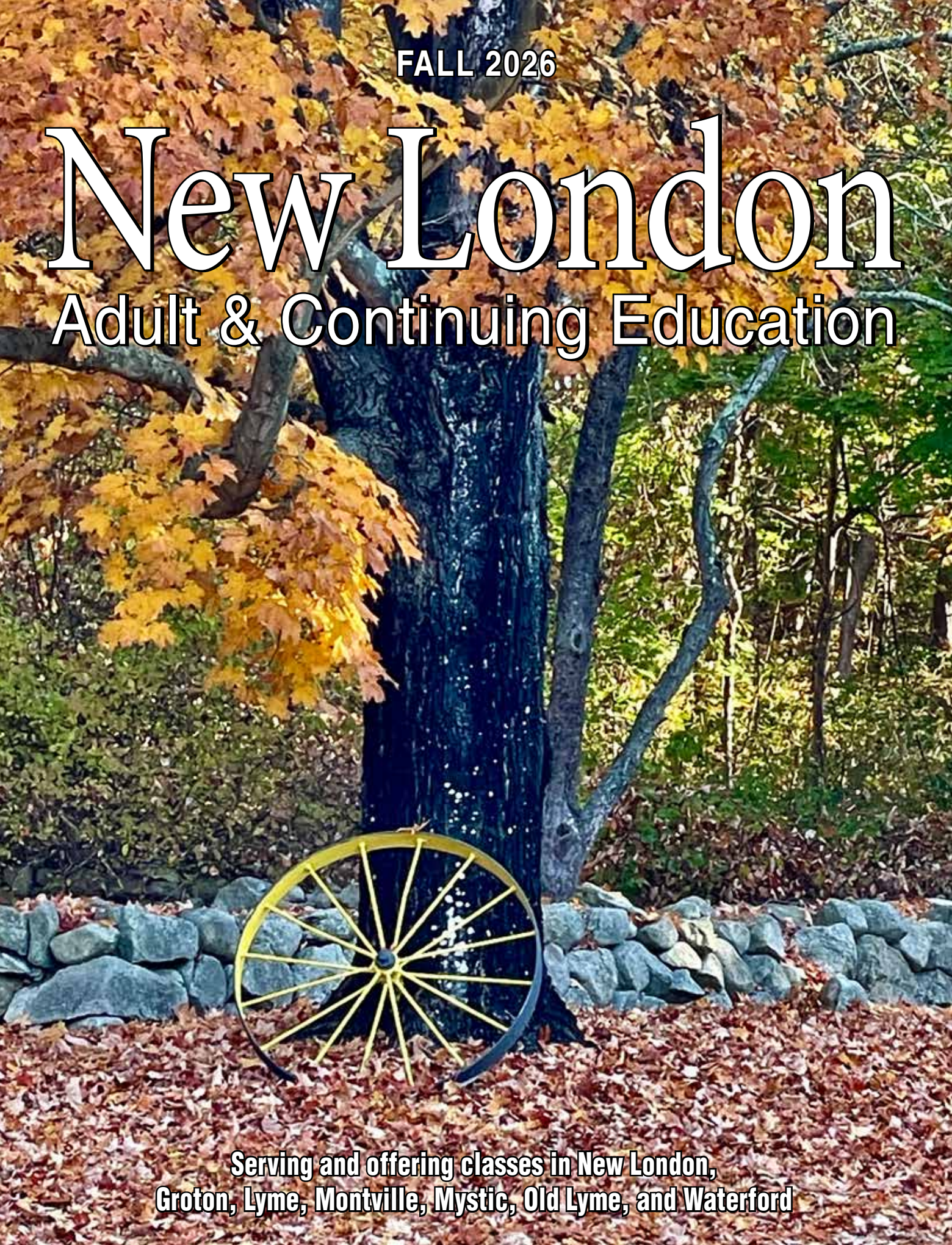




FALL 2026

New London

Adult & Continuing Education

Serving and offering classes in New London,
Groton, Lyme, Montville, Mystic, Old Lyme, and Waterford

Dear Friends:

At New London Adult and Continuing Education, come and see what you can achieve. New London Adult and Continuing Education is truly a unique place. We are very proud



of our long-standing commitment to adult learners and dedication to providing innovative and stimulating educational opportunities for the community. New London Adult and Continuing Education strives to strengthen partnerships and build connections to enhance programming that is responsive to the interests and needs of all learners.

A wide range of programs are offered. They include ESL classes to assist English language learners to improve their English language proficiency as well as CDP and GED classes for students looking to

complete their high school education. U.S. citizenship classes prepare immigrants for the U.S. Citizen test. The Transitions Program assists our adult learners with career exploration, training and college preparatory classes. The Integrated Basic Education and Skills Training Program (IBEST) offers workforce education in areas that match local demand. Counseling staff is available to guide and assist you in choosing the program that best meets your educational needs. Our Even Start - Two Generation program is a comprehensive family literacy program that serves the entire family through adult education, a NAEYC accredited early childhood education, parenting education, interactive literacy, and home visits.

For those looking to travel locally or internationally, acquire new workforce skills, or pursue new interests or hobbies, our Continuing Education/Enrichment Program, provides a vast array of programs and classes to satisfy your lifelong learning goals. We invite you to take advantage of our Culture-On-Wheels Program which presents stimulating, educational, and affordable travel opportunities. Numerous day, overnight bus trips, national flight tours, and international world-class travel are thoughtfully planned.

Visit our website, newlondonadulthood.org, to become familiar with the multitude of programs and class offerings. Online registrations are accepted through the website for all Adult Academic and Enrichment programs.

We welcome you to our updated facilities and the programs in our new space.

Please follow us on Facebook and Instagram to stay connected and learn more about our unique program. There is truly something for everyone.

Sincerely,

Cris Aguilar

Cris Aguilar
Acting Director

• **Inclement Weather:** When the New London Public Schools are closed due to inclement weather, Adult Education is also closed. Listen to a local radio station or watch your local television channels for cancellation notices. Should snow or inclement weather develop during the day, class cancellation is announced by late afternoon. Canceled classes are made up by adding additional sessions.

• **Fees:** If registering by mail, please enclose payment to ensure enrollment in the class/trip.

• **Residents:** Residents are those residing in the following towns: Groton, Lyme, Montville, New London, Oakdale, Old Lyme, Quaker Hill, Uncasville, and Waterford. Out of town residents add a \$5 non-resident fee. Some courses may require additional fees and/or materials. Check the course description for fee information.

• **Gift Certificates:** Certificates are available for any Adult Education course, trip, or special event. They may be purchased at any time at the New London Adult Education office between 9:00 a.m. and 4:00 p.m. This is a great gift for that hard-to-buy-for person in your life!

• **Refunds:** In the event of a filled class or cancellation, every attempt will be made to notify you in advance by email, mail or phone. Refund policy: A full refund is given only when NLAE cancels a course. No refunds at any time for computer courses, one-class courses or bus trips. Refunds for all other courses will be available with a minimum three-week notice prior to the course start date. There will be a \$10 processing fee for refunds. Credit for a future class or trip may be available in place of a monetary refund. Refunds will not be given after a course has started. Please allow at least one month for processing.

• **Returned Check Policy:** Participants will be charged \$50 for each check returned by the bank.

• **Student Regulations:** Smoking is prohibited on school property. Refreshments are not permitted in any classroom, hallway or lavatory. Parking is permitted only in designated areas. Cell phone use is not permitted in the classroom. Fire regulations and alarms must be heeded at all times.

• **Enrichment Course Confirmations:** Enrollment Confirmations will not be mailed, all confirmations will be emailed to the student.

Office Information

New London Adult Education

Three Shaw's Cove
New London, Connecticut 06320
Telephone (860) 437-2385
Fax (860) 437-6460
www.newlondonadulthood.org

New London Office Hours

Monday-Friday: 8:00 am – 4:00 pm
Monday-Thursday: 6:00 pm – 9:00 pm

• Waterford Information •

Waterford High School
20 Rope Ferry Road
Waterford, CT 06385
Direct all inquiries to: (860) 437-2385

• Lyme – Old Lyme Information •

Lyme – Old Lyme Middle School
53 Lyme Street
Old Lyme, CT 06371
Direct all inquiries to: (860) 437-2385

• Montville Information •

Montville High School
800 Old Colchester Road
Oakdale, CT 06370
Direct all inquiries to: (860) 437-2385

• Groton Information •

Fitch High School
101 Groton Long Point Road
Groton, CT 06340
Direct all inquiries to: (860) 437-2385

School Calendar Closing Dates

September 7 Labor Day
October 12 Indigenous People Day
November 11 Veterans Day
November 25-27 Thanksgiving Break
Dec. 24-Jan. 3 Winter Break
January 1 New Years Day
January 6 Three King's Day

Program Start Dates

September 8, 2026

English for Speakers of Other Languages
Adult Basic Education and GED
Adult High School Credit Diploma

September 3 EMT Training
September 9 CNA Evening Training
September 15 Serv Safe Training
September 16 Bartending
September 26 Spanish Serv-Safe
October 5 Phlebotomy
October 24 Security Guard Card

Enrichment Classes begin the week of September 8

Content Editor: Dawn Merriman
Cover Photo: Jackie Conn
Catalog Design: Ed Murphy

*To err is human and we are...
We are not responsible for typographical errors.*

DISCLAIMERS

Non-Discrimination

New London Adult & Continuing Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal non-discrimination laws. Inquiries regarding the New London Adult & Continuing Education non-discrimination policies should be directed to Laiza Meléndez (860)-437-2385.

General Accessibility and Accommodations

All activities offered by New London Adult & Continuing Education are held in accessible locations. Accommodations for individuals with a disability are available upon request. Printed materials (e.g. brochure/handbook/newsletter) are available in alternate formats (e.g. large print, audio, Braille) upon request. For assistance, please contact Laiza Meléndez at (860)437-2385.

General Educational Development (GED) Test Accommodations

Accommodations on the GED tests are available for qualified individuals with a disability. For more information, contact Laiza Meléndez at (860) 437-2385. You may also contact Sabrina Mancini at the Connecticut State Department of Education at (860) 807-2110.

No Charge for Materials for Mandated Courses

New London Adult & Continuing Education is in compliance with Connecticut General Statutes Sec.10-73a and does not charge fees for registration, textbooks or materials used in mandated program areas.

The Board of Education, during the course of any given year, puts on a number of programs utilizing certified teachers, professionals, and local community residents who have special expertise in the areas in which they offer instruction. The Board of Education makes every effort to provide quality instruction in an appropriate atmosphere for all participants in any of its programs. The Board of Education, however, is not responsible nor takes any responsibility for the specific instruction in any particular course or any specific reliance upon such instruction made by an individual. Questions about course content, the educational experience of instructors, or other specifics regarding any particular course should be addressed to the specific instructor or the administrator charged with the operation of the program.

