Montville Florist, 315 Norwich New London Tpk, Uncasville
Resident \$70/Non-resident \$75



Quilling Classes – Join Serial Quiller Creations to Learn the Ancient Art of Paper Quilling. Design and create a St. Patrick's Day Clover to celebrate this fun holiday! Class includes hands-on instruction, classroom use of quilling tools, all paper supplies and a shadow box frame for your artwork.

206 St. Patrick's Day Shamrock

Design and create a St. Patrick's Day Clover to celebrate this fun holiday.

Tuesday 3/11 6:00-8:30 pm Waterford HS
Resident \$45/Non-resident \$50 Instructor: Marcy Kaplan

207 Spring Flower Design

Design and create a beautiful Spring Flower Design to welcome Springtime!

Thursday 3/20 6:00-8:30pm 1 Class Old Lyme MS
Resident \$45/Non-resident \$50 Instructor: Marcy Kaplan

211 Some Bunny Loves Flowers!

Few things say spring like a basket full of fragrant bulb flowers. Add a bunny to the arrangement (and ours will be made from flowers!) and this arrangement will be shouting "Hello Spring" from the roof top! Nibble on snacks and sips while learning about the flowers selected for this fabulous arrangement. Keep it for yourself or give it as a gift.

Thursday 4/10 6:00-7:30 pm
Montville Florist 315 Norwich New London Tpk, Uncasville
Resident \$59/Non-resident \$64

213 May Day Flowers

Learn a few basic design techniques so you can enjoy having flowers in your house that you have cut from your gardens all summer long – or for those who don't have a yard, a garden or who would just prefer it – you can enjoy flowers from a florist just as much! With these techniques, you will look like a seasoned floral design professional. Snacks and sip will be served during the demonstration, and then you will create your own floral masterpiece.

Thursday 5/1 6:00-7:30pm 1 class
Montville Florist, 315 Norwich New London Tpk, Uncasville
Resident \$59/Non-resident \$64

217 Zentangle Celtic Knot



A perfect design for St. Patrick's Day or any day in an Irish household. All materials provided, using watercolors and traditional Zentangle black ink pens, create a vibrant work of art and everyone will have supplies to take home.

- \$12 materials fee to instructor at time of class

Thursday 3/13 6:00-8:00pm 1 Class New London Adult Ed
Resident \$34/Non-resident \$39 Instructor: Heather McNeil

219 Zentangle Aquarium

Zentangle Fish to adorn your walls... All materials provided, using watercolors and traditional Zentangle black ink pens, create a vibrant work of art and everyone will have supplies to take home - \$12 materials fee to instructor at time of class

Thursday 5/1 6:00-8:00pm 1 Class New London Adult Ed
Resident \$34/Non-resident \$39 Instructor: Heather McNeil



218 Zentangle May Flowers

Zentangle flowers to celebrate the season. All materials provided, using watercolors and traditional Zentangle black ink pens, create a vibrant work of art and everyone will have supplies to take home - \$12 materials fee to instructor at time of class

Thursday 4/24 6:00-8:00 pm 1 Class New London Adult Ed
Resident \$34/Non-resident \$39 Instructor: Heather McNeil

214 Gothic Calligraphy Basics

Students will learn the basics of Italic calligraphy and ways to personalize their writings with accents and flourishes. A felt tip pen will be provided, however, students may purchase and bring with them a Speedball Calligraphy fountain pen to practice with as well.

Tuesday 3/25 6:00-8:00 pm NL Adult Education
1 class or Thursday 4/10 6:00-8:00 pm
NL Adult Education 1 class

Resident \$49/Non-Resident \$54
Instructor: Suzanne Haulotte

215 Advanced Italic Calligraphy

Prerequisite: Italic Calligraphy Basics. A felt tip pen will be provided, however, students may purchase and bring with them a Speedball Calligraphy fountain pen to practice with as well.

Tuesday 4/22 6:00-8:00 pm
NL Adult Education 2 classes
Resident \$49/Non-Resident \$54
Instructor: Suzanne Haulotte

216 Summer Daytime Italic Calligraphy Basics

Students will learn the basics of Italic calligraphy and ways to personalize their writings with accents and flourishes. A felt tip pen will be provided, however, students may purchase and bring with them a Speedball Calligraphy fountain pen to practice with as well.

Friday 6/6 10:00am-Noon NL Adult Education
1 class Resident \$49/Non-Resident \$54
Instructor: Suzanne Haulotte

220 Intro to Cold Soap

Learn the basics of soap making. Students will be taught safety measures needed to protect themselves and family members. You will be taught the basics of fragrance oils, essential oils and the proper ingredients and correct ratios used. All ingredients, and equipment including a hand-out with reputable supplier information to take with you. You will take home 2 pounds of soap.

Saturday 2/22 8:30-11:30 am 1 classes
NL Adult Education

Resident \$89/Non-resident \$94
Instructor: Lenora Alcee

221 Dead Sea Mud Spa Bar

Learn how to use goat's milk or coconut milk to create a beautiful soap, and tips and tricks to ensure success. The combination of goats milk and dead sea mud provides an added luxurious feel and mild exfoliation to the whole body. Supplies will be provided to make the soap.

A mold must be purchased by the student.

Information for the purchase is below:

Tall Skinny Mini Mold - Micas and More - The internal dimensions are 6.1 x 2.16 x 3.15. Your finished soap will be roughly 2x3".

Saturday 3/22 8:30-11:30 am 1 classes NL Adult Ed
Resident \$99/Non-resident \$109
Instructor: Lenora Alcee

222 Kaleidoscope Soap

This is also called the pull through technique. This technique is a little more advanced, and attending the Intro soap making class is suggested. Create a unique design for each of the soaps using a cylindrical mold and design plates, and mica colors. Supplies for the soap are provided.

A mold must be purchased by the student.

<https://a.co/d/dAZPff8>

Saturday 4/19 8:30-11:30 am 1 class
NL Adult Education Resident \$109/Non-resident \$114
Instructor: Lenora Alcee



While attending any of the soap-making classes make sure to have on a long sleeve shirt and pants, closed toe shoes, no hanging jewelry on your hands or neck, and hair pulled away from face. Also bring a bag to take your soap home!

ARTS, CRAFTS & HOBBIES

223

Basket Weaving

Students will be introduced to round reed basket weaving.

A variety of colors and weaving options will be provided.

Basket measures approximately 4 inches high with an

8 inch rim diameter and a bottom diameter of 5 inches.

Material fee paid to the Instructor at the class: \$10.00. Remember to bring a Lunch.

Saturday 4/5 9:00 am-3:00 pm or Saturday 4/12 9:00-3:00 pm

NL Adult Education 1 Class Resident \$59/Non-resident \$64 Instructor: Nancy Kalos



225

Watercolor for Relaxation

Take some time and relax learning the art of watercolor. Material list is available online & with registration.

Friday 3/7 1:00-3:00 pm 8 classes

NL Adult Education or

Tuesday 3/4 6:00-8:00 pm 8 classes

Waterford HS or

Thursday 3/6 6:00-8:00 pm

Old Lyme MS 8 classes

Resident \$89/Non-resident \$94

Instructor: Silvana Ten



226

Amazing U-Pick Peonies

Come to our little farm in Lyme to pick a bouquet of 10 fragrant, farm-fresh peonies. When

you arrive, we will teach

you how to harvest peo-

nies and how to obtain

a long vase life. We will

wrap up your peonies

and foliage for you in a

kraft paper sleeve to take

home and enjoy. Come

and enjoy our 400 peony plants at the farm!

We have clippers to borrow. Please bring a container to take your flowers home. We only postpone for thunder and lightening storms, so dress for the weather.

Saturday 6/7 6:00-7:00 pm 1 Session or

Thursday 6/12 11:00am-12:00 pm 1 Session

Saturday 6/21 6:00-7:00 pm 1 Session or

Tuesday 6/24 10:00am-11:00 am 1 Session

Resident \$54/Non-resident \$59

Best Buds Flower Farm, 52 Blood St, Lyme



224

Arranging Peonies Workshop

Gather peonies and other spring flowers from the field and learn how to arrange in a vase.

No experience necessary. Joanie will start

with a tour of what's blooming and how to

harvest, and then a demo. We will help you

get a result you will love or you can roam free

and create on your own! Dress for the weather,

including a hat, wear sturdy shoes and bring a

water bottle. We supply everything you'll need

to create your arrangement including vases,

flowers, greenery and clippers to borrow.

Friday 6/13 6:00-8:00pm or Saturday 6/14

11:00am-1:00pm 1 class

Resident \$79/Non-resident \$84

Best Buds Flower Farm 52 Blood St, Lyme

227

Arranging Dahlias Workshop

Spend an evening of harvesting dahlias, plus zinnias, sunflowers and others and learning to

arrange in a vase. Take your time to explore and

gather flowers using the clippers and buckets

we have on hand. Cut at least 20-30 stems.

Please wear sturdy, closed toe shoes and bring a

water bottle. We only postpone for thunder and

lightening storms, dress for the weather.

Wednesday 8/13 6:00-8:00 pm 1 Session

Resident \$79/Non-resident \$84

229

Beginning Genealogy

Discover the available resources, including

local records, family records, clubs, search

angels, online subscription sources, archives,

vital records, newspapers, DNA, and more!

Christy is a professional genealogist speciali-

zing in SECT and Polish, Russian, and Eastern

European records.

Saturday 3/15 1:00-2:30 pm

NL Adult Education 6 Classes

Resident \$69/Non-Resident \$74

Instructor: Christy Pyatt

228

Workshop: Explore Water Media

This workshop will explore a variety of water media materials such as watercolor, gouache, watercolor crayons, and watercolor pencils. You will learn the exciting and versatile effects these materials and techniques can create that will kick-start your understanding, bringing comfort and confidence into your creativity. **\$5 material fee paid to instructor at class.**

Bring a lunch.

