

New London

ADULT AND CONTINUING EDUCATION

FALL 2015

GED Prep Classes
English as a Second Language Classes
Citizenship Classes
Adult High School Credit Diploma
Enrichment Classes
Career Training Program
Culture on Wheels Travel Program

Serving and offering classes in...

New London, Lyme, Old Lyme, Montville, Waterford & Surrounding Areas

GENERAL INFORMATION



Dear Friends:

Welcome to our Fall 2015 semester! New London Adult and Continuing Education is committed to providing excellence in education by offering stimulating and innovative educational opportunities that meet the needs of our diverse community. We are very proud of our long-standing commitment to adult learners and continue to strive to offer state-of-the-art education, job skill training opportunities and special programs.

We have numerous programs to help you grow. We offer four levels of English as a Second Language classes to assist language learners in their quest to acquire English language proficiency.

Adult learners looking to complete their high school education can benefit from our High School Credit and GED Diploma Programs. Our U.S. Citizenship classes prepares students for the Citizenship test. These free classes are conveniently scheduled during the day and evening.

This semester, we will continue to collaborate with Three Rivers Community College by offering a Transitional Level Program for students who have completed high school. Our Even Start Program supports families by offering early childhood education for the children and adult education and parenting classes for their parents. The Transitions Program provides career exploration, training and college preparatory classes. I-BEST, our job skills training program, offers workforce education in areas that match local demand and show potential for growth. In partnership with the Eastern CT Workforce Investment Board (EWIB), we offer an Out-School-Youth Program that provides eligible students with workforce readiness skills, career exploration, education and training.

We invite you to visit our website www.newlondonadulthood.org and become familiar with the multitude of program and class offerings. There is truly something for everyone. To satisfy your lifelong learning goals, our Continuing Education/Enrichment Program offers a vast array of classes including online courses through ed2go.com. The Culture-on-Wheels Program presents exciting and affordable opportunities for travel. We offer numerous day and overnight bus trips as well as overseas world-class tours that depart from our facility in New London. You can register for these programs online, by mail or by visiting our office at Shaw's Cove Three, New London CT.

We look forward to providing you with an exciting program and excellent customer service. Thank you for your support and continued patronage.

Sincerely,

Maria A. Pukas

Director

• **Inclement Weather:** When the New London Public Schools are closed due to inclement weather, Adult Education is also closed. Listen to a local radio station or watch your local television channels for cancellation notices. Should snow or inclement weather develop during the day, class cancellation is announced by late afternoon. Canceled classes are made up by adding additional sessions.

• **Fees:** if registering by mail please enclose payment to ensure enrollment in the class/trip.

• **Residents:** Residents are those residing in the following towns: Lyme, Montville, New London, Oakdale, Old Lyme, Quaker Hill, Uncasville, and Waterford. Out of town residents add a \$5 non-resident fee. Some courses may require additional fees and/or materials. Check the course description for fee information.

• **Gift Certificates:** Certificates are available for any Adult Education course, trip, or special event. They may be purchased at any time at the New London Adult Education office between 9:00 a.m. and 4:00 p.m. This is a great gift for that hard-to-buy-for person in your life!

• **Refunds:** In the event of a filled class or class cancellation, every attempt will be made to notify you in advance by email, mail or phone. Refund policy: A full refund is given only when New London Adult Education cancels a course. We regret that there will be no refunds at any time for computer courses, one- class courses or bus trips. Refunds for all other courses will be available with a minimum three-week notice prior to the course start date. There will be a \$10 processing fee for refunds. Refunds will not be given after a course has started. Please allow at least one month for processing.

• **Returned Check Policy:** Participants will be charged \$25 for each check returned by the bank.

• **Student Regulations:** Smoking is prohibited on school property. Refreshments are not permitted in any classroom, hallway or lavatory. Parking is permitted only in designated areas. Cell phone use is not permitted in the classroom. Fire regulations and alarms must be heeded at all times.

• **Enrichment Course Confirmations:** Enrollment Confirmations will not be mailed, all confirmations will be emailed to the student.