Visit our website: newlondonadulthood.org
for full course descriptions

5 WAYS TO REGISTER FOR CLASSES & TRIPS

WEBSITE

newlondonadulthood.org
Visa, MasterCard, American Express or Discover

MAIL

Mail Registration Form with Visa, MasterCard, American Express, Discover information, check, or money order to:
New London Adult Education, Three Shaw's Cove, Suite 100,
New London, CT 06320 Attention: Enrichment Program

IN PERSON

New London Adult & Continuing Education
Three Shaw's Cove, New London, CT
Monday-Friday, 8 am-4 pm & Monday-Thursday 6-8 pm
Visa, MasterCard, American Express, Discover, check,
money order or cash.

PHONE

(860)437-2385
Visa, MasterCard, American Express or Discover

FAX

(860)447-4025
Visa, MasterCard, American Express or Discover

860-437-2385

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Congratulations

To Our Graduating Class of 2026



Register Today to Become



Excerpts From Our Class Speakers

Shaquawana Ti'Aisha Torres

I first enrolled at New London Adult Education 24 years ago after the birth of my first child; I wasn't ready. I made a second attempt, made very little progress, and quit again. The third time came with new challenges, but I discovered the support from teachers and staff who saw my potential, even when I struggled to see it myself. Today, I am graduating with my high school diploma and a Certified Phlebotomy Technician credential.

Marquel J. Velez-Thomas

I started at New London Adult Education in January 2025. At first, I kept to myself and didn't put much effort in. This past fall, I felt motivated for the first time. I found purpose and became determined to reach my goals. I was selected for the Electric Boat Marine Painter program, completed the training and am now an Electric Boat employee. Tonight, I'm walking away with a diploma, a great-paying job, and the feeling of self-satisfaction that I never imagined for me.

Part of the Class of 2027

Earn your New London Adult Education High School Diploma

The New London Board of Education has made available a New London Adult High School Diploma to residents who meet certain requirements. Day and evening classes are held at Three Shaw's Cove, from 8:15 a.m. to 3:00 p.m. and from 6:00 to 9:00 p.m.

- Individuals eligible for the program must be at least 17 years of age and officially withdrawn from school. (Students 18 and under must present a withdrawal document with a parental/guardian signature). This includes Adult High School Credit Diploma and GED students.

- To enroll in the Adult High School Credit Diploma program,

the student must reside in New London, Waterford, Montville, or Lyme-Old Lyme. All classes are free.

The program requires satisfactory completion of the following: 4 credits in English, 1 credit in Vocational Education, Art, and Technology, 4 credits in Mathematics, 3 credits in Science, 3 credits in Social Studies (1 credit must be in U.S. History and 1 credit in Government), and 10 elective credits.

Credits may also be awarded for documented work, occupational, volunteer, and military experiences.



Scan the QR Code to access more information on the High School Credit Diploma Program

Waterford and Lyme-Old Lyme programs offered in New London

Adult High School Credit Diploma • For information on credit classes available at New London Adult Education, please call Laiza Meléndez at (860) 437-2385, ext. 109.

English for Speakers of Other Languages • We offer classes in several levels, i.e., Basic, Beginning, Intermediate, and Advanced. Students are pretested so that they are placed in the appropriate level.

General Educational Development (GED) • Instruction for the GED includes Reasoning through Language Arts, Mathematics, Science, and Social Studies.

All day and evening GED classes are held at Three Shaw's Cove. Day classes are from 8:15 a.m. to 12:00 p.m. Monday through Thursday. Night sessions are from 6:00 to 8:30 p.m. Monday, Tuesday and Wednesday.

Registration & Testing Information • Registration for these classes can be done online at our website: newlondonadulthood.org.

Register under Adult Education Enrollment on the home screen and complete the form.

In-house registration can be done from September 1, 9:00 am – 2:30 pm or evening registration September 1 and 2 at 6:00 pm.

Registración & información de examen – Para todos nuestros programas puede registrarse en nuestro sitio web: newlondonadulthood.org

Seleccione registrarse en la inscripción de Educación para Adultos en la pantalla de inicio y complete el formulario, o venga personalmente desde septiembre 1 de 9:00 am a 2:30 pm. También puede registrarse por la tarde el 1 y 2 de septiembre a las 6:00 pm.



Montville Adult Education

For more information • Please contact Ken Daniewicz, Adult Education Site Supervisor, at (860) 848-8265 or email: kdaniewicz@montvilleschools.org

Academic Program Information • Programs at Montville Adult Education are designed to meet the needs of Montville adults desiring their high school diploma. Classes are offered in Math, English, Science, and History. All classes meet at Montville High School and are free. Your class schedule and courses will be tailored to your needs.

Adult High School Credit Diploma • Classes meet on Monday, Tuesday, and Wednesday. Classes are from 5:00 to 8:00 p.m. and run for sixteen (16) weeks.

General Information • Montville Adult Education is in a joint partnership with New London Adult Education.

Walk-in Registration & Placement Testing • Registration for the Fall Semester takes place at Montville Adult Ed on Monday, August 24, 5:30 to 7:30 pm. Classes begin Monday, August 24.



General Educational Development (GED) Information

The GED Test:

The GED Testing Service, in partnership with Pearson VUE, offers the GED examination as a computer-based test. The GED test is aligned to the Common Core State Standards (CCSS) and is designed to reflect the knowledge and skills that are needed for college and career success. New London Adult Education offers intensive instruction in English and Spanish to prepare students to meet the rigorous requirements of the GED test.

How to Register for the GED Test:

Visit www.GED.com to create an account. After creating an account, you must complete a paper registration at the Adult Education Office and receive approval for testing which is based in part upon official GED Practice test results. The exam is offered weekly in English and Spanish at the Adult Education Center, and students schedule themselves. A \$13 registration fee (payable at time of registration) is required for ALL registrants 21 years of age and older (no fee for veterans).

GED Test Eligibility Requirements:

- Minimum age is 17 years old and officially withdrawn from high school for at least 6 months.
- An official high school withdrawal document is needed for all 17- and 18-year-olds.
- All 17-year-olds need a withdrawal document with parental/guardian signature.
- Individuals aged 17-18 who are home schooled should request a "Home School Attestation" form signed by the GED Administrator at the CT State Department of Education email: ged@ct.gov or call (860) 807-2110.



Scan the QR Code for more information on the GED Test

Adult Basic Education

Adult Basic Education classes are for those who are working toward an Adult High School Credit Diploma or a GED. These classes can help improve basic reading, writing, and math skills. Students may prepare for job advancement, vocational training programs, or high school completion classes, as well as develop greater self confidence and personal satisfaction. These FREE classes are offered days and evenings throughout the year. Please call Laiza Meléndez at (860) 437-2385, ext. 109 for more information.



Scan the QR Code for more information on Adult Basic Education

Groton Adult Education

Adult High School Credit Diploma • Classes meet at Fitch High School, 101 Groton Long Point Rd, Groton. For information on credit classes available at Fitch High School, please call 860-441-2152. In-person registration for Fitch High School will be conducted Wednesday August 19 and Thursday August 20 from 5:00 to 7:00 pm at Fitch High School. Classes begin August 31, 2026.

The GED and ESL entrance is through the second set of doors on the lower left side of the school (heading toward the Fitch baseball field).

English for Speakers of Other Languages • We offer classes in several levels, i.e., Basic, Beginning, Intermediate, and Advanced. Students are pre-tested so that they are placed in the appropriate level. Classes meet Mondays & Tuesdays 5:30-8:00 pm at Fitch High School.

General Educational Development (GED) • Instruction for the GED includes Reasoning through Language Arts, Mathematics, Science, and Social Studies. Classes meet Mondays and Tuesdays from 5:30 – 8:00 pm at Fitch High School.

Location and Date for GED & ESL Classes • Classes meet at Fitch High School. Fall Semester classes begin Tuesday, September 8, 2026.

Walk-in Registration & Placement Testing • Registration for the Fall Semester takes place at Fitch High School on Wednesday, August 19 and Thursday, August 20 from 5:30 to 7:30 pm.

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES

ESOL ~ English for Speakers of Other Languages: Classes begin September 8, 2026

English classes for those whose native language is not English have been provided by New London Adult Education since 1910, helping thousands of adults enter the mainstream of American life. These classes are available year-round and are offered FREE-of-charge. In person and online options available. www.newlondonadulthood.org

ESOL Class Schedule at New London Adult Education

New London Adult Education,
Three Shaw's Cove
New London, CT 06320
(860) 437-2385



Days Monday–Friday • 9:00 am – 12:00 pm
Nights Monday–Wednesday • 6:00 – 8:30 pm

ESOL Class Schedule at Fitch High School

101 Groton Long Point Rd , Groton, CT 06340
(860) 437-2385

Nights: Monday & Tuesday • 5:30 – 8:00 pm
Classes begin September 8, 2026

ESOL Class Scheduled at Shekinah Church

Huntington Street (entrance at Jay Street)
(860) 437-2385

Days Monday – Thursday • 9:00 am – 12:00 pm
Classes begin September 8, 2026

FREE Childcare (New London Adult Education site only)

For children of students registered in GED, ESOL or High School Credit Classes. All children must be registered. For more details, please call Louise Hanrahan at (860) 437-2385.

Inglés como segundo idioma para personas de distintos lenguajes: Comienzan el 8 de septiembre, 2026

Las clases de inglés como segundo idioma, para aquellas personas cuya lengua natal no es el inglés, han sido ofrecidas por el programa de Educación de Adultos en New London desde 1910, ayudando a miles de adultos a desarrollarse en el ambiente de la vida americana. Estas clases se ofrecen todo el año y sin costo alguno. Opciones disponibles en persona y en línea. www.newlondonadulthood.org

Educación de Adultos en New London

New London Adult Education
Three Shaw's Cove, New London, CT
(860) 437-2385

Días Lunes a viernes 9:00 am – 12:00 pm
Noches Lunes a miércoles 6:00 – 8:30 pm

Clases de ESOL en Fitch High School

101 Groton Long Point Road
Groton, CT 06340
(860) 441-2152

Noches Lunes & martes • 5:30 – 8:00 pm
Las clases comienzan el 8 de septiembre, 2026.

Clase de ESOL programada en Iglesia Shekinah

Calle Huntington (entrada por Jay St.)
(860) 437-2385

Días Lunes a jueves • 9:00 am – 12:00 pm
Las clases comienzan el 8 de septiembre, 2026

Cuidado de Niños Gratis (solamente en la escuela de Shaw's Cove, New London)

Para niños de estudiantes registrados en GED, ESOL, ó clases de secundaria. Todos los niños tienen que estar registrados. Para más detalles llamar a Louise Hanrahan al (860) 437-2385.

Free Citizenship Classes Offered at NLAE

This class is for students wishing to work toward becoming naturalized American citizens.

The class helps students gain better understanding of the N-400 application, the interview process, U.S. history, and local, state and federal government. Lessons will stress the procedural steps necessary to become a U.S. citizen. Intermediate proficiency in English is required.

To qualify for citizenship, you must:

- Be at least 18 years old and have been a permanent resident for the past 5 years with no special circumstances

- Be at least 18 years old and are currently married to and living with a U.S. citizen and have been married to and living with that same U.S. citizen for the past 3 years and your spouse has been a U.S. citizen for the past 3 years.