Saturday 2/15 10:00 am -3:00 pm NL Adult Education 1 Class Resident \$59/Non-resident \$64

Instructor: Laura LoTurco-Gorian

Chinese Watercolor Painting Workshops

Students will learn basic Chinese brush strokes that can be used in traditional ways or incorporated into western-style painting. All classes require a \$5 material fee to Instructor Eva Leong.

230

Cats and Blossoms

Saturday 2/22 9:00 am - 2:30 pm

NL Adult Ed Resident \$84/Non-resident \$89

231

Birds and Flowers

Saturday 4/12 9:00 am - 2:30 pm

NL Adult Ed Resident \$84/Non-resident \$89

232

Horses and Fields

Saturday 3/22 9:00 am - 2:30 pm

NL Adult Ed Resident \$84/Non-resident \$89

233**Workshop:
Monotype/Gel Plate Printing**

Monotypes are a painterly printmaking process. It offers the flexibility and freedom to create prints using drawing and painting methods, each print being unique. Monotypes, unlike many other printing methods, do not require a press. This workshop will introduce you to this wonderful and fun technique for image making. No prior experience necessary. **\$5 material fee payable to instructor at class.** *Students are required to bring a Gel Plate, available on Amazon & in Art Stores. Bring a lunch.*

Saturday 3/1 10:00 -3:00 pm NL Adult Education 1 Class
Resident \$59/Non-resident \$64 Instructor: Laura LoTurco-Gorian

235**Workshop:
Mixed Media and Collage**

In this workshop we will bring together a variety of materials and mediums to create personal imagery that tells our own story. No prior art experience necessary. Just the desire to have fun. **\$5 material fee payable to the instructor at class.** *Students bring photo, clip-pings, anything meaningful to your life – make copies so they can be cut up. Bring a lunch.*

Saturday 3/15 10:00-3:00 pm NL Adult Education 1 Class
Resident \$59/Non-resident \$64 Instructor: Laura LoTurco-Gorian

237**Pure Pigment: Pastel Technique**

Come draw with the versatile medium of pastel. With the vibrancy of pure pigment, pastels create painterly images through drawing techniques. In this class, we will explore mark-making practices and pastel painting fundamentals as well as advanced methods to create our own work. This class is for anyone wanting to explore and create a medium that has so many possibilities. No prior art training is necessary. Material list online / with registration.

Tuesday 3/25 6:00-8:00 pm Fitch HS 5 Classes
Resident \$89/Non-resident \$94
Instructor: Laura LoTurco-Gorian

239**Painting
Bamboos
Workshop**

Learn the art of Sumi-e a traditional Japanese painting style. Please bring these materials that are required for the class: paper towels, water container, palette, newspaper and a cloth to clean brushes. All other materials are supplied for class time use.



Saturday 3/29 10:00 am-12:00pm 1 class NL Adult Education
Resident \$44/Non-resident \$49 Instructor: Silvana Ten

**234****Springtime Shellabration - Decoupage**

As the flowers bloom and nature awakens, embrace the beauty of the season. Let the vibrant colors of Spring inspire you as you learn creative techniques to transform shells into stunning seasonal decorations. Whether you're a seasoned crafter or trying decoupage for the first time, come celebrate the season with Simply Shells and bring a touch of coastal magic to your holidays.

Thursday 3/20 6:00-7:30 pm Old Lyme MS or Tuesday 3/25 6:00-7:30 pm Fitch HS 1 Class Resident \$39/Non-resident \$44 Instructor: Tammy Algar

236**Shamrocks and Shells - Decoupage**

Dive into the St. Patty Day spirit as you craft beautiful, shell-inspired decoupage pieces. All the materials, step-by-step guidance, and plenty of inspiration will make this a memorable and relaxing experience.

Thursday 3/6 6:00-7:30 pm Old Lyme MS or Tuesday 3/11 6:00-7:30 pm Fitch HS 1 Class Resident \$39/Non-resident \$44 Instructor: Tammy Algar

238**May Flowers and Shell Showers - Decoupage**

A perfect way to celebrate the magic of Springtime! Inspired by the beauty of May flowers and refreshing Spring showers this class will offer a variety of different colors and flowers. Come celebrate Spring with Simply Shells and bring a touch of coastal flowers into your home.

Tuesday 4/29 6:00-7:30 pm Waterford HS 1 Class
Resident \$39/Non-resident \$44 Instructor: Tammy Algar

300 **Estate Planning**

Avoid leaving your loved ones behind without an Estate Plan! Estate Planning is not just for the wealthy. Estate Planning is for everyone. Give your heirs peace of mind and prevent potential conflicts. Come and learn more at this group presentation, and take the guess work out of some of the most important decisions affecting your Estate.

Wednesday 6/4 10:00am - 12:00 pm NL Adult Education
1 Class Resident \$14/Non-resident \$19 Instructor: Abbas Danesh

301 **Social Security Planning**

This informative presentation covers the basics of Social Security and reveals strategies for maximizing your benefits.

Monday 3/17 or Tuesday 4/8 or Wednesday 5/14 6:30-8:30 pm One Session
Live-OnLine Resident \$19/Non-Resident \$24 Instructor: Charles Yannich



302 **Retirement & Tax Planning**

This educational event will cover the basics of Required Minimum Distributions and Tax planning to optimize your after-tax income. Let's make sure you are in the driver's seat and IRS in the trunk.

Thursday 5/1 Old Lyme MS 6:00-8:00 pm or Tuesday 4/29 Fitch HS 6:00-8:00 pm
or Tuesday 4/22 6:00-8:00 pm Waterford HS
1 Class Resident \$14/Non-resident \$19 Instructor: Abbas Danesh

403 **MS WORD 101**

Learn the basics of Microsoft WORD, a versatile program that has many uses in your daily life.

Saturday 2/8 11:30 am-1:30 pm NL Adult Education 5 Classes
Resident \$59/Non-Resident \$64 Instructor: Soufyane Ballouki



404 **MS EXCEL 101**

Learn the basics of Microsoft EXCEL, a versatile program. Checkbook balancing, inventory & more.

Saturday 2/8 9:00-11:00 am NL Adult Education 5 Classes
Resident \$59/Non-Resident \$64 Instructor: Soufyane Ballouki



400 **Beginning Computer**

Are you new to the Computer World? Attend this class and learn the basics - Internet tips and more..

Friday 3/7 12:30-2:30 pm NL Adult Education 5 Classes
Resident \$89/Non-Resident \$94 Instructor: Soufyane Ballouki

401 **AI for Your Life**

Discover the basics of ChatGPT by discussing four pillars of understanding: AI-driven personalization: automating administrative tasks, intelligent support, and ethical considerations.

Saturday 3/15 9:00-10:30 am NL Adult Education 6 Classes
Resident \$69/Non-Resident \$74
Instructor: Christy Pyatt

402 **Start Your Own YouTube Channel**

Create and launch your YouTube channel in four weeks! Discover your purpose, craft your channel name, produce your first video, and post it confidently. Bring a laptop if you have one. Computers will be available for use.

Saturday 2/15 9:00-11:00 am NL Adult Education 5 Classes
Resident \$69/Non-Resident \$74
Instructor: NubiYah Taylor

434 **MS WORD 102**

Advance your knowledge of Microsoft WORD.

Saturday 3/22 11:30 am-1:30 pm NL Adult Education
5 Classes Resident \$59/Non-Resident \$64
Instructor: Soufyane Ballouki

456 **MS EXCEL 102**

Advance your knowledge of Microsoft EXCEL

Saturday 3/22 9:00 - 11:00 am NL Adult Education
5 Classes Resident \$59/Non-Resident \$64
Instructor: Soufyane Ballouki

500**Basics for Learning to Use Your DSLR Camera**

Do you have a digital camera you are not sure how to use or do not understand it? This class will instruct you on the basics of how the camera functions, the correct setup, and the camera menus. Our focus is to help you gain experience and understanding on how to use it to its maximum advantage. You'll leave with a stronger foundation and confidence when using your camera. Please bring your camera and charged batteries to every class, a willingness to learn, and we will help you get to a new level. Be prepared to bring your laptop to one of the classes to download your photos when notified.

Tuesday 3/4 6:00-8:00 Waterford HS Resident \$144/Non-Resident \$149 Instructor: Lee Palombo & Gregg Jacobson

501**Photo Composition 1**

This class will teach you about composing your pictures and guide you in finding your style. Are you a portrait photographer, do you like food photography, sports, maybe pets are where you are at. Landscape and lines to guide you? Are you a method photographer or are you flexible? Let us spend some time focusing on where you want to photograph. We go on field trips around the area to practice and discuss photo editing. Bring your cameras & charged batteries to each class.

Saturday 3/8 10:00 am -12:00 pm

NL Adult Education 3 Classes

Resident \$84/Non-Resident \$89

Instructors: Lee Palombo & Gregg Jacobson

502**Smartphone Photography**

This class is dedicated to help you understand how to use your smartphone photography, how to create great images on your phone, what editing apps to use, how to share and print your images. Join Steve as we go over how to find out how to use essential controls on your phone along with the best free and low-cost tools for editing and image.

Thursday 1/9 7:30-9:00 pm

Online using Zoom 3 Classes

Resident \$64/Non-Resident \$69

Instructor: Steve McGrath

**503****Digital Photography for Newbies**

Here's an opportunity to learn from an expert in this seminar for beginners! Have your camera ready and learn when and how to use its special features - such as program mode, manual mode, aperture priority and shutter priority.

Thursday 1/9 5:30-7:00pm

Online using Zoom 3 Classes

Resident \$64/Non-Resident \$69

Instructor: Steve McGrath

504**Digital Photo 2 Intermediate**

This class we will explore the use of intermediate camera controls such as metering (spot, matrix, center weight), exposure and exposure compensation, ISO, aperture and shutter priority. Take an in-depth look at manual focus and its use, fill flash and flash modes, as well as controlling motion, composition, and many other intermediate and advanced techniques.