Office Information



New London Adult Education

Three Shaw's Cove
New London, Connecticut 06320
Telephone (860) 437-2385
Fax (860) 437-6460
www.newlondonadulthood.org

New London Office Hours

Monday-Friday: 8:00 am – 4:00 pm
Monday-Thursday: 6:00 pm – 9:00pm

• Waterford Information •

Waterford High School
20 Rope Ferry Road
Waterford, CT 06385

Direct all inquiries to: (860) 437-2385

• Lyme – Old Lyme Information •

Lyme – Old Lyme Middle School
53 Lyme Street
Old Lyme, CT 06371

Direct all inquiries to: (860) 437-2385

• Montville •

Montville High School
800 Old Colchester Road
Oakdale, CT 06370

Direct all inquiries to: (860) 437-2385

School Calendar Closing Dates

September 7	Labor Day
October 12.....	Columbus Day
November 11.....	Veterans Day
November 26-27	Thanksgiving
Dec 24-31	Holiday Vacation
January 1	New Years Day
February 15-16	Winter Break
March 25.....	Good Friday
April 18-22.....	Spring Vacation
May 30	Memorial Day

Program Start Dates

September 8, 2015

English for Speakers of Other Languages
Adult Basic Education and GED
Adult High School Credit Diploma

September 9 - Real Estate

September 3 - EMT Training

Enrichment Classes begin week of
September 21st

Cover Photos: Peggy Cherrick

Disclaimers

The Board of Education complies with the Title IX provisions of non-discrimination on the basis of sex and is an equal opportunity employer.

New London Adult Education is in compliance with Connecticut General Statutes Sec. 10-73a and does not charge a fee for textbooks or materials used in our mandated program areas.

The Board of Education, during the course of any given year, puts on a number of programs utilizing certified teachers, professionals, and local community residents who have special expertise in the areas in which they offer instruction. The Board of Education makes every effort to provide quality instruction in an appropriate atmosphere for all participants in any of its programs. The Board of Education, however, is not responsible nor takes any responsibility for the specific instruction in any particular course or any specific reliance upon such instruction made by an individual. Questions about course content, the educational experience of instructors, or other specifics regarding any particular course should be addressed to the specific instructor or the administrator charged with the operation of the program.

It is the policy of the New London Board of Education that no person shall be excluded from participation in, denied the benefits of, or otherwise discriminated

against under any program, including employment, because of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, mental retardation, and past/present history of mental disorder, learning disability or physical disability.

If you are a person with a disability who requires an accommodation in order to participate in any program or activity or when taking the GED exam, please contact Karen O'Connell at (860)437-2385, ext. 109.

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See www.newlondonadulted.org
for full course descriptions

Directions

New London Adult Education • Shaw's Cove Three • New London, CT 06320

I-95 from New Haven: Take the Crystal Mall exit 82. At the end of ramp, turn right onto Broad Street. At second traffic light take a right onto Colman St. Follow Colman St. for 1.5 miles to the end. Turn left onto Bank St. and continue through four traffic lights. Travel straight through the fourth light and turn right into the Shaw's Cove complex. Building #3 is the second one on the right after the Dime Bank.

I-95 from Providence: Take the Downtown New London exit 84S onto Eugene O'Neill Dr. and follow to the end. Turn left onto Tilley St. At the light turn right onto Bank St. Go through the next traffic light and turn left into Shaw's Cove complex. Building #3 is the second one on the right after the Dime Bank.

New London High School • 490 Jefferson Avenue • New London, CT 06320

I-95 from New Haven: Take Crystal Mall exit 82. At end of ramp take a right onto Broad Street (Rte. 85). At first traffic light take a right onto Jefferson Ave. At next traffic light bear to the left and look for High School entrance on the right.

I-95 from Providence: Take Crystal Mall exit 82. At end of ramp take a left onto Broad St. (Rte. 85). At the second light take a right onto Jefferson Avenue. Travel to the next traffic light and bear left; the High School entrance is on the right.

Lyme-Old Lyme Middle School & Center School • 53 & 49 Lyme Street • Old Lyme, CT 06371

I-95 south bound from New London Area: Take exit 70 off I-95. At the end of ramp take a left onto Lyme Street. Follow for 1/8 of a mile, and turn left into the Center School driveway and follow this driveway to the Middle School (which is behind Center School).