The class is held at New London Adult Education:

- Thursdays 12:30–2:30 pm
- Thursday evenings 6:00 – 8:30 pm

Classes begin September 10, 2026

Register now for Citizenship Preparation classes.



Scan the QR Code
for Information on
Citizenship classes.

Transitions Program

The Transitions Program is available to all current GED, Credit Diploma and ESL students enrolled at New London Adult and Continuing Education. The Transitions Associate assists students with career planning, college and training information, college application completion, financial aid information, and FAFSA application completion. Students can also take part in career exploration activities, college and institutional tours, job fairs, and access resources through the American Job Center and in-house services.



Jobs, Education and Training

JET is an employment and training program for eligible out-of-school youths between the ages of 17-24. Funded by the Eastern CT Workforce Investment Board, the program is designed to assist eligible youth who want to move from high school dropout to high school graduate and/or to advance from unemployed or underemployed to gainfully employed and/or to enter college or training programs. Program components include career exploration and workforce training.

For additional information on JET, contact Julie Beckham at: (860) 437-2385, ext. 180 or email her at: beckhamj@newlondon.org

Digital Literacy



The Northstar Digital Literacy Program is incorporated into many of our mandated classes. Northstar defines the basic skills needed to perform computer and online tasks and each module assesses students' competency for each task. Individuals who receive a score of at least 85% on a proctored assessment may earn the Northstar Digital Literacy Certificate.



Family Literacy

Where parents and children learn together

The family literacy program includes four components: adult and parenting education, early childhood education, and interactive literacy activities for the parent and child. The adults attend ESL, high school completion, or GED classes with the focus on improving the skills necessary to lead to employment or post-secondary training.

The adults also participate in parenting education classes designed to assist them in becoming their child's first teacher. The children engage in an age-appropriate, NAEYC accredited early learning program to prepare them for transition to preschool and future academic success. Literacy in the home is fostered through parent and child activities centered on children's books and the reinforcement of strategies introduced during parenting class.



Integrated Basic Education Skills Training (I-BEST)

Currently enrolled students may be eligible for the Integrated Basic Education and Skills Training (I-BEST) program which partners basic education and vocational training instructors in the delivery of a collaborative program of workplace contextualized learning. Through a team-teaching approach, instructors build a classroom environment that provides maximum support for student success.

These trainings, which allow students to explore possible career pathways, focus on a variety of industry clusters and include employability skills. Students can train for a career or higher paying job but can continue to work on their math, reading, high school diploma or English skills at the same time. Students get the help they need while studying in the career field of their choice; they learn by doing!

The I-BEST program is only open to students currently enrolled in the GED, High School Credit Diploma or ESOL classes at New London Adult Education.

Paraeducator Training

Paraeducator training prepares students to become members of an educational team in a public school system. Working under the supervision of licensed teachers, they support student learning and success in a variety of educational settings. Trainees will learn how to work with a diverse group of students, assist with administrative tasks, promote a positive learning environment, and communicate with teachers, students, and parents. Contextualized instruction includes ESOL and adult basic education in the areas of mathematics, language, and classroom culture. Upon successful course completion, candidates take the ETS ParaPro certification exam.



Certified Nursing Assistant

The Certified Nursing Assistant program will provide students with basic nursing skills, and classroom and clinical training which includes medical terminology. The program offers the opportunity to receive real life-based experience and practical training. Clinical training is completed in the state-of-the-art lab/classroom at New London Adult Education and a local nursing facility. The training course will include a basic skills education component. Upon successful completion of the course, students will take the State of Connecticut exam for CNA certification.



Maritime Painter EB Partnership

The Maritime Painter Program, in partnership with Electric Boat, will teach students the specialized skills required to paint and maintain ships, boats, and marine structures with a focus on submarines. This training equips individuals for work in the maritime industry, with a focus on safety, surface preparation, coating application, and the use of materials to protect vessels from harsh marine environments. Vocational instruction will occur onsite at Electric Boat training facilities. The program integrates work readiness and contextualized basic skills components to prepare candidates for the occupational responsibilities. Topics include literacy, numeracy, industrial work ethic, and employability skills.

For additional information on any of these programs, please contact Sara Weeks at (860) 437-2385 VM 169

Culinary Arts with Food Handlers Certificate

Students will be trained in basic food service, which includes food handling, nutrition, sanitation, and instruction in the art of cooking, including techniques such as sautéing, blanching, searing, and poaching. The training will include a basic skills education component. The students will develop competencies for a career in food establishments. Those who successfully complete the course and pass the exam will receive a CAFE certificate from Ledge Light Health District and/or a ServSafe certificate.



Phlebotomy Certificate

This program prepares students to become Certified Phlebotomy Technicians. Students learn the components of blood, basic human anatomy, potential complications of a blood draw, proper drawing technique, and collection sequence. Training includes occupational-specific basic skills instruction. Program completion requires successful venipuncture collections, and capillary draws which will be performed in class on fellow students in or during clinical. Upon successful completion of the course, students will be eligible to earn the National Certification upon passing the NHA exam.



The I-BEST program is only open to students currently enrolled in GED, High School Credit Diploma or ESOL classes.

Your Career

AT NEW LONDON ADULT AND CONTINUING EDUCATION

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Emergency Medical Technician Initial Basic Training

Classes are conducted **Monday & Thursday nights and Saturdays daytime**. This intensive program is designed to provide a basic understanding of anatomy, physiology, and pathophysiology. It will allow you to better understand signs, symptoms, and emergency care.



An anatomical and body system approach to physical exams will link conditions to assessment findings. This course will give you knowledge of the presentation of common medical conditions and traumatic injuries encountered in the pre-hospital environment. You will learn how to provide the most efficient and effective emergency care.

Graduates of this program will satisfy licensure requirements from the National Registry of

Emergency Medical Technicians as well as the Connecticut Department of Public Health, Office of Emergency Medical Service. The textbook and NREMT Practical Exam are included in this course.

Prerequisites: Student must be 16 years of age prior to the end of the class. Proof of Tuberculosis (TB PPD) test results within 1 year from the end of the clinical end date, Measles, Mumps, Rubella (MMR), Varicella (Chicken Pox), Tetanus, Diphtheria, Pertussis (Tdap) and Hepatitis B (Hep B)

Class meets Monday & Thursday starting 9/3–12/3 6:00–9:30 pm & Saturday 8:00 am–4:00 pm
14 weeks NREMT Practical Exam 12/5 NL Adult Education

Resident/Non-resident \$1,300 WIOA Approved & approved for VA Educational Benefits
Instructor: Emergency Training Services



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Phlebotomy

This flexible learning program will provide students the skills necessary to work as a Certified Phlebotomy Technician. Students will learn the components of blood, possible complications of a blood draw, along with some basic Human Anatomy, proper drawing technique, and collection sequence. In order to complete this class it is a requirement to obtain 30 successful venipuncture collections and 10 capillary draws on living persons. These will be performed in class on fellow students and clinical volunteers. This is an 80 hour hybrid course with 70 hours of online learning and 10 hours of in person clinical. Upon successful completion of this course students will have the opportunity to obtain National Certification from the NHA if they successfully pass the exam.

Prerequisites: High School Diploma or GED, basic computer skills, and a working computer. Students will need to show proof of up to date COVID-19 vaccinations and booster shots. Equipment, Book, and Lab Fee, are included in the cost of tuition.

Monday 10/5 online Portion / Mon-Fri 5:30–7:30 pm in person at The Foundry
Resident/Non-resident \$1599 WIOA Approved



The Connecticut State Office of Higher Education has approved our Emergency Medical Technician, Phlebotomy, and Certified Nursing Assistant Programs for educational assistance benefits from the U.S. Department of Veterans Affairs.

Begins Here

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Certified Nursing Assistant Training

Our CNA program will provide students with the required hours for Certified Nursing Assistant training, basic nurse aide skills, including classroom and clinical training. This program will prepare the students for the Prometric exam, which places successful candidates on the Connecticut Nurse Aide Registry.

Prerequisites: Prior to attending the class, the student must have the following: Proof of being 18 years or older prior to the practical application portion of the class, Social Security Number, current seasonal flu vaccine (Oct 1- Mar 30), COVID vaccine, clearance from Medical Doctor to be able to lift 50 pounds and proof of Negative TB results read within the last 6 months from the class begin date, active email account and advanced level English proficiency. High School completion or equivalent may be required for employment in this field. **The State of Connecticut requires 100 mandatory hours of training with instructor.** Any questions, please contact the instructor prior to class start.



Resident/Non-resident \$1,299 WIOA Approved & approved for VA Educational Benefits
Fee includes tuition, textbook, uniform, and State of CT Prometric exam

9/9 -10/26 Monday/Wednesday Evening 5-9 pm and Saturday 8 am-4 pm 8 weeks NL Adult Education

Additional CNA dates will be added. Please check our website (www.newlondonadulthood.org) for updates.

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Clinical Medical Assistant Program

This highly flexible learning program will provide students with the necessary skills and training to work in today's industry. In this hybrid, guided course students will complete the necessary 460 clinical hours to obtain certification and exam preparation. Learning is focused on Medical Terminology, Anatomy and Physiology, Vital Signs and practical skills. With special consideration for target learning, students will have the benefits of building self-reliance. This program encourages students to self-test for understanding. Students are instructed by positive reinforcement from educators, who have a proven track record of success. With a placed emphasis in practical use which fosters a solid understanding of a working environment within a physician's office, hospitals and clinics. This structured curriculum incorporates all aspects for the NHA certification exam.



Prerequisites: High School Diploma or GED, basic computer skills, and a working computer.

Mon 9/14 OnLine Portion / In person Classroom Mon - Fri 5:30-7:30 pm
The Foundry, 66 Franklin St, Norwich Resident/Non-resident \$5999

104

Connecticut Security Guard Card Training

Prepare for your Connecticut Security Officer Guard License. Upon successful completion of this course, you will be issued a training certificate required to accompany your licensure application, to the Connecticut Department of Emergency Services and Public Protection. Additional fees are required with application.

This dynamic course covers information about the Security Industry, how to be a Security Officer, and job exploration. Connecticut laws will be reviewed, pertaining to the security industry, self-defense and the use of force, and citizen's arrest. In addition, you will learn about the use of force continuum, fire safety, and the history of security, workplace violence, terrorism, communication skills, and more.



Saturday 10/24, 8:00 am-3:00 pm, or Saturday 11/14 8:00 am-3:00 pm
or Saturday 12/12 8:00 am-3:00 pm, 1 class NL Adult Education
Resident \$150/Non-resident \$155 Instructor: Louis J. Bonito

105

EKG Technician Certification

This course will teach students practical skills in a hands-on setting. With a focus on how to apply, monitor and measure electrocardiography tests in a flexible, hybrid learning environment. Additionally, students will learn basic vital signs, performing

rapid response procedures, set up for Holter Monitors, and provide the results to the physician for interpretation. Students will be required to complete 44 clinical hours with at least 10 EKG's on live individuals.