Thursday 2/20 or Thursday 5/1 5:30-7:00 pm

Online using Zoom 5 Classes

Resident \$84/Non-Resident \$89

Instructor: Steve McGrath

505**Nature & Bird Photo Workshop**

In this nature and bird workshop we will meet online for the first class and go over camera settings and compositions and how to get great images of the waterfowl. Then we will meet on a Saturday or Sunday in person to take our pictures and our bird subjects! Then we will meet online for our third class to share and critique our images! *Tripods will be needed. There is a \$10 entry fee for the Conservatory that is not included in cost of the class.*

April 17 Online Class 5:30-7:00

April 19 at Ripley's Waterfowl Conservatory 10-11:30

April 24 Online Critique Class 5:30-7:00

Resident \$64/Non-Resident \$69

Instructor: Steve McGrath

**506****Portrait & Pet Photography**

Learn how to work with all different types of subjects, from individuals and groups to children and pets. Steve will explain the nuances of lighting and posing, how to shoot in studio or on location, and how to master the gear you will need to create inspiring work!

Thursday 2/20 7:30-9:00 pm

Online using Zoom 4 Classes

Resident \$74/Non-Resident \$79

Instructor: Steve McGrath

507**Lighthouse Photo Workshop**

In the first live on-line class, start by learning camera settings, aperture, shutter, ISO, white balance and other compositional techniques critical to lighthouse photography. The following Saturday during the Cruise, we'll focus on photographing the wildlife and lighthouses, sharing techniques and approaches. Finally, we'll meet online the following week to share, learn and critique our images. Limited to 15 students. This workshop is for beginner and intermediate photographers.

Registration Deadline for this class is April 19th

Students must purchase their own Cruise Ticket from www.fastferry.com. Rhode Island & Newport Harbor Tour Cruise.

May 22 Online 5:30-7:00

May 24 On the Cruise N. Kingston RI

May 29 Online Critique Class 5:30-7:00

Resident \$64/Non-Resident \$69

Instructor: Steve McGrath

DAYTIME CLASS LISTING

	Class Title	Start	Time	Resident	Non-Resident
CAREER TRAINING	Connecticut Security Guard Card Training	3/22	8:00 AM	\$150	\$155
	Connecticut Security Guard Card Training	3/29	8:00 AM	\$150	\$155
	EMT Daytime Summer	6/16	8:00 AM	\$1,200	\$1,200
	Professional Bartending with SMART Certification	6/2	10:00 AM	\$250	\$255
ART, CRAFTS & HOBBIES	Advanced Techniques with Acrylic Pouring	3/22	10:00 AM	\$39	\$44
	Basket Weaving	4/12	9:00 AM	\$59	\$64
	Basket Weaving	4/5	9:00 AM	\$59	\$64
	Beginner Crochet	3/8	9:00 AM	\$79	\$84
	Beginning Genealogy	3/15	1:00 PM	\$69	\$74
	Chinese W/C Cats & Blossoms	2/22	9:00 AM	\$84	\$89
	Chinese W/C Birds & Flowers	4/12	9:00 AM	\$84	\$89
	Chinese W/C Horses & Fields	5/22	9:00 AM	\$84	\$89
	Dead Sea Mud Spa Bar	3/22	8:30 AM	\$104	\$109
	Exploring Abstraction	2/28	10:00 AM	\$154	\$159
	Intro to Acrylic Pouring	2/15	10:00 AM	\$59	\$64
	Intro to Cold Process Soap Making	2/22	8:30 AM	\$89	\$94
	Kaleidoscope Soap	4/19	8:30 AM	\$109	\$114
	Painting Bamboos Workshop	3/29	10:00 AM	\$44	\$49
	Summer Daytime Italic Calligraphy Basics	6/6	10:00 AM	\$49	\$54
	Watercolor for Relaxation	3/7	1:00 PM	\$89	\$94
	Week Long Painting Intensive	6/23	9:00 AM	\$174	\$179
	Workshop Explore Water Media	2/15	10:00 AM	\$59	\$64
	Workshop: Mixed Media and Collage	3/15	9:30 AM	\$59	\$64
	Workshop: Monotype/Gel Plate Printing	3/1	9:30 AM	\$59	\$64
PHOTOGRAPHY / TECHNOLOGY / FINANCE	Estate Planning	6/4	10:00 AM	\$14	\$19
	AI for Your Life	3/15	9:00 AM	\$69	\$74
	Beginning Computer	3/7	12:30 PM	\$89	\$94
	MS Excel 101	2/8	9:00 AM	\$59	\$64
	MS Excel 102	3/22	9:00 AM	\$59	\$64
	MS Word 101	2/8	11:30 AM	\$59	\$64
	MS Word 102	3/22	11:30 AM	\$59	\$64
	Start Your Own YouTube Channel	2/15	9:00 AM	\$69	\$74
	Photo Composition	3/8	10:00 AM	\$84	\$89
	French 2	2/15	12:00 PM	\$144	\$149
LANGUAGE	French 2	7/3	12:00 PM	\$144	\$149
	French for the Beginner	2/15	11:30 AM	\$144	\$149
	French for the Beginner	7/3	9:00 AM	\$144	\$149
	Demystifying the Legal System in Connecticut	2/14	1:00 PM	\$154	\$159
PERSONAL GROWTH	Whispers from Heaven	3/14	1:00 PM	\$39	\$44
	Whispers from Heaven	3/21	1:00 PM	\$39	\$44
	Whispers from Heaven	4/11	1:00 PM	\$39	\$44
	Whispers from Heaven	4/4	1:00 PM	\$39	\$44
	(SAFE) Basic Self-Defense for Women	3/29	9:00 AM	\$49	\$54
HEALTH & FITNESS	Personal Safety & Self Defense for Seniors	3/6	10:00 AM	\$44	\$49
	Pre-Ballet for Child & Adult (3 to 5 years)	3/4	3:00 PM	\$69	\$74
	Pre-Ballet for Child & Adult (3 to 5 years)	3/4	4:00 PM	\$69	\$74
	Tai Kwon Do	3/4	5:30 PM	\$99	\$104
	Zumba (for ages 19+)	3/5	4:30 PM	\$59	\$64
	Dessert Decorations	4/19	9:00 AM	\$49	\$54
CULINARY	Dessert Decorations	7/10	9:00 AM	\$49	\$54
	Dessert Decorations	8/21	9:00 AM	\$49	\$54
	Fondant	4/12	9:00 AM	\$44	\$49
	Fondant	5/13	9:00 AM	\$44	\$49
	Fondant	8/12	9:00 AM	\$44	\$49
	Patriotic Desserts	5/22	9:00 AM	\$54	\$59
	Patriotic Desserts	7/1	9:00 AM	\$54	\$59



600 Guitar for Beginners and Intermediates

This guitar class is perfect for beginner and intermediate players. Newbies will learn basic right and left hand techniques as well as basic chords to play some easy rock songs. More advanced players will build on their current skills.

Tuesday 3/4 6:30-8:30 pm 6 Classes NL Adult Education
Resident \$114/Non-Resident \$119 Instructor: Don Cash

601 Beginner Ukulele

Unleash your inner musician with the ukulele, an instrument accessible to people of all ages and abilities. Students will learn basic chords and strum patterns and learn to sing and strum at the same time. We'll also cover the history of the ukulele and the variety of ukulele musicians active today. Ukuleles may be available for in-class use. 8 Students Maximum - Register Early.

Thursday 3/6 6:00-8:00 pm NL Adult Education 6 Classes
Resident \$59/Non-Resident \$64 Instructor: Amanda Kennedy

602 Beginning Drum Lessons

Learn the Basics and more in Drumming from Tom DeFaria. Tom DeFaria has played drums and toured the world as a member of the Blood, Sweat and Tears band, as well as with Salsa greats Luis 'Perico' Ortiz and Chico Mendoza. He has also worked with many R&B legends including Etta James, Chuck Berry, Ben E King, and The Drifters. Tom plays locally in Southeastern CT with The Franklin Brothers Band, Andre Danford, and others.



Classes will provide instruction on holding drumsticks, playing rhythm rudiments for the snare drum, rhythm notation and beginning reading. Students would need to supply their own drumsticks, a drum practice pad and the following book, "Stick Control for the Snare Drum by George Lawrence Stone". (Available on Amazon)

Thursday 3/6 7:00-8:00 pm 6 Classes NL Adult Education
Resident \$94/Non-Resident \$99 Instructor: Tom DeFaria

603 Learn to Play Conga

This course will provide the beginner drummer with the fundamentals of conga playing. You will learn a brief history of the drum and how to tune and maintain your drum. Learn hand positioning, tones, techniques and different rhythms and patterns. The course will provide a cool understanding for the beginner and intermediate drummer to enhance and enjoy their drumming experience for years to come. Bring your drum to class. If you do not have a drum, one may be available.

Tuesday 3/25 5:30-8:30 pm NL Adult Education 6 Classes
Resident \$109/Non-Resident \$114 Instructor: Doc Frazier

604 Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets to give you years of musical enjoyment.

Learn to play piano the way professionals do—using chords. This class is held online with ZOOM. The course includes an online book and online follow up video lessons to continue your practice and study on your own. The course is partly lecture/demonstration and partly hands on instruction.



Monday 3/3 6:30-9:30 pm
One class – Live-Online Resident \$64/Non-Resident \$69

605 Instant Guitar for Hopelessly Busy People

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs. This class is held online with ZOOM. The class includes an online book and online follow-up video lessons, to continue your practice and study on your own. For ages 13+.

Tuesday 3/4 6:30-9:00 pm One Class – Live-Online
Resident \$64/Non-Resident \$69

700 **Spanish for the Beginner**

The goal of this course is to help you develop basic Spanish communication skills. In this class, we will emphasize practical conversational techniques and pronunciation with lessons in grammar, reading and writing.