Waterford High School • 20 Rope Ferry Road • Waterford, CT 06385

I-95 from New Haven: Take Crystal Mall exit 82. At end of ramp take a right onto Broad Street (Rte. 85). At first traffic light take a right onto Jefferson Ave. At the next traffic light take a right onto Chester St. Follow Chester St. to Clark Lane and follow to the end. At the light take a right onto Boston Post Rd. At the second traffic light bear left onto Rope Ferry Rd. High School is on the left.

I-95 from Providence: Take Crystal Mall exit 82. At the end of the ramp turn left onto Broad St (Rte. 85). At the second traffic light take a right onto Jefferson Ave. At the next light go right onto Chester St. Follow Chester St. to Clark Lane and follow to the end. At the second light bear left onto Rope Ferry Rd. The High School is on the left.

Montville High School • 800 Old Colchester Road • Oakdale, CT 06370

I-395 (north or south): Take Exit 79 and turn right onto Route 163 (toward Oakdale). Travel approximately 2.5 miles, turn left onto Chesterfield Road. Go .5 miles to the intersection of Chesterfield Road and Old Colchester Road. Turn left and Montville High School is on the right.

5 WAYS TO REGISTER



OUR WEBSITE

www.newlondonadulted.org
Visa, MasterCard, American Express or Discover



MAIL

Forms on inside back page of program.
Visa, MasterCard, American Express, Discover, check, or money order.

Mail to: Three Shaw's Cove, Suite 100, New London, CT 06320
Attention: Peggy



IN PERSON

New London Adult & Continuing Education
Three Shaw's Cove, New London, CT
Monday-Friday, 8 a.m. – 4 p.m.

Visa, MasterCard, American Express, Discover, check, money order or cash.



PHONE

860-437-2385
Visa, MasterCard, American Express or Discover



FAX

860-447-4025
Visa, MasterCard, American Express or Discover



General Educational Development (GED) Information

The New GED Test:

In 2014, the GED Testing Service, in partnership with Pearson VUE, began to offer the GED examination as a computer-based test. The new version is aligned to the Common Core State Standards (CCSS) and is designed to reflect the knowledge and skills that are needed for college and career success. New London Adult Education offers intensive instruction in English and Spanish to prepare students to meet the rigorous requirements of the new GED test.

How to Register for the GED Test:

Visit www.GED.com to sign up and create an account. After creating an account, you must complete a paper registration at the Adult Education Office and receive approval for testing. The exam is offered weekly in English and Spanish and students schedule themselves. Connecticut GED Test eligibility requirements are:

1. Minimum age is 17 years old and officially withdrawn from high school for six (6) months or 9th grade class has graduated. School documentation is required.
2. A withdrawal document is needed for all 17 and 18 year olds. All 17 year olds need a withdrawal document with parental signature.
3. Individuals aged 17-18 who are home schooled, should request a "Home School Attestation" form signed by the GED Administrator from the CT State Department of Education. Forms may be requested by email at ged@ct.gov or telephone 860-807-2111.
4. \$13 registration fee for ALL registrants who are 21 years and older. No fee for veterans.
5. Current CT picture ID or valid government-issued ID required at time of registration.

GED Test Accommodations:

Create an account at www.GED.com. Print and complete the accommodations request form for your disability. Attach documentation for your disability and fax your forms and supporting documents to 202-464-4894. For further information, contact Karen O'Connell (860) 437-2385.

GED Test Content:

The GED Exam is a four-part battery including Reading Language Arts (RLA), Mathematics, Science and Social Studies. Test items are multiple choice, short answer, extended response, drag-and-drop, hot spot, and fill-in-the-blank question formats. Writing is required in three of the four tests and mathematical questions are also included in the Science and Social Studies test components. A brief description of the four parts appears below:

RLA — Focuses upon informational texts (75%) including nonfiction drawn from science, social studies and workplace contexts and literature (25%). These texts reflect a range of complexity levels, in terms of ideas, syntax and style. The writing tasks, or Extended Response (ER) items, require test-takers to analyze source texts and use evidence drawn from the texts to support their answers.

Mathematical Reasoning — Covers two major content areas: quantitative problem solving (45%) and algebraic problem solving (55%). Problem solving skills are measured by questions from both academic and workforce contexts. Candidates are provided with an on-screen calculator.

Science — Focuses upon three areas: life science (40%), physical science (40%), and earth and space science (20%). The test includes items that measure textual analysis and understanding, data representation and inference skills, and problem solving that centers on the themes of human health and living systems and energy and related systems.