Prerequisites: High School Diploma or GED, basic computer skills, and a working computer.

Mon 11/9 - OnLine Portion / In person 5:30-7:30 pm
The Foundry, 66 Franklin St, Norwich, Resident/Non-resident \$1599



106 Professional Bartending with SMART Certification

This professional bartending course includes the state and national SMART (Servers and Managers Alcohol Responsibility Training) certification recognized by the CT Department of Liquor Control and police departments. Servers of alcohol are taught to serve responsibly, how to spot signs of intoxication, and how to respond appropriately. Instruction



focuses on opening and closing procedures, product knowledge, speed of preparation, and people skills. Upon successful completion of the course, students will be qualified to work in any environment that serves liquor, including restaurants, clubs, hotels, and catering companies. Students receive a certificate of completion and the SMART certification.

Students must be 18 years old or older. No real alcohol is used.

Wednesday 9/16 6:00–9:00 pm 5 Weeks NL Adult Education
Resident \$250/Non-resident \$255 Instructor: Paul Rich

109 ServSafe

The ServSafe program was created by leaders in the Foodservice Industry to promote food safety. Ledge Light Health District, which promotes healthy communities in all 90 establishments in New London County, requires all food establishments to have all their Cooks, Chefs, Person in Charge (PIC) be ServSafe Certified. In the competitive restaurant field, industry certifications can help you stand out among the crowd of applicants. The NRA's ServSafe Food Protection Manager Certification is nationally recognized. Cost includes Tuition, Book, Certificate and Exams with passing grade.



Tuesday 9/15 5:30 pm- 8:00 pm, 4 Weeks Waterford High School
Saturday 9/26 Spanish ServSafe 9 am -3PM 1 class New London Adult Ed
Resident \$195/Non-resident \$200 Instructor: Amarilys Saluk, CDM,CFPP

107 SMART Certification for Alcohol Servers

SMART training is a 3-hour certification course developed by those in the hospitality industry for the hospitality industry. Learn how to identify signs of intoxication using the traffic light system as well as learning CT's liquor rules, regulations, and laws. This course has an intense focus on checking IDs properly and identifying underage drinking.

Wednesday 9/16 6:00–9:00 pm One class only NL Adult Education
Resident \$55/Non-resident \$60 Instructor: Paul Rich



108 Real Estate Principles and Practices

This course covers the major aspects of the real estate industry and prepares you for the State licensing examination and meets the 60-hour requirement for licensing. It also provides excellent information for those interested in personal real estate planning and investing. Instructors from Cadema Education Associates will teach the latest and most relevant trends in real estate. To take the State licensing examination you must be 18 years of age or older. Textbooks/E-book are included in the cost of the class.

Mondays, Wednesdays and Fridays 9/14-11/09 5:30-8:30 pm In-Person and Zoom or both 132 Boston Post Road #11, East Lyme
Resident \$600 /Non-resident \$580 Instructor: Cadema Education Assoc.

110 Introduction to Voice-Over

Have you ever been told that you have a great voice? This exciting introduction will explore numerous aspects of voice-over work from audio books to advertisements and beyond. Students will have the opportunity to ask questions and hear examples of demos recorded by professional voice actors.



Tuesday 10/6 or 12/1 6:30-8:00 pm
12 students max
Live-Online class Resident \$19/Non-resident \$24

Editor's Note: In order to make the locations of Enrichment Classes easier to find, we have incorporated a color-coded system to identify each school hosting classes.

COLOR KEY

New London Adult Education
New London STMHS
Montville High School

Fitch High School
Waterford High School
Old Lyme Middle School

200 Creative Printmaking: Monotypes



Monotypes are a creative approach to the printmaking process. They offer the flexibility and freedom to create prints often using drawing and painting techniques. Monotypes unlike other printing methods do not require a press. They offer the exciting freedom to work with a variety of materials and methods that give you the opportunity to create with spontaneous and often surprising results. We will explore a variety of techniques and impressions that can be created by combining these techniques and simple materials to achieve a

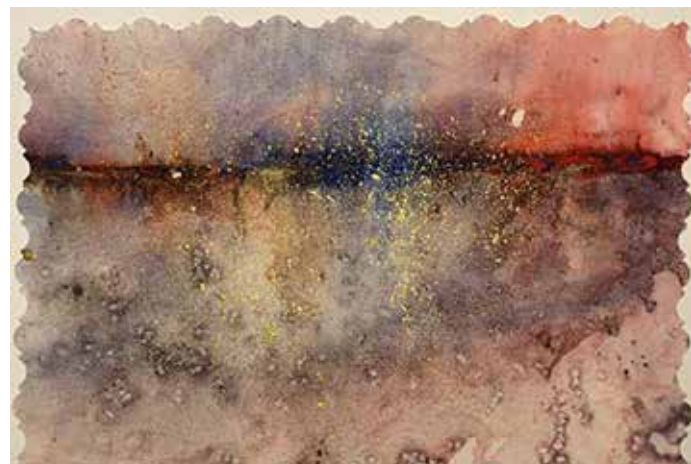
creative understanding of printmaking. Versatile printing methods for seasoned artists and beginners alike \$10 materials fee.

Saturday 11/7 9:30 am–3:00 pm NL Adult Education 1 Class
Resident \$59/Non-resident \$64 Instructor: Laura LoTurco-Gorian

201 In The Creative Spirit: A Creativity Workshop

Everyday life offers a wealth of material you can use to nurture a creative life. This workshop helps you cultivate your individual voice through the written word and a personal vision in various art mediums including painting, drawing and collage. Emphasize the connection between creative ideas and document your personal voyage into living more creatively. Creative writing through prompts, doodling, notation, planning, and visualization will lead you into this journey. \$10 materials fee.

Saturday 10/17 9:30 am–3:00 pm NL Adult Education 1 Class
Resident \$59/Non-resident \$64 Instructor: Laura LoTurco-Gorian



202 Pastel Techniques Workshop

This workshop is a great introduction to materials and techniques



to get you started working in pastels. This versatile medium uses both drawing and painting methods. With the vibrancy of pure pigment, pastels create painterly images. In this workshop we will explore mark-making practices and pastel painting fundamentals as well as advanced methods to create our own work. This workshop is for

anyone wanting to explore and create a medium that has so many possibilities. No prior art training is necessary. \$10 materials fee.

Saturday 12/5 9:30 am–3:00 pm NL Adult Education 1 Class
Resident \$59/Non-resident \$64 Instructor: Laura LoTurco-Gorian



203 Watercolor for Relaxation

Take some time and relax learning the art of watercolor. Material list is available online & with registration.

Friday 9/18 1:00–3:00 pm 6 classes NL Adult Education or
Tuesday 9/15 6:00–8:00 pm 6 classes Fitch HS or
Thursday 9/17 6:00–8:00 pm NL Adult Education 6 classes
Resident \$89/Non-resident \$94 Instructor: Silvana Ten

204

Chrysanthemum Workshop

Learn the art of Sumi-e a traditional Japanese painting style. Please bring these materials that are required for the class: paper towels, water container, palette, newspaper and a cloth to clean brushes. All other materials are supplied for class time use.

Saturday 9/19 12:00–2:00 pm 1 class NL Adult Education
Resident \$54/Non-resident \$59 Instructor: Silvana Ten

205

Painting Cherry Blossom Workshop

Learn the art of Sumi-e a traditional Japanese painting style. Please bring these materials that are required for the class: paper towels, water container, palette, newspaper and a cloth to clean brushes. All other materials are supplied for class time use.

Saturday 9/19 9:00–11:00 pm 1 class NL Adult Education
Resident \$54/Non-resident \$59 Instructor: Silvana Ten



206

Fall Foliage & Faux Pumpkins

Skip the carving mess. Ready to level up your fall decor this year? Join us for Gilded & Glazed: A No-Carve Pumpkin Decoupage Workshop. Whether you're a seasoned crafter or can barely handle a pair of scissors, we'll show you how to transform a simple pumpkin into a stunning, boutique-worthy centerpiece using beautiful papers, patterns, and a little Mod Podge magic. No messy pumpkin guts. No dangerous carving tools. Just pure, cozy crafting.

Thurs. 10/15 6:00–8:00 pm NL Adult Ed 1 Class
Resident \$49/Non-resident \$55
Instructor: Tammy Algar

207

The Joy of Movies

Rupert Pupkin continues our popular film appreciation series. It will focus on viewing and discussing movies of various genres, including some obscure ones you may not have seen. The course venue is the BP Learned mini theater, which has a large screen and comfortable seats. If you love films, you'll love this course. The movie list will be posted on the NLAE website.

Wednesdays 9/30, 10/7, 10/14, 10/21, 10/28 and 11/4 5:30–8:30 pm 6 classes
BP Learned Theater, 40 Shaw St, New London
Resident /Non-resident \$30
Instructor: Rupert Pupkin



208**Express & De-Stress: Healing Through Art**

Unwind, explore, and reconnect with your creativity in Express & De-Stress: Healing Through Art. This therapeutic art class is designed to help you release stress, quiet your mind, and express emotions through painting, drawing, and mixed media techniques. With a focus on mindfulness and self-expression, you'll experiment with colors, textures, and freeform creativity—no prior art experience needed! Whether you're looking to relax, gain insight, or simply enjoy the process, this class offers a safe and supportive space to create with intention. Lesson Ideas: Mandalas, Zen Doodling, Junk Journals.

Thursday, 11/12, 11/19, 12/3 6:30-8pm NL Adult Education
Resident \$54/Non-resident \$59 Instructor: Brooke Bracket

**209****Zentangle Fall Bounty**

Using colored pencils and black ink, create a 5x7" representation of corn & gourds with new zentangles and learn shading and coloring techniques. All materials provided. \$12 material fee paid to the instructor at time of class.

Tuesday 10/20 6-7:30 pm
New London Adult Ed

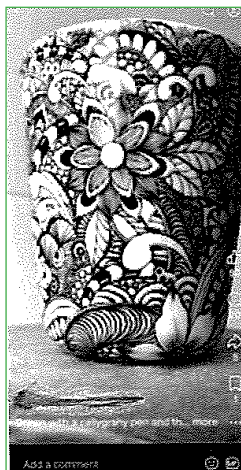
Resident \$30/Non-resident \$34
Instructor: Heather McNeil CZT

**210****Zentangle Gemstone**

With colored pencils and black ink, learn how to create realistic gemstones and zentangle design frames. All materials provided. \$15 material fee paid to the instructor at time of class.

Monday 11/23 6:00-7:30 pm 1 Class
New London Adult Ed

Resident \$30/Non-resident \$34
Instructor: Heather McNeil CZT

**211****Zentangle Holiday Hug**

Create a one-of-a-kind gift for the holidays or keep for yourself! Create Zentangle designs with ceramic markers on a white mug. Students may purchase an extra white mug at class for \$5 if they want to make another one at home. All materials provided. \$15 material fee paid to the instructor at time of class.