Tuesday 3/4 4:00-6:00 pm NL Adult Education or
Tuesday 3/4 6:30-8:30 pm Waterford HS 8 Classes
Resident \$119/Non-Resident \$124 Instructor: Nancy Vega

701 **Spanish 2**

Continue your Spanish studies with Nancy Vega. The class will begin where Spanish for the Beginner ended. Cost of the text is \$30 if you do not have the textbook from the previous class.

Thursday 3/6 4:00-6:00 pm NL Adult Education
or **Thursday 3/6 6:30-8:30 pm NL Adult Education 8 Classes**
Resident \$89/Non-Resident \$94 Instructor: Nancy Vega



707 **French for the Beginner**

Start on your exploration of the French language from the beginning. Start with the basics and build your vocabulary. Textbook included in cost of class.

Saturday 2/15 11:30 am - 2:00 pm 9 Classes NL Adult Education
Resident \$144/Non-Resident \$149 Instructor: Judy Telemaque

708 **French for the Beginner - Summer Daytime**

Start on your exploration of the French language from the beginning. Start with the basics and build your vocabulary. Textbook included in cost of class. *The class meets on Thursdays and Fridays, 2 days a week.*

Thursday 7/3 9:00-11:30 am 9 Classes NL Adult Education
Resident \$144/Non-Resident \$149 Instructor: Judy Telemaque

702 **German I**

Experience a new language. Learn basic German in a fast & fun way. Textbook is included.

Monday 3/3 5:30-7:00 pm NL Adult Education 8 Classes
Resident \$114/Non-resident \$119 Instructor: Arabelle Vandersloot

703 **German II**

Continue your German classes with Arabelle. Expand your skills. Cost of the text is \$30 if you do not have it from a previous class.

Monday 3/3 7:15-8:45 pm NL Adult Education 8 Classes
Resident \$99/Non-resident \$104 Instructor: Arabelle Vandersloot

704 **German Advanced**

The German 3 class is designed for the language in more sophisticated, complex ways and includes slow German conversation.

Wednesday 3/5 6:30-8:00 pm NL Adult Education 8 Classes
Resident \$99/Non-resident \$104 Instructor: Arabelle Vandersloot

705 **Beginning American Sign Language**

Explore the world of manual communication. Learn the alphabet, how to finger spell, and more.

Thursday 3/6 6:00-9:00 pm NL Adult Education
or **3/4 5:30-8:30 pm Waterford HS 8 Classes**
Resident \$154/Non-Resident \$159 Instructor: Donna Haggerty

706 **Advanced ASL**

This course is designed for those who want to expand their ASL Vocabulary.

Monday 3/3 NL Adult Education 8 Classes 6:00-9:00 pm
Resident \$154/Non-Resident \$159 Instructor: Donna Haggerty

709 **French 2**

Continue your study of the French language. The New Textbook is included in the cost of the class.

Saturday 2/15 9:00-11:00 am 9 Classes NL Adult Education
Resident \$144/Non-Resident \$149 Instructor: Judy Telemaque

710 **French 2 - Summer Daytime**

Continue your study of the French language. The New Textbook is included in the cost of the class. *The class meets on Thursdays and Fridays, 2 days a week.*

Thursday 7/3 12:00-2:00 pm 9 Classes NL Adult Education
Resident \$144/Non-Resident \$149 Instructor: Judy Telemaque

800
**Unleash Your Creative Potential:
 Discover Your Writer's Voice
 & Craft Your First Novel**

In this immersive class, you will be provided with personalized guidance and support as you explore various writing techniques and delve into the intricacies of the writing craft in various genres. Whether you're a novice seeking to ignite your creative spark or an experienced writer striving to refine your skills, this class is designed to cater to all levels of expertise.

Tuesday 3/4 6:00-8:00 pm Waterford HS
8 Classes Resident \$79/Non-resident \$84
Instructor: Karla Ciaglio



801
**Demystifying the Legal System
 in Connecticut**

“Do you know the difference between a motion and a subpoena? Have you ever wondered what it means to have a case “decided on a technicality?” Maybe you're interested in pursuing a career in the field of law but are not sure whether it's for you. In this course we will explore an overview of the legal system, learn the nuts and bolts of procedural law and about navigating the court system in the state of Connecticut. We will discover why the system is necessarily complex in some ways and straightforward in others.”

Tuesday 2/4 1:00-2:30 pm NL Adult Education
10 Classes Resident \$155/Non-resident \$159
Instructor: Lisa Terenzio

900
Pet First Aid & Disaster Response

This unique course is ideal for all pet owners and pet caregivers. “Pet First Aid and Disaster Response” covers common health and safety related issues, CPR, first aid basics, when to seek professional care, and disaster planning steps for proper care of pets. Pet America Certificate.

Tuesday 3/18 6:00-9:00 pm NL Adult Education 1 Class
Resident \$84/Non-resident \$89
Instructor: Emergency Training Services

802
Whispers from Heaven

This class/event helps you to experience the energy and messages that come through in a psychic mediumship reading. This is not a taught class but an opportunity to be read in a smaller setting.

Friday 3/14 1:00-3:00 pm 1 Class or Friday 3/21 1:00-3:00 pm 1 Class
or Friday 4/4 1:00-3:00 pm 1 Class or Friday 4/11 1:00-3:00 pm NL Adult Education
Resident \$39/Non-Resident \$44 Instructor: Patricia Griffin

804
Family & Personal Disaster Planning

There are many different kinds of disasters, such as hurricanes, earthquakes, blizzards, fires, floods, airplane crashes, chemical spills, and explosions, the majority of which seldom give warning and can be equally devastating to their victims. Although this course is primarily about disaster preparation, the steps you take will help your family prepare for any type of disaster that could strike in your community.

Tuesday 3/25 6:00-9:00 pm NL Adult Education 1 class
Resident \$19/Non-resident \$24 Instructor: Emergency Training Services

804
Public Speaking

This class will start you off and give you the basic tools you will need to give effective presentations more confidently to any size group. It will cover topic selection, using notes,

gestures, eye contact and more. Students will actively participate in a safe environment to gain the skills to increase their confidence.

Thursday 3/6 7:00-9:00 pm NL Adult Education
8 Classes
Resident \$89/Non-resident \$94
Instructor: David Freedman



FITNESS & HEALTH

1000

All Levels Beginner Yoga

No experience or flexibility needed for this gently paced class. Join us in an accepting community to learn about the practice of yoga. You will increase your flexibility & strength, while learning to breathe easily and calm your mind. We honor our bodies as they are and spend our energy creating better health. Bring a yoga mat. Class is limited to 4 students.

**Saturday 1/4 10:00-11:00 am or
Saturday 2/1 10:00-11:00 am 4 classes
Resident \$69/Non-resident \$74
Red Barn Yoga Instructor: Anne Redfield**



1001

All Levels Therapeutic Yoga

Do you have difficulty moving or pain because of your back, neck, shoulders or hips? Yoga therapy is an evolving field which focuses on using evidence-based yogic practices in the treatment of specific health conditions. In a therapeutic yoga class, we craft a targeted and mindful practice to help release tension and stiffness from the entire body, especially the neck, shoulders and hips. This approach also allows for modifications to accommodate students with mobility issues, chronic illness or other concerns. Class is limited to 4 students.

**Thursday 1/9 1:00-2:00 pm 3 classes Resident \$54/Non-resident \$59
Red Barn Yoga Instructor: Lisa Terenzio**

1002

CPR with AED & Standard First Aid

This course will teach you how to recognize and treat life-threatening emergencies, cardiac arrest, and choking in adults, children, and infants. Defibrillator and infant training will also be taught. This program meets OSHA requirement standards for emergency care training in the workplace. A National Safety Council CPR and First Aid Certification will be presented upon completion of this course.

**Tuesday 3/4 6:00-9:00 pm NL Adult Education 1 class
Resident \$84/Non-resident \$89 Instructor: Emergency Training Services**



1003

Tai Chi Qigong Baduanjin (8)

Tai Chi Qigong "Ba Duan Jin" is easy to learn and has many healthy fitness effects. Great exercise for everyone.

**Monday 3/3 5:35-6:35 pm 8 Classes NL Adult Education
Resident \$114/Non-Resident \$119 Instructor: Yuehua**

1006

Tai Chi Level 1 (10 Form)

For centuries, millions from all ages have practiced Tai Chi daily. Practicing Tai Chi results in improved circulation, digestion, coordination, strength, and flexibility.

**Monday 3/3 6:30-7:30 pm 8 Classes NL Adult Education
Resident \$114/Non-Resident \$119 Instructor: Yuehua**

1004

G's Fitness Strength Training

If you're interested in feeling stronger, healthier, and more vital, this program is for you. This strength-training program was developed by certified personal trainers who have a degree in exercise science. Choose a start date of March 1 or April 1.

Unlimited Sessions within a 4-week period Monday – Friday

Sessions conducted at G's Fitness & Nutrition, Waterford

Classes meet during these times:

8:00-8:30 am or 12:00-12:30 pm

1:00-1:30 pm or 2:00-2:30 pm or 6:00-6:30 pm

Resident \$130 Non-Resident \$135



1005

G's Small Group Training

In a group setting, this training offers a variety of strenuous exercises to garner better physical results such as an increase in aerobic and anaerobic fitness, tone muscles, increase flexibility, improve balance and coordination. Choose start date of March 1 or April 1.

Unlimited Sessions within a 4-week period Monday – Friday

Sessions conducted at G's Fitness and Nutrition, Waterford.

Classes meet at these times:

6:00 am or 7:30 am or 8:00 am or 11:00 am

12:00 pm or 1:00 pm or 5:00 pm or 6:00 pm

Resident \$130/Non-Resident \$135

1007

(SAFE) Basic Self-Defense for Women

(SAFE) Situational Awareness & Fundamental Empowerment is a one-day workshop that explores real world violence and offers a pragmatic approach to personal safety. This program examines predator behavior, promotes situational awareness, and teaches some practical self-defense skills. The integral component of (SAFE) training is to develop a survival mindset. This program is ideal for women who may have concerns about personal safety. This workshop is both informative and empowering and geared towards all fitness levels. Please come in gym attire suitable for physical activity. The class may include strong language and content. 8 Seats max.