Social Studies — Covers four major content areas: civics and government (50%), US history (20%), economics (15%), and geography and the world(15%). Two major themes are emphasized: the development of modern liberties and democracy.

GED PREPARATION CLASSES ARE OFFERED AT:

New London Adult Education:

Shaw's Cove Three

(860) 437-2385

Monday through Friday 8:30 a.m.-12:30 p.m.

(English and Spanish)

Monday through Wednesday 6:30-9:00 p.m.

Classes begin September 8, 2015



Centro de la Comunidad:

109 Blinman Street

(860) 442-4463

Martes, Miercoles, y Viernes

6:30-9:00 p.m. (Español)

Comienza 8 de Septiembre 2015



What you need to know about earning a New London Adult High School Diploma

The New London Board of Education has made available a New London Adult High School Diploma to residents who meet certain requirements. Day and evening classes are held at Three Shaw's Cove, from 8:30 a.m. to 2:30 p.m. and from 6:00 to 9:00 p.m.

- Individuals eligible for the program must be at least 17 years of age and officially withdrawn from school. (Students under the age of 18 must present a withdrawal document with a parental/guardian signature). This includes Adult High School Credit Diploma and GED students.
- To enroll in the Adult High School Credit Diploma program, the

student must reside in New London, Waterford, Montville, or Lyme-Old Lyme. All classes are free.

Credits are conferred for the completion of classes. Credits may also be awarded for documented work, occupational, volunteer, and military experiences. The program requires satisfactory completion of the following: 4 credits in English, 2 credits in Vocational Education, Art, and Technology, 3 credits in Mathematics, 3 credits in Science, 3 credits in Social Studies (1 credit must be in U.S. History and 1 credit in Government), and 6 elective credits.

Waterford and Lyme-Old Lyme programs offered in New London

Adult High School Credit Diploma • For information on credit classes available at New London Adult Education, please call Karen O'Connell at (860) 437-2385, ext. 109, for more information.

English for Speakers of Other Languages • We offer classes in several levels, i.e., Basic, Beginning, Intermediate, and Advanced. Students are pre-tested so that they are placed in the appropriate level.

General Educational Development (GED) • Instruction for the GED includes Reading Language Arts, Mathematics, Science, and Social Studies.

Location for Classes • All classes meet at New London Adult and Continuing Education, Three Shaw's Cove, New London, CT.

Registration Information • Registration for all classes are to be made in person at New London Adult Education between the hours of 9 am - 2 pm.

~ **REGISTER NOW!!**

A VARIETY OF CREDIT CLASSES ARE OFFERED, INCLUDING:

- English
- Reading
- Math
- U.S. History
- Government
- Human Biology
- Life Science
- On-Line Classes
- Environmental Science
- Computer Skills
- Computer Graphics
- Personal Finance
- Arts and Crafts
- Film Study

Montville Adult Education H.S. Credit Program

Michael Penella – Diploma Program Director (860) 848-8265

Annette Barber – Adult Education Secretary (abarber@montvilleschools.org)

Academic Program Information • Programs at Montville Adult Education are designed to meet the needs of Montville adults desiring their high school diploma. Classes are offered in Business Math, Math II, English, Literature, Science, U.S. History, and Contemporary Issues.

All classes meet at Montville High School and are free. Contact the Program Director at (860) 848-8265. Your class schedule and courses will be tailored to your needs.

Adult High School Credit Diploma • Classes meet on Monday, Tuesday, and Wednesday. Classes are from 5:30 - 8:30 p.m. and run for sixteen (16) weeks.

General Information • Montville Adult Education is in a joint partnership with New London Adult Education.

Walk-in Registration & Placement Testing • Registration for the Fall Semester takes place at Montville Adult Ed on Aug. 19, 20 and 25 from 5:30-7:30. Classes begin on Aug. 26.

SUCCESS STORIES

Tyler Dent explained he was simply not cut out for traditional education and admitted he had low expectations when he entered New London Adult Education.

"I was prepared to endure another two years of boring curricula and hostile students," he said. "But when you experience acceptance from both teachers and students who are willing to get to know you and respect you as a person, the amount you can learn together is astonishing."

Tyler added that he was leaving New London Adult Ed with more than a diploma: "I entered Adult Ed with only one more shot at making it through school, and I finished with an entire new group of people that I can now call family."