Thursday 12/10 6:00-7:30 pm 1 Class
New London Adult Ed

Resident \$30/Non-resident \$34
Instructor: Heather McNeil CZT

212**Italic Calligraphy Basics**

Students will learn the basics of italic calligraphy and ways to personalize their writings with accents and flourishes. A felt tip pen will be provided, however, students may purchase and bring with them a Speedball Calligraphy fountain pen to practice with as well.

Saturday, 9/19 or 10/24 10:00 am-Noon NL Adult Education 1 class
Resident \$49/Non-Resident \$54 Instructor: Suzanne Haulotte

**213****Learn Acrylic Pouring Techniques**

Learn exciting Acrylic Pouring Techniques with instruction to discover your inner artist! Using everyday products and items, you'll create your own wonderful, abstract artwork that you'll be proud to frame. Classes will include information on materials & products, paint delivery systems, and introductory and advanced techniques. During the 4-week course, you'll receive a kit including everything you'll need, including a way to transport your pieces home. Bring only your desire to learn something new and get creative! \$50 Materials Fee, payable to Instructor the first day of class.

Saturday 9/19 10:00am-Noon 4 class NL Adult Education
Resident \$59/Non-resident \$64 Instructor: Nina Murphy

214

Beginner and Refresher Knitting

Get those fingers moving and learn the simple basics of casting on, knit and purl, binding off, reading a pattern and perhaps a few simple stitches to get you going on a fun project.

Materials for the class: Pair size 9 or 10 inch (bamboo or wood), Knitting needles (old style metal is ok too), And one skein of DK yarn worsted weight yarn not wool or fuzzy yarn)

Tuesday 9/15 12:30–2:30 pm 4 classes

NL Adult Education

Resident \$79/Non-resident \$84

Instructor: Susan Fine



215

Beginner Crochet Evening

Take a class in crochet and learn basic crochet steps such as single crochet, double crochet and triple crochet. Choose to make a project such as a shawl, blanket, or afghan and more.

Material List: needle sizes 2.75mm or 3.25mm for cotton thread and 3.75mm to 4.5mm for acrylic or wool thread and stitch markers/crochet markers and small scissors.

Thursday 9/10 6:30–8:30 pm 10 classes

Friday 9/11 1:30–3:30 pm 10 classes

New London Adult Education

Resident \$104/Non-resident \$109

Instructor: Judy Telemaque



Classes at Montville Florist 315 Norwich New London Tpk., Uncasville

216

Saying Hello to Autumn

While Summer isn't over officially, we are preparing to welcome Autumn into our homes, our lives and décor. In this class, you will be creating a lovely, long-lasting arrangement in a charming basket. Learn the basic rules that all beautiful floral designs follow and learn a few rules that we can break as well. Saying good-bye to Summer doesn't have to be sad when you are enjoying a masterpiece that you created! All tools, materials and instructions are provided!

Tuesday, 9/8 6:00–7:30 pm

Resident \$65/Non-resident \$70

217

Hello Gorgeous!

Learn the tips, tricks and shortcuts floral designers use to make their arrangements truly something special. You will leave with an enchanting arrangement that you created and one you can recreate again and again. All tools, materials and instructions are provided.

Tuesday, 10/6 6:00–7:30 pm

Resident \$65/Non-resident \$70

218

Lasting Impressions

Imagine how impressed your family and friends will be when they see the amazing wreath you created. We will be fashioning our works of art using fresh foliage and fresh flowers, then allowing them to dry in place. This perfect picture design will grace your wall or inside door; or you can use the wreath to surround a hurricane and candle creating an appealing cozy centerpiece. All tools, materials and instructions will be provided.

Tuesday, 10/20 6:00–7:30 pm

Resident \$65/Non-resident \$70

219

Orchids Don't Like Ice Cubes

No matter what the tag tells you, no matter what your neighbor says, and no matter what social media shares – orchids don't like ice cubes. Now that the weather has turned, and we are getting cozy in our homes – an orchid may be just what you need to brighten up your space. Their dark green leaves, their

graceful blooms add so much to your décor. All attending will learn how to care for, water, repot and prune your orchid. All materials and instructions are provided.

Tuesday, 11/3 6:00–7:30 pm

Resident \$65/Non-resident \$70

220

Giving Thanks

This is the season for giving thanks, for focusing on all we have to be thankful for and sharing our gratitude with others. Flowers. With your family and friends gathered around your table, go ahead and brag about the arrangement you created to honor the day. This arrangement will last longer than the apple pie and won't add inches to your waistline. All tools, materials and instructions are provided.

Tuesday, 11/17 6:00–7:30 pm

Resident \$65/Non-resident \$70

221

The Wonder of Winter

Greet your guests with a magnificent creation that you made! The base will be fashioned from a variety of fragrant evergreens, firs and pine; then you will dress up your creation with glass ornaments, cheerful ribbons, pinecones and your imagination. Maybe you are going to keep it for yourself or give it as a gift – either way this wreath will get you and all into the holiday spirit!

Tuesday, 12/1 6:00–7:30 pm

Resident \$65/Non-resident \$70

222

Christmas Coziness

Don't you love the scent of fresh evergreens and soft coziness candlelight provides? When you add these two things together, great things are going to happen! Slender taper candles will be nestled into a bed of fragrant evergreens and further enhanced with long lasting blooms, pinecones, charming ribbon and ornaments. Whether you keep this arrangement for yourself or you give this as a gift, everyone who sees it will be impressed. All tools, materials and instructions are provided.

Tuesday, 12/15 6:00–7:30 pm

Resident \$65/Non-resident \$70



223 Felting

Expand your felting skills. Participate in two 4-hour workshops to complete a 3D sculpture including an armature in September. In October we will wet felt a vessel with a resist and complete a 2D wall art called painting with wool.

Saturday 9/12 and 9/26 Saturday 10/10 and 10/24 10:00 am–2:00 pm
NL Adult Ed 1 Class Resident \$64/Non-resident \$69 Instructor: Donna Corna

224 Felting Basics

In November class will participate in making pumpkins, gnomes, and 2D pillow art.

Saturday 11/7 and 11/14 10:00 am–12:00 pm NL Adult Education 1 Class
Resident \$44/Non-resident \$49 Instructor: Donna Corna

228 Homemade for the Holidays: Creative Gifts & Keepsakes

Discover the joy of making thoughtful, one-of-a-kind gifts in this hands-on crafting class. From eco-friendly beeswax wraps and wood-burned trays to air-dry clay trinket dishes and other handmade treasures, each project is designed to be both practical and beautiful. Along the way, you'll learn techniques for working with a variety of materials while adding your own creative flair. Whether you're crafting for loved ones or creating keepsakes for yourself, this class is the perfect way to explore your creativity and bring a personal touch to every gift. Make beeswax wraps, air dry clay dishes, custom sweatshirts.

Monday 11/30, 12/7, 12/14 6:00–7:30pm NL Adult Education Resident \$54/Non-resident \$59 Instructor: Brooke Bracket

225 Creative Cutting: Cricut Art & Design

Unlock the full potential of your Cricut machine in this hands-on class designed for beginners. Learn how to design, cut, and create stunning personalized projects using vinyl, cardstock, and sticker paper. From custom home décor and gifts to intricate paper crafts and iron-on designs, this class will guide you through essential techniques, tips, and creative tricks to personalize any project. If you're looking to perfect those basic techniques or start your Cricut journey, Creative Cutting is the perfect place to bring your ideas to life! Lesson Ideas: Custom Stickers/ Labels, Simple Vinyl Decals, Cardstock Cutouts.

Wednesday October 14, 21, 28 6:00–8pm NL Adult Education
Resident \$54/Non-resident \$59 Instructor: Brooke Bracket

226 Creative Cutting: Cricut Art & Design Part 2

Take your Cricut skills to the next level in Part Two of Creative Cutting! This class is designed for those who already have some experience with their Cricut and are ready to dive deeper into more advanced techniques. Learn how to create detailed sticker designs, and experiment with specialty materials like heat-transfer vinyl and adhesive foil. We'll also explore more advanced features in Cricut Design Space to help you customize projects with precision. By the end of this course, you'll have the confidence and know-how to tackle complex designs and bring your creative visions to life with professional polish. - Iron-on Designs, Personalized stamps, Foil Transfers, Custom Stickers/ Tattoos

Wednesday November 4, 11, 18 6:00–8pm NL Adult Education
Resident \$54/Non-resident \$59 Instructor: Brooke Bracket

227 Gel Printing

This class is a nice introduction to print making. You will learn printing techniques using a Gel print plate. Gel printing is a fun layering process. It's quick and beginner friendly.

Artist apply a thin layer of paint using a brayer. Stencils and textures are applied, then the image is lifted off the plate (transferred) to paper. Material list available at first class.

Thursday 9/17 1:30–4:00 pm 6 weeks NL Adult Education
Resident \$95/Non-resident \$99 Instructor: Andrea Team





300 Estate Planning

Avoid leaving your loved ones behind without an Estate Plan. Give your heirs peace of mind and prevent potential conflicts. Come and learn more at this group presentation, and take the guess work out of some of the most important decisions affecting your Estate.

Thursday 10/15 6:00 pm OLMS Tuesday 10/13 6:00-8:00 pm Waterford HS
Resident \$14/Non-resident \$19 Instructor: Abbas Danesh

301 Social Security Planning

This informative presentation covers the basics of Social Security and reveals strategies for maximizing your benefits.

Monday 9/14 or Tuesday 10/6 or Wed. 11/11 6:30–8:30 pm Live-OnLine
Resident \$19/Non-Resident \$24
Instructor: Charles Yannich



302 Retirement & Tax Planning

This educational event will cover the basics of Required Minimum Distributions and Tax planning to optimize your after-tax income. Let's make sure you are in the driver's seat and IRS in the trunk.

Tuesday 9/29 6:00–8:00 pm Waterford HS
Thursday 10/1 6:00-8:00 pm OLMS 1 Class
Resident \$14/Non-resident \$19 Instructor: Abbas Danesh

303 Avoiding Common Investing Errors: Behavioral and Practical Pitfalls

Investing can be a valuable way to build wealth—but it's also easy to make mistakes that can hinder your progress. This class explores some of the most common investing pitfalls, offering practical insights to help you make more informed and disciplined financial decisions.

Wednesday 9/23 & 10/14 6:30–8:30 pm
One Session 90 min New London Adult Education
Resident \$15/Non-Resident \$19 Instructor: Marc Lowe CFP

304 The 3 Most Dangerous Trends Affecting Today's Retirees

Retirement today isn't what it used to be—and for many, that means facing a new set of risks that weren't on the radar a generation ago. In this eye-opening class, we'll take a deep dive into the three most dangerous trends currently impacting retirees and pre-retirees alike. These include financial, economic, and lifestyle shifts that could derail even the best-laid retirement plans. Perfect for individuals and couples who want to stay ahead of the curve and retire with confidence.

Wednesday 9/16 & 10/7 6:30–8:30 pm
One Session 90 minutes New London Adult Education
Resident \$15/Non-Resident \$19 Instructor: Marc Lowe CFP

Make an Investment in Your Future

Earn your High School Diploma from New London Adult Education

Adult High School Credit Diploma

The AHSCD Program offers individuals 17 years of age and older an opportunity to enroll in a variety of credit-bearing classes to complete their education and earn an adult high school diploma.