Saturday 3/29 9:00 am -1:00 pm NL Adult Education 1 Class

Resident \$49/Non-resident \$54

Instructors: Frank Dawson & Jennifer Thornell

1008

Personal Safety & Self Defense for Seniors

Focus on crime prevention, situational awareness, and basic self-defense tactics. The class is geared for ages 60 and up. Age and physical limitations do not have to prevent you from learning how to protect yourself. Please come in gym attire suitable for physical activity.

Thursday 3/6 10:00-12:00 am NL Adult Education

4 classes Resident \$44/Non-resident \$49 Instructor: Frank Dawson

1009

Tae Kwon Do

Tae Kwon Do classes at New London Adult Education are fun, energetic, and a fantastic workout. Open to students of all ages, the class provides opportunities to improve fitness, learn new skills, and build confidence. Students learn in an environment that encourages teamwork, self-development, and safety. Students in this introductory class are welcome to wear a martial arts uniform or comfortable clothing.

Dr. Brian Maguire has been practicing and teaching Tae Kwon Do for over four decades. As a university professor, Dr. Maguire has taught Tae Kwon Do in Connecticut, New York, Maryland, Washington, DC, and in Australia.

Tuesday 3/4 5:30-6:30 pm NL Adult Education 8 classes

Resident \$99/Non-resident \$104 Instructor: Dr. Brian Maguire

1010

Stop the Bleed

The purpose of the class is to make you better prepared to save lives if people nearby are severely bleeding. This class is done by raising awareness and teaching people how to learn three quick actions to control serious bleeding.



Tuesday 3/11 6:00-8:00 pm NL Adult Education 1 Class

Resident \$14/Non-resident \$19 Instructor: Emergency Training Services



1011

Belly Dancing, Level 1 (all ages)

Did you ever want to learn Belly Dancing? Belly dancing is good for all ages and is fun! It involves isolating and strengthening the muscles, improves your posture and your mind and spirit! At the end of every class, we will be able to perform a little fun choreography! Comfortable clothing and slippers are recommended!

Thursday 3/6 6:15 - 7:00 pm NL Adult Education 8 Classes

Resident \$69/Non-Resident \$74 Instructor: Arabelle Vandersloot

1012

Belly Dancing II with Extra Flair (all ages)

This class is designed for students, who want to improve their dynamic bellydance skills, with an extra flair of ballet exercises! Whether at the barre or in the center, a wonderful combination to shape and tone the entire body! Comfortable clothing and slippers are recommended!

Thursday 3/6 7:15-8:00 pm NL Adult Education 8 Classes

Resident \$69/Non-Resident \$74 Instructor: Arabelle Vandersloot

1013

Pre Ballet for Child & Adult (3 to 5 years)

This program is a wonderful introduction to the world of ballet, especially designed for children ages 3 to 5. Each of the basic ballet steps are associated with animal and flower characters that make it easy to remember ballet terminology. Comfortable clothing and slippers are recommended!

Tuesday 3/4 3:00-3:45 or 4:00-4:45 pm NL Adult Education 8 Classes

Resident \$69/Non-Resident \$74 Instructor: Arabelle Vandersloot

*Flex Your Intellectual Muscles
by Earning your GED or
High School Credit Diploma
at NLAE*



1015

All Levels Valentine's Date Night Yoga

This gentle partner yoga is about fun and connection. We will do some Thai Yoga Massage, which is a partner yoga that involves relaxing restorative shapes and gentle massage. Partners will experience relaxing, easily accessible shapes. The 45 minute class is appropriate for people of all levels of flexibility. This is an experience for anyone to enjoy. Love is love and we welcome couples of any and all orientations. Bring a yoga mat. Registration is per couple. Space is limited.

Friday 2/14 6:00-7:00 pm 1 class Red Barn Yoga Per Couple Cost - Resident \$54/Non-Resident \$59 Instructor: Joanie Fisler



1014

Fit for Life - Fitness Challenge

Have you been looking for a way to tone up and maybe shed a few pounds? This challenge is designed for both men and women 50 plus years of age



or anyone who might be struggling to find a more practical fitness program. No need for a gym membership, expensive equipment, or a rigid diet plan. This (30) day challenge will offer you a daily routine that you create at home along with some healthy

eating habits to aid your health and vitality. Don't wait, start today and accept the challenge. Please note that although much of the exercise will be completed at home, please come in gym attire as some light exercise will also be performed in class.

Tuesday 4/1 6:00-7:00 pm 4 Classes NL Adult Ed Resident \$49/Non-Resident \$49

Instructor: Frank Dawson

1016

Adult Beginner Ballet

This class is for adults who are new to ballet or dancers who are looking for a slower pace. Most of the class will consist of barre work, with some floor exercise afterward. No experience is necessary. The class will be tailored to the students' experience. Please wear ballet attire or form-fitting activewear and ballet shoes or socks (no sticky socks).

Wednesday 3/5 6:00-7:30 pm 8 Classes NL Adult Education

Resident \$79/Non-Resident \$84

Instructor: Emily Semmelrock



1017

Zumba (for ages 19+)

A total workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesomeness each time you leave class. For ages 19+

Wednesday 3/5 4:30-5:30 pm 6 Classes NL Adult Education

Resident \$59/Non-resident \$64

Instructor: John Giannini

2000

Learning the Fundamentals of Golf

Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. Please bring a putter, 3 wood, 7 iron, and pitching wedge. Equipment is available to borrow if needed. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students.

Monday 4/7 10:00-11:00 am or 6:00-7:00 pm or Wednesday 4/9 10:00-11:00 am or 6:00-7:00 pm or Wednesday 9/3 10:00-11:00 am or 6:00-7:00 pm 5 Classes Great Brook Driving Range Resident \$225/Non-Resident \$230 Instructor: Christopher Hedden

2001

Golf for Ladies Only

This class is for women who want to learn the art of golf. Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. Each lesson is one hour. Please bring a putter, 3 wood, 7 iron, and pitching wedge. Equipment is available to borrow if needed. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students. 5 Classes

Thurs. 5/1 10:00-11:00 am or 6:00-7:00 pm or Tuesday 5/6 10:00-11:00 am or 6:00-7:00 pm or Thurs. 9/4 10:00-11:00 am or 6:00-7:00 pm or Monday 9/8 10:00-11:00 am or 6:00-7:00 pm 5 Classes Great Brook Driving Range Resident \$225/Non-Resident \$230 Instructor: Christopher Hedden

2002

Youth Golf Lessons (ages 8-15)

These classes are for youth ages 8-15 who want to learn the art of golf. Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. There is a small fee for a bucket of balls. Each lesson is one hour. Class size is limited to 10 students. 5 Classes

Saturday 4/12 or Saturday 6/7 or Saturday 9/6 11:00-12:00 pm Great Brook Driving Range Resident \$225/Non-Resident \$230 Instructor: Christopher Hedden



Mark June 23rd on your calendar for the

34th Annual Scholarship Golf Tournament

Great Neck Country Club

Lamphere Road, Waterford

The cost of \$125 per golfer includes cart, light lunch, prizes, and buffet dinner at Langleys Restaurant.

Fabulous prizes awarded for low gross, low net, long drive, and closest to pin!

Contact Marcus Brucoli at 860-437-2385 or brucolim@newlondon.org for information.



Raising funds to benefit deserving New London Adult Education students.



3000 Fondant

Let Meg show you how to make your own fondant and use it to make cake decorations and flowers. She will also show you the difference between Store-bought fondant and homemade. All ingredients are supplied and a container to take it home.



Saturday 4/12 9:00am-12:00 pm or Tuesday 5/13 9:00-12:00 or Tuesday 8/12 9:00 am-21:00 pm NL Adult Education 1 Class
Resident \$44/Non-resident \$49 Instructor: Meg Lemar

3001 Dessert Decorations

Take your desserts to the next level with these simple edible decorations. Chocolate ice cream bowls for starters. All materials are included as well as a container to take your decorations home.

Saturday 4/19 9:00am-12:00 pm NL Adult Education or Thursday 7/10 9:00 am -12:00 pm or Thursday 8/21 9:00 am-12:00 pm 1 Class
Resident \$49/Non-resident \$54 Instructor: Meg Lemar

*Cook up a delicious future
by earning your GED
or High School Credit Diploma*

3003 Pasta & More

Please join me as we make pasta with sauces. There is something for beginners and returning students alike. We will be combining skills of pasta making with sauces to sample at the end of class. As a group we will learn how to make pasta, and I will be demonstrating three different sauces which pair with each of the pastas perfectly.

The menu for this session will include Spaghetti and pancetta and cherry tomato sauce, Gnocchi with Basil Pesto, Lemon Ricotta Ravioli and Brown Butter Sage Sauce. The classes will be three consecutive weeks concentrating on one pasta and one sauce each class. Don't forget your aprons and appetites for learning and sampling our pasta together! Bring containers to bring home your pasta!

Tuesday 3/4 5:30-8:00 pm
Waterford HS 3 Classes Resident \$109/Non-resident \$114
Instructor: Kay Ellen Bernardo

3002 Patriotic Desserts

A selection of red white and blue desserts in time for Fourth of July, Memorial Day, Labor Day and Veterans Day. All materials and a container to take goodies home in are supplied.

Thursday 5/22 or Tuesday 7/1 9:00 am- 12:00pm
NL Adult Education 1 Class Resident \$54/Non-resident \$59
Instructor: Meg Lemar

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Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

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NEW LONDON PUBLIC SCHOOLS

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We are currently accepting enrollment for the 2024-2025 School Year!
Lottery Applications for the 2025-2026 School Year will open on November 1!
Please scan the following QR Codes to have quick access to the magnet resources below.