Tyler earned the distinction as a 2015 class speaker and recipient of the Annual Golf Tournament Scholarship.



Shantay Green, who grew up in Louisiana and attended nine different schools before dropping out of high school in her sophomore year, moved to Connecticut in 2005 to start a new life. After a few years, she found her way to New London Adult Ed and for the next nine years was an on-again, off-again student. But all that changed two years ago.

"In 2013, I began taking my classes seriously and put all my effort toward achieving that goal," she said. "I never gave up and am proud to say I finished this spring, and I am now training to be a CNA through the adult education I-BEST Works program."

Shantay added: "I feel empowered by my education and I am proud to say, 'I am a high school graduate.'"

Shantay was a 2015 class speaker and recipient of the Anthony F. Sabilia, Sr. Scholarship.



ENGLISH FOR SPEAKERS OF OTHER LANGUAGES

ESOL ~ English for Speakers of Other Languages: Classes begin September 8, 2015

English classes for those whose native language is not English have been provided by New London Adult Education since 1910, helping thousands of adults enter the mainstream of American life. These classes are available year-round and are offered FREE-of-charge.

ESOL Class Schedule at New London Adult Education

Days • New London Adult Education
Three Shaw's Cove
New London, CT 06320
(860)437-2385
Monday–Friday • 8:30-11:30 am

Nights • New London Adult Education
Three Shaw's Cove
New London, CT 06320
(860)437-2385
Monday–Wednesday • 6:30-9:00 pm

ESOL Class Schedule at Centro de la Comunidad

Days: • 109 Blinman Street
New London, CT 06320
(860)442-4463
Monday-Thursday • 8:30am – 12:00 pm

FREE Babysitting (Adult Education site only)

For children at least three years of age and toilet-trained, supervised care will be provided at New London Adult Education by an experienced child care supervisor. All children must be registered. For more details, please call Norma Velez at (860)437-2385, ext. 112.

Citizenship Classes

This class is for students wishing to work toward becoming an American citizen. Concepts of local, state, and federal laws, and government will be emphasized. Lessons will stress the procedural steps necessary to become a U.S. citizen. The class is held on the following days:

- Tuesday, 11:45 a.m. - 1:45 p.m.
- Thursday evenings, 6:30 - 8:30 p.m.

Inglés como segundo idioma para personas de distintos lenguajes: Comienza 8 de septiembre 2015

Las clases de inglés como segundo idioma, para aquellas personas cuya lengua natal no es el inglés, han sido ofrecidas por el programa de Educación de Adultos en New London desde 1910, ayudando a miles de adultos a desarrollarse en el ambiente de la vida americana. Estas clases son ofrecidas todo el año y sin costo alguno.

Educación de Adultos en New London

Days • New London Adult Education
Three Shaw's Cove
New London, CT 06320
(860)437-2385
Lunes a viernes • 8:30-11:30 am

Nights • New London Adult Education
Three Shaw's Cove
New London, CT 06320
(860) 437-2385
Lunes, martes y miércoles
6:30-9:00 pm

Clases de ESOL en Centro de la Comunidad

Days: • 109 Blinman Street
New London, CT 06320
(860)442-4463
Lunes a jueves • 8:30 am – 12:00 pm

Cuidado de Niños Gratis (solamente en la escuela de Educación de Adulto)

El programa de Educación de Adultos en New London ofrece cuidado de niños. Los niños tienen que ser registrados, no pueden ser menores de tres años y tienen que estar entrenados en el uso del baño. Para más detalles comuníquese con la recepcionista ó llame a Norma Velez al (860)437-2385.

ADULT BASIC EDUCATION

Adult Basic Education classes are for those who are working toward an Adult High School Credit Diploma or a GED. These classes can help improve basic reading, writing, and math skills. Students may prepare for job advancement, vocational training programs, or high school completion classes, as well as develop greater self-confidence and personal satisfaction.

These FREE classes are offered days and evenings throughout the year. Please call (860) 437-2385 for more information.

Enrichment Classes

If you are looking to satisfy your lifelong learning goals, start a new hobby, improve your knowledge and skills in a particular discipline or simply expand your horizons, New London Adult and Continuing Education has something for everyone. Open to all, our Enrichment Program continues to grow each year.

We invite you to browse through the many courses offered.