General Educational Development (GED) Test Preparation

The GED examination is a computer-based test that is aligned to the Common Core State Standards (CCSS) and reflects the knowledge and skills needed for college and career success. Intensive GED preparation classes are offered in English and Spanish, both day and evening, to help students meet the rigorous requirements of the test. New London Adult Education is an Official GED Testing Site.



400**Basics for Learning to Use Your DSLR Camera**

Is your digital camera still sitting unused? Are you frustrated trying to learn how all the buttons work and are you not sure how to use or understand it? This class teaches the basics of how the camera functions, the correct setup, shooting modes, and the camera menus. Our focus is to help you gain experience and understanding on how to use the camera to its maximum advantage. We also work on downloading your photos, organizing, storing, and maintaining your files. There will be field trips outside to practice your new skills, weather permitting. Please bring your cameras and charged batteries to every class and let us take you to a new level. You will leave with a stronger foundation and confidence using your camera.

Tuesday 9/15 6:00–8:00 pm 8 classes Waterford HS Resident \$144/Non-Resident \$149 Instructor: Lee Palombo & Gregg Jacobson

401**Photo Composition 1**

This class will teach you about composing your pictures and guide you in finding your style. Are you a portrait photographer, do you like food photography, sports, maybe pets are where you are at. Landscape and lines to guide you? Are you a method photographer or are you flexible? Let us spend some time focusing on where you want to photograph. We go on field trips around the area to practice and discuss photo editing. Bring your cameras & charged batteries to each class.

Saturday 10/10–11/14, 6 classes 10:00 am–noon NL Adult Ed

Resident \$84/Non-Resident \$89

Instructors: Lee Palombo & Gregg Jacobson

402**Smartphone Photography**

This class is dedicated to help you understanding how to use your smartphone photography, how to create great images on your phone, what editing apps to use, how to share and print your images. Join Steve as we go over how to find out how to use essential controls on your phone along with the best free and

low-cost tools for editing and image.

Thursday 9/17, 9/24, 10/1, 10/8, 7:30–9:00 pm

Online using Zoom 3 Classes Resident \$74/Non-Resident \$79

Instructor: Steve McGrath

403**Advanced Smartphone Photography**

This class is dedicated to helping you advance your understanding of how to use your smartphone photography and manual controls like ISO, shutter speed, aperture, and how to take great images on your phone. Learn what editing apps to use to give you more control if your Smartphone doesn't have them, and what equipment you can use to help your images, like telephoto lenses, tripods, filters. Join Steve as we go over how to use the essential controls on your phone along with the best free and low-cost tools for editing and image management. And updated Handouts!

Thursday 10/22, 10/29, 11/5, 11/12 7:30–9:00

Online using Zoom 4 Classes Resident \$74/Non-Resident \$79

Instructor: Steve McGrath

404**Digital Photography for Newbies**

Here's a chance to learn from an expert in this seminar for beginners. Have your camera ready and learn when and how to use its special features – such as program mode, manual mode, aperture priority and shutter priority.

Thursday 9/17, 9/24, and 10/1, 10/8, 10/15 from 5:30–7:00 pm

Online using Zoom 3 Classes Resident \$84/Non-Resident \$89

Instructor: Steve McGrath

405**Digital Photo 2 Intermediate**

This class we will explore the use of intermediate camera controls such as metering (spot, matrix, center weight), exposure and exposure compensation, ISO, aperture and shutter priority. Take an in-depth look at manual focus and its use, fill flash and flash modes, as well as controlling motion, composition, and many other intermediate and advanced techniques.

Thursday 10/29, 11/5, 11/12, 11/19 and 12/3 5:30–7:00 pm

Online using Zoom 5 Classes Resident \$84/Non-Resident \$89

Instructor: Steve McGrath

406**Portrait & Pet Photography**

Learn how to work with all different types of subjects, from individuals and groups to children and pets. Steve will explain the nuances of lighting and posing, how to shoot in studio or on location, and how to master the gear you will need to create inspiring work!

Thursday 12/10, 12/17 5:30–7:00 pm Online using Zoom 2 Classes

Resident \$54/Non-Resident \$59 Instructor: Steve McGrath

407**How to Photograph Snowflakes**

In this class, we are going to use our Macro/Close Up settings, lenses, filters and lighting to take some awesome images of snowflakes and go over the controls to capture them using our aperture, ISO Exposure Compensation and Composition, which is important with the Snowflakes. This is for digital camera or a smartphone.

Thursday 12/3, 12/10 7:30–9:00 pm

Online using Zoom 2 Classes

Resident \$54/Non-Resident \$59

Instructor: Steve McGrath



LANGUAGE



500 Spanish for the Beginner

The goal of this course is to help you develop basic Spanish communication skills. In this class, we will emphasize practical conversational techniques and pronunciation with lessons in grammar, reading and writing.

Tuesday 9/15 4:00–6:00 pm NL Adult Education or Tuesday 9/15 6:30–8:30 pm Waterford HS 8 Classes Resident \$119/Non-Resident \$124
Instructor: Nancy Vega

501 Spanish 2

Continue your Spanish studies with Nancy Vega. The class will begin where Spanish for the Beginner ended. Cost of the text is \$30 if you do not have the textbook from the previous class.

Thursday 9/17 4:00–6:00 pm or Thursday 9/17 6:30–8:30 pm NL Adult Education 8 Classes Resident \$89/Non-Resident \$94
Instructor: Nancy Vega

502 Beginning American Sign Language

Explore the world of manual communication. Learn the alphabet, how to finger spell, and more.

Monday 9/14 6:00–9:00 pm or Thursday 9/17 6:00–9:00 pm NL Adult Education 8 Classes Resident \$154/Non-Resident \$159
Instructor: Donna Haggerty

503 Advanced ASL

This course is designed for those who want to expand their ASL Vocabulary.

Tuesday 9/15 WHS 8 Classes 5:30–8:30 pm Resident \$154/Non-Resident \$159
Instructor: Donna Haggerty

504 French for the Beginner

Start on your exploration of the French language from the beginning. Start with the basics and build your vocabulary. French Dictations by a native speaker so that students can develop the EAR for the French language Textbook included in cost of class.

Saturday 9/12 12:30–2:30 pm 11 weeks NL Adult Education Resident \$144/Non-Resident \$149
Instructor: Judy Telemaque

505 French 2

Continue your study of the French language. New Textbook is included in the cost of the class.

Saturday 9/12 8:30–10:00 am 11 weeks NL Adult Ed Resident \$144/Non-Resident \$149
Instructor: Judy Telemaque

506 Developing French Conversation

This class is a continuation of developing your skills in the French language. It involves interpreting and conversation on readings, listening and interpreting French movies and conversation about everyday life. Guest speakers will also be present. (Beginner French and French 2 are suggested).

Saturday 9/12 10:30–12:00 pm 8 weeks NL Adult Ed Resident \$144/Non-Resident \$149
Instructor: Judy Telemaque



TECHNOLOGY



600 MS WORD 101

Learn the basics of Microsoft WORD, a versatile program that has many uses in your daily life.

Thurs. and Fri. starting 10/22 & 10/23 12:30–2:30 pm at NL Adult Ed 10 Classes Resident \$74/Non-Resident \$79
Instructor: Soufyane Ballouki



601 MS EXCEL 101

Learn the basics of Microsoft EXCEL, a versatile program. Checkbook balancing, inventory & more.

Thurs. and Fri. starting 12/3 & 12/4 12:30–2:30 pm at NL Adult Ed 10 Classes Resident \$74/Non-Resident \$79
Instructor: Soufyane Ballouki

If you are not comfortable using a computer or do not have basic computer skills, please enroll in the Computer Basics class to support you first. Once you complete that, you will be better prepared to take Excel or Word.



602 Beginner's Computers

Learn basic skills such as turning a computer on and off, using a mouse and keyboard, navigating the desktop, and using common programs.

Thursday and Fridays starting 9/17 – 9/18 12:30–2:30 pm NL Adult Ed 10 Classes Resident \$94/Non-Resident \$99
Instructor: Soufyane Ballouki



700 Guitar for Beginners

We'll cover guitar fundamentals like tuning and caring for your instrument, strumming and picking techniques, basic and advanced chords, classic riffs and easy to play songs. Just bring your enthusiasm and your guitar!

Tuesdays 9/22 6:00–8:00 pm 6 Classes,
New London Adult Ed Resident \$114/
Non-Resident \$119 Instructor: Ethan Cash

701 Ukulele for Beginners

Learn to strum and sing with simple songs everyone knows and loves. Players brand new to ukulele should attend. Ukes may be available to borrow for in-class use.

Wednesday 9/23 6:00–7:30 pm
NL Adult Education 6 Classes
Resident \$75/Non-Resident \$79
Instructor: Amanda Kennedy

702 Beginner Ukulele

You will learn essential chording and strumming skills using familiar songs and you don't have to read music.

On-line Tuesday 9/29, 10/6, 10/13 and 10/20
or Tuesday 10/27, 11/3, 11/10 and 11/17
On-line 6:00–7:30 pm 4 classes
Resident \$74/Non-Resident \$79
Instructor: Duncan Perry



703 Instant Ukulele for Hopelessly Busy People

In just a few hours you can learn enough about playing the ukulele to give you years of musical enjoyment and you won't have to take private lessons to do this. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online recorded follow up lessons, a recording of the class and also access to optional live periodic question and answer sessions at no additional cost. Class is online using zoom and is partly hands on and partly lecture/demonstration. For ages 13+.

Thursday 11/12/2026 6:30 – 9:00 PM
One Class – Live-On-line Zoom
Resident \$64/Non-Resident \$69

704 Instant Guitar for Hopelessly Busy People

This crash course will teach you some basic chords and get you playing along with your favorite songs. The class includes an online book and online follow-up video lessons to continue your practice and study on your own. For ages 13+.

Tuesdays 11/10, 6:30–9:00 pm
One Class – Live-OnLine Zoom
Resident \$64/Non-Resident \$69



705 Instant Piano for Hopelessly Busy People

Learn to play piano the way professionals do—using chords. The course includes an online book and online follow up video lessons to continue your practice and study on your own. Course is partly lecture/demonstration and partly hands-on instruction.

Monday 9/7 6:30–9:00 pm
One class – Live-OnLine Zoom
Resident \$64/Non-Resident \$69

706 Learn to Play Conga

You will learn a brief history of the drum and how to tune and maintain your drum. Learn hand positioning, tones, techniques and different rhythms and patterns. The course will provide a cool understanding for the beginner and intermediate drummer to enhance and enjoy their drumming experience for years to come. Bring your drum to class. If you do not have a drum, one may be available.

Tuesday 9/15 6:00–8:30 pm
NL Adult Education 6 Classes
Resident \$109/Non-Resident \$114
Instructor: Doc Frazier



FITNESS & HEALTH

800

Tai Chi Qigong Baduanjin (8)

Tai Chi Qigong “Ba Duan Jin” is easy to learn and has many healthy fitness effects. Great exercise for everyone.