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Tour Dates




Our 3 Pathways



Magnet FAQ

PREK-12 LOTTERY NOW ACCEPTING APPLICATIONS!

newlondon.org/magnet



CULTURE ON WHEELS

It's Better in the Bronx Saturday May 17th \$148pp

Guided Driving Tour with Local Step-on-Guide:

Discover the Grand Concourse, Poe Park, Hall of Fame of Great Americans, Yankee Stadium, Belmont and of course, Little Italy of the Bronx.

Sit down Lunch at Ann & Tony's, a popular Italian restaurant on Arthur Avenue, the "Little Italy of the Bronx." Menu: Salad, advance choice of Eggplant Parmesan –OR– Veal Parmesan – OR – Chicken Marsala, all served with pasta, vegetable, coffee, dessert. (*Entrée Choice Required in Advance.*) Afternoon time for shopping at Little Italy's Arthur Ave. Some consider this the real Little Italy of New York for bread, pasta, sausage, and pastries. Arthur Avenue Retail Market is a covered Italian market bringing together under one roof all the Italian food specialties you could want. Bring a cooler! Depart Shaws Cove 3 at 7:30 am, return at 7:00 pm



Ellis Island & Statue of Liberty

Sunday June 8th \$134pp Adult, \$124 Child (5 – 16 years)

Reserved ferry ticket includes entry to the Ellis Island Immigration Museum, the Statue of Liberty Museum & audio guides for both Islands. The ferry departs from Liberty Park, New Jersey and stops at Ellis Island and Statue of Liberty Island. (Entry to the Crown & Pedestal are not included)

A Friendship Tours Tour Director will be on hand to help navigate the day. *The walk to the ferry from the drop-off point at Liberty Park is approximately 3/10 mile. If purchasing a child's ticket please call 860-437-2385 ext #106 to make the reservation.

Depart Shaws Cove 3 at 7:15 am, est. return 7:00 pm

Cranberry Farm Tour

Sunday October 19 \$155 per person

Benson's Pond is a third-generation family-owned working cranberry farm! On their Cranberry Bog Discovery Tour, we will delve into the fascinating world of cranberry cultivation. Learn about different cranberry varieties, nuances of each growing season, as well as the rich history of this native Massachusetts fruit, tracing its roots back through generations. Experience firsthand the tools of the trade as we observe specialized equipment unique to cranberry farming. Lunch is included. Stop at Wright's Dairy Farm Bakery in N. Smithfield, RI on the way home. Departure time TBD.



Maple Madness September 13 \$152 per person

Enjoy a Maple Breakfast Buffet Menu at Champney's Restaurant at the Deerfield Inn. Menu: Spiced French toast with local maple syrup, eggs benedict, vegetable quiche, home fries and maple bacon, bagels, maple scones. We will head north to the Robb



Family Farm Sugar House in Brattleboro, VT. Tour the Maple Sugar House to learn about the maple syrup process. This delightful New England family owned treasure also has

a wonderful gift shop with everything MAPLE! Our final stop will be at the Yankee Candle flagship store in S. Deerfield. Shop their Candle Store and check out their seasonal maple products. Departure time TBD.



Find our Hidden lighthouse and be entered into a drawing for a \$50 NLAE gift certificate. Email the page number and location to bullockf@newlondon.org. In the Subject line write Lighthouse. Two lucky winners will be selected.

(It is not the lighthouse on the registration form or logo). The next drawing date is April 1st.

Sight & Sound Theater

Noah April 23 – 25, 2025

Travel to the heart of the Amish Country. 2 nights accommodations at the Holiday Inn Lancaster located in Downtown Lancaster, Family-style dinner at Plain & Fancy Restaurant. Hop aboard our Amish Buggy Covered Bridge Ride through a real covered bridge on a back country road. Explore Kitchen Kettle Village with lunch on your own before taking our reserved seats this afternoon at Sight & Sound Theatre for "NOAH". With a catastrophic storm on its way, Noah is given a monumental task: build a boat big enough to save his family from a flood that will cover the entire earth. Returning for one season only, this landmark production takes you on

board one of the world's best-known voyages as live animals fill the stage and aisles. Smorgasbord dinner at the Hershey Farm Restaurant. Before departing Lancaster engage your senses through music, storytelling, and the amazing Chalk Artistry of a former Old Order Mennonite woman, Elva Hurst. Visit to the Bird-In-Hand Farmers Market before heading home. **Deposit of \$150 Before January 29th, final payment before March 5th. Cost: \$699 dbl pp/\$859 single**



Historic Castles & Railroad of Bucks County, PA Sept 3 – 5, 2025



Fonthill Castle

We board our deluxe motorcoach as we head to Bucks County, PA located north of Philadelphia. Visit the historic residence of Pearl S. Buck. 2 nights accommodations at the Hampton Inn Doylestown. Welcome dinner at a local restaurant.

Start the tour visiting Doylestown comprised of Fonthill Museum, Mercer Museum and The Tileworks Visit the Moravian Pottery & Mercer Museum. Board the New Hope Railroad for a 45 minute traditional scenic ride.

Cost: \$745 pp double / triple \$899 pp single based on 40.

Includes: Deluxe motorcoach, 2 nights hotel, 2 breakfasts, 2 dinners, sightseeing & admissions per itinerary, Friendship Tours Escort, Driver & Tour Director Gratuity

Important: There is a moderate amount of walking on this tour. The historic properties offer limited accessibility with steep stairs, narrow and uneven passages. **Deposit of \$250 pp due by June 11, 2025. Final Payment due July 16, 2025**

Sequoia & Kings Canyon National Park October 1 – 10, 2025

From soaring redwoods to cultural meccas and verdant valleys, explore the rich sights, sounds, and tastes of California. Wander through a forest of some of the world's largest trees at Sequoia and Kings Canyon National Parks. Dive into history in San Diego and into the glitz and glamour of Los Angeles. Discover a centuries-old mission in Santa Barbara and go on a walking food tour in the charming coastal town of Carlsbad. Savor a glass of locally produced wine and lunch at a Paso Robles vineyard.

HIGHLIGHTS... San Diego Harbor Cruise, Carlsbad Walking Food Tour, Los Angeles City Tour, Old Mission Santa Barbara, Pismo Beach, Paso Robles Wine Country Lunch, Sequoia and Kings Canyon National Parks, Choice on Tour: Explore Giant Forest with Local Guide or Brisk Hike with your Tour Manager, Getty Center.

Included in Price: Round Trip Air from Logan Intl Airport, Air Taxes and Fees/ Surcharges, Hotel Transfers, Accommodations, 9 Breakfasts, 3 Lunches, 4 Dinners. Cost from \$5,029 dbl pp

Deposit due before March 25, 2025, final payment July 2, 2025.



CULTURE ON WHEELS TRAVEL

Shades of Ireland October 5 – 14, 2025

From history-filled Dublin to the rolling green hills and dramatic coast, experience Ireland's charms on a journey through the Emerald Isle. Choose how you explore the city of Dublin. Kiss the Blarney Stone at historic Blarney Castle. See Killarney from an Irish jaunting car and pick from a selection of the best restaurants in town with our Diner's Choice program. Experience the world-famous beauty of the Ring of Kerry. See border collies in action during a traditional sheepdog demonstration. Stand in awe at the top of the stunning 700-foot Cliffs of Moher. Feel like royalty during an overnight stay on the grounds of a castle. A vibrant blend of captivating culture and stunning scenery, these are the shades of Ireland you've always imagined.

HIGHLIGHTS... Dublin, Irish Evening, Kilkenny, Waterford, Choice on Tour: Waterford Crystal Factory or Waterford Medieval Museum and Wine Vault, Blarney Castle, Killarney, Jaunting Car Ride, Ring of Kerry, Limerick, Cliffs of Moher, Sheepdog Demonstration, Galway, Castle Stay

Included in Price: Round Trip Air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 8 Breakfasts, 5 Dinners.

Cost from \$4,329 dbl pp **Deposit due before March 30, 2025, final payment July 7, 2025.** Shades of Ireland Travel presentation February 27th 5:00 pm NLAE Center



Collette Travel Presentations at NLAE – Three Shaw's Cove, New London

Shades of Ireland & Exploring South Africa, Victoria Falls & Botswana February 27th 5:00 pm

Exploring South Africa, Victoria Falls & Botswana January 12 – 26, 2026

Get ready for an unparalleled journey through the cultural diversity and abundant wildlife of southern Africa. Seek out the "Big 5" on 8 different safaris. Get a taste of South African culture at local wineries. Witness the natural beauty of Victoria Falls and learn about its people during a township visit and home-hosted lunch. Greet African elephants and spend time learning about them. Search for animals along the winding Chobe River. Epic scenery and winding coastlines come together in an incredible adventure.



HIGHLIGHTS... Victoria Falls, Chobe National Park, Pilanesberg National Park, 8 Wildlife Safaris, Choice on Tour: Chobe Game Viewing by 4x4 or by Cruise, Cape Winelands, Cape Town, Table Mountain

Included in Price: Round Trip Air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 13 Breakfasts, 6 Lunches, 10 Dinners. Cost from \$8,529 dbl pp

Travel Presentation February 27th at 5:00pm at the NLAE Center

Deposit due before June 6, 2025, final payment October 13, 2025.

Sunny Portugal March 22-31, 2026

From the Portuguese Capital, Lisbon to the sunny cliffs of the Algarve and Portuguese Riviera, venture along Portugal's stunning shoreline. In Evora, step inside a medieval city with Roman ruins. Enjoy a leisurely 3-night stay in the Algarve region. Explore the soft sandy beaches and classic fishing villages. Take advantage of a free day to soak in the Portuguese sunshine and savor local flavors. Encounter picturesque resort towns, winding cobblestone streets, oceanfront promenades, and quaint villages of perfection.

HIGHLIGHTS... Lisbon, Choice on Tour: "Calcadas" Walking Tour or "The Way of the Cod" Tour, Belem, Cork Factory, Evora, Alentejo, Lagos, Algarve, Portimão, Setúbal, Portuguese Riviera, Obidos, Sintra, Choice on Tour: National Palace of Sintra or Walking Tour, UNESCO World Heritage Sites



Included in Price: Round Trip Air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 8 Breakfasts, 2 Lunches, 3 Dinners. Cost from \$3,979 dbl pp. **Deposit \$698 pp dbl due before September 16, 2025, final payment December 22, 2025.**

**The Board of Education through the Culture on Wheels Program at New London Adult and Continuing Education, offers trips to promote educational and cultural opportunities to the citizens of this region. The Board of Education through the Culture on Wheels program serves as a booking agent only, has no responsibility for any aspects of the trip, its driver or operations including departure or arrivals, schedules, or any loss to person and/or property, however caused during a trip.*

Upcoming Tours for 2026

Spotlight on Northern Italy May 2026

Highlights:

Trieste, Tiramisu-Making Demonstration, Verona, Choice on Tour: Verona Painted City or Verona and its Waters Walking Tours, Murano Glass Blowing Demonstration, Venice, Asolo, Prosecco Winery Tour, The Dolomites, Bassano del Grappa, Venetian Villa Visit

Alaska Discovery Land & Cruise July 2026

Highlights:

Fairbanks, Sternwheeler Discovery, Music of Denali Dinner Theater, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage

Canadian & Maritime Coastal Wonders September 2026

Highlights:

Halifax, Peggy's Cove, Mahone Bay, Lunenburg, Choice on Tour: Fisheries Museum of the Atlantic or Walking Tour of Lunenburg, Cape Breton Island, Cabot Trail, Prince Edward Island, Anne of Green Gables Museum, Hopewell Rocks, Fundy Trail, Grand Pré National Historic Site

Tropical Costa Rica November 2026

Highlights:

San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour, Guanacaste

Pricing and all the details for the above 2026 tours will be in the Fall 2025 Catalog

Odyssey of the Seas Escorted Southern Caribbean Cruise from New Jersey Jan 26 – Feb 7, 2026

Escape the cold on this beautiful ship and enjoy wonderful features like the Seaplex Entertainment Complex—Basketball, Bumper Cars & Rollerskating; The North Star—a jewel shaped capsule with spectacular ocean views, and the Two70 Lounge that morphs from day to night with the most high-tech features ever used at sea—it's something you have to experience to believe.

- Roundtrip Transportation to NJ Pier
- 12 nights onboard the beautiful Odyssey of the Seas
- All Meals, lots of daily activities, Casino & more!
- Full Service Spa & Fitness Center
- Ship Shop Cocktail Party
- Ship Shop Tour Director

Cost from \$1999 pp twin + taxes

Call Donna or Barbara at 1-800-243-1630 to register



NCL Breakaway Caribbean Cruise

Feb 22 – Mar 6, 2026

Ready to trade snow for sand? NCL is bringing the Breakaway to NYC and you can get away from the cold to the sunny Caribbean on this beautiful ship. Dine oceanside and beneath the stars along the quarter-mile long promenade, The Waterfront, and toast incredible ocean sunsets at one of the unique bars and lounges. If you really miss the cold, bundle up and experience the Skyy Vodka Ice Bar—a unique arctic-like frozen chamber where the bar, seating and glasses are made entirely in ice. Then get ready for amazing nights at sea with vibrant original productions like Burn the Floor, Howl at the Moon dueling Pianos Bar and live music.

- Roundtrip Transportation to NJ Pier
- 13 days onboard the beautiful NCL Breakaway
- All Meals onboard, lots of daily activities
- Spectacular Entertainment

Cost from \$1599 pp twin + taxes

Call Donna or Barbara at 1-800-243-1630 to register

Information on the Cruises

Contact Friendship Tours/Ship Shop for registration and Information on the Cruises.

Ask for Donna or Barbara at 1-800-243-1630

Earn your New London Adult Education High School Diploma

The New London Board of Education has made available a New London Adult High School Diploma to residents who meet certain requirements. Day and evening classes are held at Three Shaw's Cove, from 8:30 a.m. to 3:00 p.m. and from 6:00 to 9:00 p.m.

- Individuals eligible for the program must be at least 17 years of age and officially withdrawn from school. (Students under the age of 18 must present a withdrawal document with a parental/guardian signature). This includes Adult High School Credit Diploma and GED students.
- To enroll in the Adult High School Credit Diploma program,

the student must reside in New London, Waterford, Montville, or Lyme-Old Lyme. All classes are free.

The program requires satisfactory completion of the following: 4 credits in English, 1 credit in Vocational Education, Art, and Technology, 4 credits in Mathematics, 3 credits in Science, 3 credits in Social Studies (1 credit must be in U.S. History and 0.5 credit in Government), and 10 elective credits.

Credits may also be awarded for documented work, occupational, volunteer, and military experiences.



Scan the QR Code to access more information on the High School Credit Diploma Program

Waterford and Lyme-Old Lyme programs offered in New London

Adult High School Credit Diploma • For information on credit classes available at New London Adult Education, please call Karen O'Connell at (860) 437-2385, ext. 109.

English for Speakers of Other Languages • We offer classes in several levels, i.e., Basic, Beginning, Intermediate, and Advanced. Students are pretested so that they are placed in the appropriate level.

General Educational Development (GED) • Instruction for the GED includes Reasoning through Language Arts, Mathematics, Science, and Social Studies.

All day and evening classes are held at Three Shaw's Cove, from 8:30 a.m. to 3:00 p.m. and from 6:00 to 9:00 p.m.

Registration & Testing Information • Registration for these classes can be done online at our website: newlondonadulthood.org.

Select "New Student" or "Returning Student" under Adult Education Enrollment on the home screen and complete the form. In-house January 7-10, 8:30 am – 3:00 pm or Evening Registration January 7-8, at 6:00 pm.

Seleccione Registrarse en Inscripción de educación para adultos en la pantalla de inicio y complete el formulario. O internamente del 7 al 10 de enero de 8:30 am a 3:00 pm o registro por la tarde del 7 al 8 de enero a las 6:00 pm.



Montville Adult Education

For more information • Please contact Ken Daniewicz, Adult Education Site Supervisor, at (860) 848-8265 or email: kdaniewicz@montvilleschools.org

Academic Program Information • Programs at Montville Adult Education are designed to meet the needs of Montville adults desiring their high school diploma. Classes are offered in Math, English, Science, and History. All classes meet at Montville High School and are free. Your class schedule and courses will be tailored to your needs.

Adult High School Credit Diploma • Classes meet on Monday, Tuesday, and Wednesday. Classes are from 5:30 - 8:30 p.m. and run for sixteen (16) weeks.

General Information • Montville Adult Education is in a joint partnership with New London Adult Education.

Walk-in Registration & Placement Testing • Registration for the Spring Semester takes place at Montville Adult Ed on Monday, January 6 5:30 - 7:30pm. Classes begin Monday, January 27.



General Educational Development (GED) Information

The GED Test:

The GED Testing Service, in partnership with Pearson VUE, offers the GED examination as a computer-based test. The GED test is aligned to the Common Core State Standards (CCSS) and is designed to reflect the knowledge and skills that are needed for college and career success. New London Adult Education offers intensive instruction in English and Spanish to prepare students to meet the rigorous requirements of the GED test.



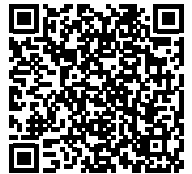
How to Register for the GED Test:

Visit www.GED.com to create an account. After creating an account, you must complete a paper registration at the Adult Education Office and receive approval for testing which is based in part upon official GED Practice test results.

The exam is offered weekly in English and Spanish at the Adult Education Center, and students schedule themselves. A \$13 registration fee (payable at time of registration) is required for ALL registrants 21 years of age and older (no fee for veterans).

GED Test Eligibility Requirements:

- Minimum age is 17 years old and officially withdrawn from high school for at least 6 months.
- An official high school withdrawal document is needed for all 17- and 18-year-olds.
- All 17-year-olds need a withdrawal document with parental/guardian signature.
- Individuals aged 17-18 who are home schooled should request a "Home School Attestation" form signed by the GED Administrator at the CT State Department of Education email: ged@ct.gov or call (860) 807-2110.



Scan the QR Code for more information on the GED Test

Adult Basic Education

Adult Basic Education classes are for those who are working toward an Adult High School Credit Diploma or a GED.

These classes can help improve basic reading, writing, and math skills. Students may prepare for job advancement, vocational training programs, or high school completion classes, as well as develop greater self confidence and personal satisfaction. These FREE classes are offered days and evenings throughout the year.

Please call (860) 437-2385 for more information.



Scan the QR Code for more information on Adult Basic Education

Groton Adult Education

Adult High School Credit Diploma • Classes meet at Fitch High School, 101 Groton Long Point Rd, Groton. For information on credit classes available at Fitch High School, please call 860-441-2152. In-person registration for Fitch High School will be conducted Monday, January 13 and Tuesday, January 14 during the hours of 5:00 to 7:00 pm at Fitch High School. Classes begin January 27.

The Credit Diploma, GED and ESL entrance is through the second set of doors on the lower left side of the school (heading toward the Fitch baseball field).

English for Speakers of Other Languages • We offer classes in several levels, i.e., Basic, Beginning, Intermediate, and Advanced. Students are pre-tested so that they are placed in the appropriate level. Classes meet Monday & Tuesdays 5:30-8:00 pm at Fitch High School.

General Educational Development (GED) • Instruction for the GED includes Reasoning through Language Arts, Mathematics, Science, and Social Studies. Classes meet Mondays and Tuesdays from 5:30-8:00 pm at Fitch High School.

Location and Date for GED & ESL Classes • Classes meet at Fitch High School. Spring Semester classes begin Monday, January 13, 2025.

Walk-in Registration & Placement Testing • Registration for the Spring Semester takes place at Fitch High School on Monday & Tuesday, January 13 and 14 from 5:00 to 7:00 p.m.