Monday 9/14 4:30 – 5:30 pm 8 Classes NL Adult Education
Resident \$114/Non-Resident \$119 Instructor: Yuehua

801

Tai Chi Level 1 (10 Form)

For centuries, millions from all ages have practiced Tai Chi daily. Practicing Tai Chi results in improved circulation, digestion, coordination, strength, and flexibility.

Monday 9/14 5:35–6:35 pm 8 Classes NL Adult Education
Resident \$114/Non-Resident \$119 Instructor: Yuehua

802

Reiki Level One

Reiki, pronounced (Ray Key), is an ancient Japanese healing art used for stress reduction, relaxation and promotes healing. Each student will be attuned to Usui Reiki & Angelic Reiki Level One. You will learn the history of Reiki, how to use Reiki for yourself and to assist others, meet your Guide, and much more. After the class is completed, you will receive a certificate as a Level One Reiki Practitioner. \$15 Materials Fee paid to the instructor.



Wednesday 9/16 6:00–8:00 pm 4 classes NL Adult Education
Resident \$120/Non-resident \$125 Instructor: April D'Amato

803

Meditation for Everyone

Spend an hour learning about and practicing different meditation techniques. Meditating is a scientifically proven method for improving health and well-being. This class will give a broad outlook and basic understanding for why and how it works.

Monday 9/21 1:00–2:00 pm 10 weeks NL Adult Education
Resident \$44/Non-resident \$49 Instructor: Andrea Team

807

G's Fitness Strength Training

If you're interested in feeling stronger, healthier, and more vital, this program is for you. This strength-training program was developed by certified personal trainers who have a degree in exercise science. Choose a start date of Sept. 1 or Oct. 1.

Unlimited Sessions within a 4-week period Monday – Friday

Sessions conducted at G's Fitness & Nutrition, Waterford
Classes meet during these times:

8:00-8:30 am or 12:00–12:30 pm
1:00-1:30 pm or 2:00–2:30 pm or 6:00–6:30 pm
Resident \$130 Non-Resident \$135



804

Adult Beginner Ballet

This class is for adults who are new to ballet or dancers who are looking for a slower pace. Most of the class will consist of barre work, with some floor exercise afterward. No experience is necessary. The class will be tailored to the students' experience. Please wear ballet attire or form-fitting activewear and ballet shoes or socks (no sticky socks).



Wednesday 9/16 6:30–8:30 pm 8 Classes NL Adult Education
Resident \$79/Non-Resident \$84 Instructor: Emily Semmelrock

805

Tae Kwon Do

Tae Kwon Do classes at New London Adult Education are fun, energetic, and a fantastic workout. Open to students of all ages, the class provides opportunities to improve fitness, learn new skills, and build confidence. Students learn in an environment that encourages teamwork, self-development, and safety. Students in this introductory class are welcome to wear a martial arts uniform or comfortable clothing. Dr. Brian Maguire has been practicing and teaching Tae Kwon Do for over four decades.

Tuesday 9/15 7:00–8:00 pm NL Adult Education 8 classes
Resident \$99/Non-resident \$104 Instructor: Dr. Brian Maguire

806

Morning Chair Yoga for all ages with music

Chair Yoga offers numerous benefits!

It helps increase range of motion in joints that may feel stiff due to aging. It helps improve flexibility, mobility and makes daily tasks easier. Also it makes lots of fun and supports physical, mental and emotional well being!



Wednesday 9/16 10:30-11:30 am NL Adult Education 8 Classes
Resident \$74/Non-Resident \$79 Instructor: Lisa Terenzio

808

G's Small Group Training

In a group setting, this training offers a variety of strenuous exercises to garner better physical results such as an increase in aerobic and anaerobic fitness, tone muscles, increase flexibility, improve balance and coordination. Choose a start date of Sept. 1 or Oct. 1.

Unlimited Sessions within a 4-week period Monday – Friday

Sessions conducted at G's Fitness and Nutrition, Waterford.
Classes meet at these times:

6:00 am or 7:30 am or 8:00 am or 11:00 am
12:00 pm or 1:00 pm or 5:00 pm or 6:00 pm
Resident \$130/Non-Resident \$135



809

Pet First Aid & Disaster Response

This unique course is ideal for all pet owners and pet caregivers. "Pet First Aid and Disaster Response" covers common health and safety related issues, CPR, first aid basics, when to seek professional care, and disaster planning steps for proper care of pets. Pet America Certificate.

Tuesday 10/6 6:00–9:00 pm

NL Adult Education 1 Class

Resident \$84/Non-resident \$89

Instructor: Emergency Training Services



810

Stop the Bleed

The purpose of the class is to make you better prepared to save lives if people nearby are severely bleeding. This class is done by raising awareness and teaching people how to learn three quick actions to control serious bleeding.

Tuesday 10/27 6:00–8:00 pm NL Adult Education 1 Class

Resident \$14/Non-resident \$19 Instructor: Emergency Training Services

811

CPR with AED & Standard First Aid

This course will teach you how to recognize and treat life-threatening emergencies, cardiac arrest, and choking in adults, children, and infants. Defibrillator and infant training will also be taught. This program meets OSHA requirement standards for emergency care training in the workplace. A National Safety Council CPR and First Aid Certification will be presented upon completion of this course.

Tuesday 11/3 6:00–9:00 pm NL Adult Education 1 class

Resident \$84/Non-resident \$89 Instructor: Emergency Training Services

812

Personal Safety & Self Defense for Seniors

As we age, our bodies become slower and weaker, which can make us a target for criminals. In fact, the rate of violent crime against people over 60 has increased over the last two decades. In (4) two-hour sessions, we focus on situational awareness and basic self-defense tactics. The class is geared for ages 60 and up. Age and physical limitations do not have to prevent you from learning how to protect yourself. Please come in gym attire suitable for physical activity.

Tuesday 11/3, 11/10, 11/17, 11/24 10:00 am–12:00 pm NL Adult Ed

4 classes Resident \$44/Non-resident \$49 Instructor: Frank Dawson

813

(SAFE) Basic Self-Defense for Women

(SAFE) Situational Awareness & Fundamental Empowerment is a one-day workshop for woman, that explores real world violence and offers a pragmatic

approach to personal safety. This program examines predator behavior, promotes situational awareness, with a focus on practical self-defense skills. Our 5-hour workshop is both informative and empowering and geared towards all fitness levels. Program includes strong language and content and is generally not advised for those age 18 or under with out a female parent or guardian present. Please come in clothing suitable for physical activity. 8 seats max.



Saturday 11/21 9:00 am–2:00 pm NL Adult Education 1 Class

Resident \$49/Non-resident \$54

Instructors: Frank Dawson & Jennifer Thornell

PERSONAL GROWTH

900

Whispers from Heaven

This class/event helps you to experience the energy and messages that come through in a psychic mediumship reading. This is not a taught class, but an opportunity to be read in a smaller setting.

Wednesday 9/16 6:00–8:00 pm 1 Class or

Friday 10/2 1:00–3:00 pm 1 Class or

Friday 11/20 1:00–3:00 pm 1 Class

NL Adult Ed Resident \$39/Non-Resident \$44

Instructor: Patricia Griffin



901

Family Law 101

Learn the fundamentals of family law and the priorities of the family court. We will cover divorce, custody, child support and related matters as well as basic pleadings and procedure.

Tuesday 9/22 6:00–8:00 pm NL Adult Education

1 Class Resident \$55/Non-resident \$59

Instructor: Lisa Terenzio

902

Real Estate Law 101

Learn the basics of real estate law including title, liens, land records and more. Gain a basic understanding of residential closings, mortgages, deeds and how title passes from one party to the next.

Tuesday 9/29 6:00–8:00 pm NL Adult Education

One 2-hour workshop Resident \$55/

Non-resident \$59 Instructor: Lisa Terenzio

OUTDOOR SPORTS



1000

Learning the Fundamentals of Golf

Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. Please bring a putter, 3 wood, 7 iron, and pitching wedge. Equipment is available to borrow if needed. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students.

Wednesday 9/2 10:00–11:00 am or 6:00–7:00 pm 5 Classes Great Brook Driving Range
Resident \$225/Non-Resident \$230 Instructor: Christopher Hedden

1001

Golf for Ladies Only

This class is for women who want to learn the art of golf. Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. Each lesson is one hour. Please bring a putter, 3 wood, 7 iron, and pitching wedge. Equipment is available to borrow if needed. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students.

Thursday 9/3 10:00–11:00 am or 6:00–7:00 pm
Tuesday 9/1 10:00–11:00 am or 6:00–7:00 pm 5 Classes Great Brook Driving Range
Resident \$225/Non-Resident \$230 Instructor: Christopher Hedden

1002

Youth Golf Lessons (ages 8-15)

These classes are for youth ages 8-15 who want to learn the art of golf. Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. There is a small fee for a bucket of balls. Each lesson is one hour. Class size is limited to 10 students. 5 Classes

Saturday 9/12 11:00 am–12:00 pm Great Brook Driving Range Resident \$225/Non-Resident \$230 Instructor: Christopher Hedden

CULINARY

2000

Pasta & More

Please join me as we make pasta with sauces. There is something for beginners and returning students alike. We will be combining skills of pasta making with sauces to sample at the end of class. As a group we will learn how to make pasta, and I will be demonstrating three different sauces which pair with each of the pastas perfectly. The menu for this session will include Spaghetti and pancetta and cherry tomato sauce, Gnocchi with Basil Pesto, Lemon Ricotta Ravioli and Brown Butter Sage Sauce. The classes will be three consecutive weeks concentrating on one pasta and one sauce each class. Don't forget your aprons and appetites for learning and sampling our pasta together! Bring containers to bring home your pasta!

Tuesday 9/22 5:30–8:00 pm Waterford HS 3 Classes
Thursday 10/22 5:30–8:00 pm NL Adult Education
Res. \$109/Non-res. \$114 Instructor: Kay Ellen Bernardo



2001

Cooking for Health

Come learn some basic home cooking methods. Make delicious dishes and snacks that are healthy, nourishing and easy. Each class will feature a snack such as protein bars and brownies, hearty soup ideas, sauces for pasta, etc. Emphasis on balancing protein with veggies. Material fee (TBD) paid to the instructor.

Friday 9/18 1:00–3:00 pm New London Adult Education 6 Classes Resident \$120/Non-resident \$125 Instructor: Andrea Team



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CULTURE ON WHEELS



Radio City Rockettes Christmas Spectacular

November 8, 2026 price \$203

Experience America's favorite holiday tradition. Enjoy the Parade of the Wooden Soldiers, the living nativity scene and all the glory of the Rockettes from your orchestra seat for the 5:00 pm show. There will be plenty of time before the show to enjoy the sights of New York in the Holiday Season and grab some lunch before the show. Depart Shaw's Cove 3 at 9:30 am.



Visit our website
(www.gocollette.com)
for the latest travel news
and updates.