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES

ESOL ~ English for Speakers of Other Languages: Classes begin January 13, 2025

English classes for those whose native language is not English have been provided by New London Adult Education since 1910, helping thousands of adults enter the mainstream of American life. These classes are available year-round and are offered FREE-of-charge. In person and online options available.

ESOL Class Schedule at New London Adult Education

Days • New London Adult Education,
Three Shaw's Cove
New London, CT 06320
(860) 437-2385
Monday-Friday • 9:00 am -12:00 pm



Nights • New London Adult Education
(860) 437-2385
Monday-Wednesday • 6:30 pm – 9:00 pm

ESOL Class Schedule at Fitch High School

Nights: • 101 Groton Long Point Rd , Groton, CT 06340
(860) 441-2152
Monday & Tuesday • 5:30 pm – 8:00 pm
Classes start January 27.

FREE Childcare (New London Adult Education site only)

For children of students registered in GED, ESOL or High School Credit Classes. Children need to be at least 6-weeks old, supervised care will be provided at New London Adult Education by an experienced child care supervisor. All children must be registered. For more details, please call Laiza Melendez or Norma Velez at (860) 437-2385.

Inglés como segundo idioma para personas de distintos lenguajes: Comienzan el 13 de enero de 2025

Las clases de inglés como segundo idioma, para aquellas personas cuya lengua natal no es el inglés, han sido ofrecidas por el programa de Educación de Adultos en New London desde 1910, ayudando a miles de adultos a desarrollarse en el ambiente de la vida americana. Estas clases son ofrecidas todo el año y sin costo alguno. Opciones disponibles en persona y en línea.

Educación de Adultos en New London

Días • New London Adult Education
Three Shaw's Cove, New London, CT
(860) 437-2385
Lunes a Viernes • 9:00-12:00 pm

Noches • New London Adult Ed
Lunes, martes y miércoles
6:30-9:00 pm



Clases de ESOL en Fitch High School

Noches: • 101 Groton Long Point Road
Groton, CT 06340
(860) 441-2152
Lunes & martes • 5:30 pm – 8:00 pm
Clases comienzan el 27 de enero 2025.

Cuidado de Niños Gratis (solamente en la escuela de Shaw's Cove, New London)

El programa de Educación de Adultos en New London ofrece cuidado de niños, para estuades registrados. Para más detalles llamar a Laiza Melendez ó Norma Velez al (860) 437-2385.

Citizenship Classes

This class is for students wishing to work toward becoming naturalized American citizens.

The class helps students gain better understanding of the N-400 application, the interview process, U.S. history, and local, state and federal government. Lessons will stress the procedural steps necessary to become a U.S. citizen. Moderate proficiency in English is required.

To qualify for citizenship, you must:

- Be at least 18 years old and have been a permanent resident for the past 5 years with no special circumstances
- Be at least 18 years old and are currently married to and living with a U.S. citizen and have been married to and living with that same U.S. citizen



for the past 3 years and your spouse has been a U.S. citizen for the past 3 years.

The class is held at New London Adult Education:

- Thursday 12:30 pm – 2:30 pm
- Thursday evenings 6:30 – 8:30 pm

Classes begin January 16

Register now for Citizenship Preparation classes.



Scan the
QR Code
for
Information
on
Citizenship
classes.

Transitions Program

The Transitions Program is available to all current GED, Credit Diploma and ESL students enrolled at New London Adult and Continuing Education. The Transitions Associate assists students with career planning, college and training information, college application completion, financial aid information, and FAFSA application completion. Students participate in college tours and are introduced to American Job Center resources.



Jobs, Education and Training

JET is an employment and training program for eligible out-of-school youths between the ages of 17-24. Funded by the Eastern CT Workforce Investment Board, the program is designed to assist eligible youth who want to move from high school dropout to high school graduate and/or to advance from unemployed or underemployed to gainfully employed and/or to enter college or training programs. Program components include career exploration and workforce training.

For additional information on JET, contact Lora Castronova at: (860) 437-2385, ext. 180 or email her at: LCastronova@tvcca.org

Digital Literacy



The Northstar Digital Literacy Program is incorporated into many of our mandated classes. Northstar defines the basic skills needed to perform computer and online tasks and each module assesses students' competency for each task. Individuals who receive a score of at least 85% on a proctored assessment may earn the Northstar Digital Literacy Certificate.



Family Literacy

Where parents and children learn together

The family literacy program includes four components: adult and parenting education, early childhood education, and interactive literacy activities for the parent and child. The adults attend ESL, high school completion, or GED classes with the focus on improving the skills necessary to lead to employment or post-secondary training.

The adults also participate in parenting education classes designed to assist them in becoming their child's first teacher.

The children engage in an age-appropriate, NAEYC accredited early learning program to prepare them for transition to preschool and future academic success. Literacy in the home is fostered through parent and child activities centered on children's books and the reinforcement of strategies introduced during parenting class.



Integrated Basic Education Skills Training (I-BEST)

Currently enrolled students may be eligible for the Integrated Basic Education and Skills Training (I-BEST) program which partners basic education and vocational training instructors in the delivery of a collaborative program of workplace contextualized learning. Through a team-teaching approach, instructors build a classroom environment that provides maximum support for student success.

These trainings, which allow students to explore possible career pathways, focus on a variety of industry clusters and include employability skills. Students can train for a career or higher paying job but can continue to work on their math, reading, high school diploma or English skills at the same time. Students get the help they need while studying in the career field of their choice; they learn by doing!

The I-BEST program is only open to students currently enrolled in the GED, High School Credit Diploma or ESL classes at New London Adult Education.



Maritime Painter EB Partnership

The Maritime Painter Program, in partnership with Electric Boat, will teach students the specialized skills required to paint and maintain ships, boats, and marine structures with a focus on submarines. This training equips individuals for work in the maritime industry, with a focus on safety, surface preparation, coating application, and the use of materials to protect vessels from harsh marine environments. Vocational instruction will occur onsite at Electric Boat training facilities. The program integrates work readiness and contextualized basic skills components to prepare candidates for the occupational responsibilities. Topics include literacy, numeracy, industrial work ethic, and employability skills.

Paraeducator Training

Paraeducator training prepares students to become members of an educational team in a public school system. Working under the supervision of licensed teachers, they support student learning and success in a variety of educational settings. Trainees will learn how to work with a diverse group of students, assist with administrative tasks, promote a positive learning environment, and communicate with teachers, students, and parents. Contextualized instruction includes ESOL and adult basic education in the areas of mathematics, language, and classroom culture. Upon successful course completion, candidates take the ETS ParaPro certification exam.

Certified Nursing Assistant

The Certified Nursing Assistant program will provide students with basic nursing skills, and classroom and clinical training which includes medical terminology. The program offers the opportunity to receive real life-based experience and practical training. Clinical training is completed in the state-of-the-art lab/classroom at New London Adult Education and a local nursing facility. The training course will include a basic skills education component. Upon successful completion of the course, students will take the State of Connecticut exam for CNA certification.



For additional information on any of these programs, please contact Sara Weeks at (860) 437-2385 VM 169

Introduction to Server and Culinary Arts with Food Handlers Certificate

Students will be trained in basic food service, which includes food handling, nutrition, sanitation, and instruction in the art of cooking, including techniques such as sautéing, baking, and grilling. The training course will include a basic skills education component. The students will develop competencies for a career in food establishments. Those who successfully complete the course and pass the exam will receive a CAFE certificate from Ledge Light Health District.



Phlebotomy Certificate

This program prepares students to become Certified Phlebotomy Technicians. Students learn the components of blood, basic human anatomy, potential complications of a blood draw, proper drawing technique, and collection sequence. Training includes occupational-specific basic skills instruction. Program completion requires 30 successful venipuncture collections, and 10 capillary draws which will be performed in class on fellow students. Upon successful completion of the course, students will be eligible to earn the National Certification upon passing the NHA exam.



The I-BEST program is only open to students currently enrolled in GED, High School Credit Diploma or ESL classes.

New London Adult Education Students ...



... Gaining employability skills.



... Observing how government works in Hartford.



... Learning new digital skills in class.



... Earning a credential and building a career.



... Experiencing local history.



... Visiting college campuses.



... Helping out in the community.



... Making new friends.

... And, yes, Graduating!



... Meeting local employers.



Enrichment Class Registration Form

Mail completed form to:
NLAE, Three Shaw's Cove, Suite 100
New London, CT 06320

Name _____ Home Phone _____

Address _____ Cell Phone _____

City/State/Zip Code _____

Email Address _____

Do you want to be added to our email list? YES NO

CLASS #	CLASS NAME	CLASS LOCATION	COST
PAYMENT REQUIRED WITH REGISTRATION			Processing fee only when using a Credit Card - \$2.00
Method of Payment: _____ Visa MasterCard Discover American Express			Total Due

Credit Card Number _____

Expiration Date _____ Security Code _____

CHECK ENCLOSED _____



NEW LONDON
 ADULT & CONTINUING EDUCATION



Use this QR Code to visit our website newlondonadulted.org and see the full descriptions of the classes and trips.

Culture on Wheels Trip Registration Form

Mail completed form to:
NLAE, Three Shaw's Cove, Suite 100
New London, CT 06320

Name _____ Home Phone _____

Address _____ Cell Phone _____

City/State/Zip Code _____

Email Address _____

Do you want to be added to our email list? YES NO

TRIP NAME	MEAL CHOICE - if required	COST
PAYMENT REQUIRED WITH REGISTRATION		Processing fee only when using a Credit Card - \$2.00
Method of Payment: _____ Visa MasterCard Discover American Express		Total Due

Credit Card Number _____

Expiration Date _____ Security Code _____



NEW LONDON
 ADULT & CONTINUING EDUCATION

New London Adult & Continuing Education

Three Shaw's Cove
New London, Connecticut 06320

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www.newlondonadulthood.org

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- High School Credit Diploma Classes**
- Enrichment Classes**
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