Christmas in Newport

Sunday December 6, 2026

Price \$153 pp

The Breakers is the grandest of Newport's "cottages" and is the sumptuous mansion of Commodore Cornelius Vanderbilt. Enjoy magnificently decorated rooms, poinsettias, charming ornaments, trees, and wreaths.

Our Lunch will be at the Johnny's Restaurant at the Wyndham a beautiful hotel on the water in Middletown, RI. Menu: salad, choice of: chicken piccata baked stuffed scrod or pasta primavera, vegetable, potato, dessert, coffee, iced tea. Entrée Choice in Advance.

Marble House is the magnificent mansion of William Vanderbilt and is inspired by Versailles. Exquisite marble Corinthian columns with holiday decorations fill the mansion with beauty.



Self-Guided Audio Tours for the Newport Mansions are available to download on your smart phone.
Depart Shaw's Cove Three at 7:30am.

Information on Cruises

Contact Friendship Tours/Ship Shop for registration and Information on Cruises.

Ask for Donna or Barbara at 1-800-243-1630

Pacific Northwest & California June 14 – 21, 2027

From the wilds of Mount St. Helens to the shadow of giants in the Redwoods, fall under the spell of the Pacific Northwest and California. Travel along Oregon's beautiful coast, making stops at Yaquina Head Lighthouse, Newport, Bandon and Coos Bay. Explore Oregon's wilderness on a Rogue River cruise. Visit Redwood National Park's Avenue of the Giants. Cross the Golden Gate Bridge and discover the "City by the Bay," San Francisco. Explore the natural beauty from Seattle to San Francisco.



HIGHLIGHTS ... Seattle, Mount St. Helens Visitor Center, Portland, Columbia River Gorge, Hood River, Yaquina Head Lighthouse, Newport, Bandon State Natural Area, Rogue River Cruise, Redwood National Park, Avenue of the Giants, San Francisco.

Included in the Price: Round trip air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 12 meals. Cost from \$4029 dbl pp. Deposit due at time of reservation, final payment March 16, 2027.

Spirit of the American Southwest September 13-22, 2027

Journey through the American Southwest's storied landscapes, where striking canyons and red-rock formations are woven with ancestral histories and enduring Indigenous traditions. Get to know Santa Fe's historic plaza on a locally guided walking tour, and explore Bandelier National Monument, home to cliff dwellings and village ruins from Ancestral Puebloans. Visit the mesa-top Acoma Pueblo, continuously inhabited for nearly 1,000 years. Within Navajo Nation, take in the painted hues of Canyon de Chelly as your Navajo guide shares stories and history. Marvel at the towering monoliths of Monument Valley, and savor a traditional BBQ dinner under desert skies. Stay in Sedona and Scottsdale, two lively cities nestled within desert scenery. From desert cities to ancestral lands, explore the spirit of the region.



HIGHLIGHTS ... Santa Fe, Bandelier National Monument, Acoma Pueblo, Canyon de Chelly, Monument Valley, Scenic Outdoor BBQ, Sedona, Scottsdale

Included in the Price: Round trip air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers. 10 days- 14 meals: 9 breakfasts, 1 lunch, 4 Dinners. Cost from \$5629 dbl pp. Deposit due at time of reservation, final payment due June 15, 2027

Collette Travel Presentations at NLAE – Three Shaw's Cove, New London

Australia and Thailand Thursday, September 9, 2026 at 6:00 pm



Wonders of Thailand November 13-27, 2027

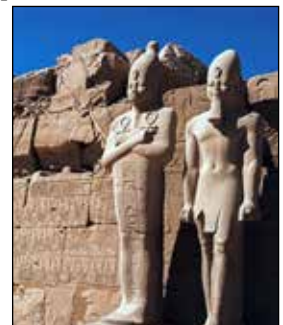
Delve into a land where bustling modern cities, ornate ancient temples, and stunning jungle beaches coexist. Discover the busy metropolitan roads of Bangkok by tuk tuk. Nosh on perfectly balanced street food. See intricate colored tiles and golden statues at Buddhist shrines. Explore the melting pot of culture and bright, eccentric Sino-Portuguese architecture in Phuket's Old Town. Relax at pure white sandy beaches overlooking turquoise waters beside verdant green jungles. Uncover the beautifully balanced mosaic of old and new, metropolitan, rural, and coastal in Thailand.

HIGHLIGHTS ... Bangkok, Reclining Buddha, Emerald Buddha, Bangkok Street Food, Choice on Tour: Suan Pakkad Palace Museum or Marble Temple, Sukhothai, Chiang Rai, The Golden Triangle, Chiang Mai, Elephant Experience in Chiang Mai, Lanna Home Visit, Home-Hosted Meal, Choice on Tour: Thai Massage or Dinner, Phuket, Tuk Tuk Ride

Included in the Price: Round trip air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 14 Breakfast, 6 Lunch, 4 Dinners. Cost from \$7,029 dbl pp. **Deposit due at time of reservation.**

Treasures of Egypt February 25 – March 9, 2027

Follow the allure of the Nile, uncover complex legends, and retrace the steps of the pharaohs in ancient Egypt. Stand in awe before the iconic Great Sphinx and the Pyramids of Giza – one of the Seven Ancient Wonders of the World. Embark on a 7-night cruise on the Nile, the world's longest river. In Luxor, explore the Valley of the Kings, the Temple of Queen Hatshepsut, the Colossi of Memnon, and the impressive Temple of Karnak. Partake in a special evening and dress up to join the fun at a traditional galabeya party. Take in the scenery aboard a felucca (wooden sailboat) during a scenic boat ride in Aswan. Egypt's fascinating story waits to be discovered.



HIGHLIGHTS ... Grand Egyptian Museum, Pyramids of Giza, Great Sphinx, 7-Night Nile River Cruise, Luxor, Temple of Karnak, Valley of the Kings, Queen Hatshepsut Temple, Kom Ombo, Aswan, Philae Temple

Included in the Price: Round trip air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 28 meals – 11 Breakfast, 8 Lunch, 9 Dinners. Cost From \$5,029 dbl pp. **Deposit due at time of reservation, final payment Oct 28, 2026.**

CULTURE ON WHEELS

South Pacific Wonders Sept. 28 – Oct. 12, 2027

See what life is like “Down Under” on this incredible journey along the coast of Australia and through New Zealand's South Island. From the tropical splendor of Australia's Great Barrier Reef to the ethereal beauty of New Zealand's glacial fjords, enjoy the best of the South Pacific.

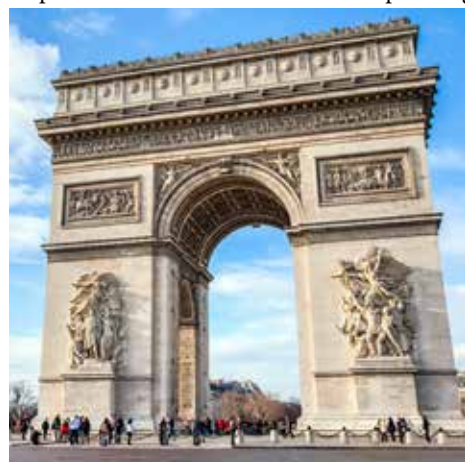
HIGHLIGHTS... Christchurch, Queenstown, Lake Wakatipu Cruise & Sheepdog Demonstration, Milford Sound, Cairns, Great Barrier Reef, Sydney Opera House

Included in Price: Round Trip Air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 8 Breakfasts, 14 days, 22 Meals. Cost from \$9029 dbl pp. Deposit due at time of reservation, final payment June 30, 2027



London & Paris: From Cosmopolitan Charm to Timeless Romance April 7–15, 2027

Experience two of the world's most captivating cities on one unforgettable journey. Begin in London with a walking tour of Westminster, taking in Big Ben, the Houses of Parliament, Westminster Abbey, and Buckingham Palace. Enjoy a traditional afternoon tea in Covent Garden and take in panoramic views of the city on the London Eye.*



Travel beneath the English Channel aboard the Eurostar to Paris—the “City of Light.” Discover iconic sights such as the Arc de Triomphe and Champs-Élysées, or explore the artistic Montmartre district. Enjoy leisure time to soak in Parisian life or join an optional excursion to the magnificent Palace of Versailles. Pay tribute to U.S. soldiers at the Suresnes American Cemetery before crafting your own signature scent during a hands-on perfume workshop led by a master perfumer.

HIGHLIGHTS... Walking Tour in London, Traditional Pub Dinner, London Eye, Covent Garden, Eurostar Train, Eiffel Tower Dinner, American Cemetery in Paris, Perfume Workshop

Included in the Price: Round trip air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Accommodations, 11 meals, 7 breakfasts, 1 Lunch, 3 Dinners. Cost from \$5,729 dbl pp. **Deposit due at time of reservation, final payment January 7, 2027.**

Coming in 2028

Start dreaming about your next adventure! We are exploring an exciting lineup of travel opportunities for 2028, featuring unforgettable destinations and experiences:

- **Iceland Northern Lights** – February
- **Spring European Tour** – April
- **Sonoma Valley Wine Country** – June
- **Domestic Summer Tour** – July
- **Italy** – September
- **Galápagos Islands & Peru** – December

Join our travel mailing list today and be among the first to receive trip details, presentations, and registration information as these exciting tours are announced! Or go to <https://mycollette.gocollette.com> to see what's coming next.

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www.newlondonadulthood.org



**The Board of Education through the Culture on Wheels Program at New London Adult and Continuing Education, offers trips to promote educational and cultural opportunities to the citizens of this region. The Board of Education through the Culture on Wheels program serves as a booking agent only, has no responsibility for any aspects of the trip, its driver or operations including departure or arrivals, schedules, or any loss to person and/or property, however caused during a trip.*

Enrichment Class Registration Form

Mail completed form to:
NLAE, Three Shaw's Cove, Suite 100
New London, CT 06320

Name _____ Home Phone _____

Address _____ Cell Phone _____

City/State/Zip Code _____

Email Address _____

Do you want to be added to our email list? YES ☐ NO ☐

CLASS #	CLASS NAME	CLASS LOCATION	COST

PAYMENT REQUIRED WITH REGISTRATION

Processing fee only when using a Credit Card - \$2.00

Total Due

Method of Payment:

Visa MasterCard Discover American Express

Credit Card Number _____

Expiration Date _____ Security Code _____

CHECK ENCLOSED _____



NEW LONDON
ADULT & CONTINUING EDUCATION



Use this QR Code to visit our website newlondonadulted.org
and see the full descriptions of the classes and trips.

Culture on Wheels Trip Registration Form

Mail completed form to:
NLAE, Three Shaw's Cove, Suite 100
New London, CT 06320

Name _____ Home Phone _____

Address _____ Cell Phone _____

City/State/Zip Code _____

Email Address _____

Do you want to be added to our email list? YES ☐ NO ☐

TRIP NAME	MEAL CHOICE - if required	COST

PAYMENT REQUIRED WITH REGISTRATION

Processing fee only when using a Credit Card - \$2.00

Total Due

Method of Payment:

Visa MasterCard Discover American Express

Credit Card Number _____

Expiration Date _____ Security Code _____



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