Here are just some of the new offerings for the Fall 2015 Session:

WATERCOLOR PAINTING — Explore the freshness and transparency of watercolor.	Page 6
INDIAN COOKING — Experience the culture and cuisine of India.	Page 11
HEALTHY HOLIDAY COOKING — Create delicious, healthy meals for your Holidays.	Page 11
GERMAN — This beginning course will get you on your way to experiencing a new language.	Page 14
CHINESE — Learn proper pronunciation while speaking and listening, writing and reading.	Page 14
FRENCH — This course is ideal for those wishing to converse in this beautiful language.	Page 15

ARTS, CRAFTS & HOBBIES

100

Leather Bead Wrap Bracelets

Wednesday 9/30 3:00-5:00 pm 2 weeks

NL Adult Education

Resident \$44/Non-resident \$49

Instructor: Carol Rutan

Start with an attractive metal button, a long piece of round leather cord, and a pile of beads... Using a simple sewing technique you will be able to transform these materials into a stylish bracelet. Beginner beadworkers as well as those with some experience are welcome to attend the class. A material fee of \$15 is to be paid to the Instructor at the first class.

101

Knitting for the Beginner

Tuesday 9/22 6:30-9:00 pm 6 weeks

NL Adult Education

Resident \$69/ Non-resident \$74

Instructor: Nancy Potter

Learn the basics of knitting in this 6-week course. You will be taught how to knit, purl, cast on and bind off, and how to read and understand knitting instructions. You will also learn how to shape and finish a garment. Knit your first scarf and pair of mittens, and develop the skills needed to knit any project. Class size is limited: register early!

102

Jewelry Basics

Tuesday 11/10 7:00 – 9:00 pm One night

Waterford HS

Resident \$40/Non-resident \$45

Instructor: Michele Stallworth

If you have ever wanted to learn the basics of making jewelry, but have no idea how to get started, then this is the class for you. You will learn what materials, tools, and techniques are needed to create a necklace and earring set. All materials, including genuine gemstones and pearls, sterling silver ear wires and more, are included in the cost of the class.

103

Letterpress Printing

Thursday 11/12 6:00–8:00 pm One night

NL Adult Education

Saturday 11/7 10:00 – 12:00 pm One day

NL Adult Education

Resident \$24/Non-resident \$29

Instructor: Ryan O'Connell

This class will introduce you to Letterpress Printing. Learn the history of the press and design & hand set & print your own keepsake. There is a \$5 material fee paid directly to the instructor.



104

Identifying Major Furniture Styles

Monday 10/5 3:00 –5:00 pm 6 weeks

NL Adult Education

or Saturday 10/3 11:00–1:00 pm 6 weeks

NL Adult Education

Resident \$54/Non-resident \$59

Instructor: Joan Bucko

Learn how to identify several major European and American furniture styles, including Victorian/Eastlake, Art Nouveau/Art Deco, Arts and Crafts/Mission, and Danish Modern /Mid-Century. The history of associated American furniture designers and companies, furniture use and significance, current furniture values, and furniture buying and selling suggestions will also be discussed. The class will be flexible to include the topics of interest of the session's participants. Tea and crumpets included.

105

Trip Around the World Quilt

Saturday 9/19 9:30 – 12:00 pm 6 weeks

NL Adult Education

Resident \$79/Non-resident \$84

Instructor: Mary Kay Granata

Come learn the tips, tricks & techniques to complete this quilt. This class is for beginners and advanced quilters. Sewing machine is required. Materials: 6 light & dark fabrics, thread, seam ripper, pins, scissors, rotary cutter, mat & 24 x 6" ruler required. The instructor will contact all students prior to start of class.

106

Charm Party Tote Bag

Wednesday 9/23 5:00-7:00 pm 6 weeks

Montville HS

Resident \$64/Non-resident \$69

Instructor: Deedee Piscatella

This handy "Charm Party" Tote Bag designed by Penny Sturges is practical, useful and the ideal project for a beginner as well as anyone interested in exploring the possibilities this tote has to offer. The construction of this tote will include basic cutting, layering, and quilting techniques. Charm Pack Kits are available from the instructor at a cost of \$5 each. Sewing machine required. In addition to this kit the following materials are required: 1 yard of a coordinating fabric. 1 yard of Pellon Fusible Fleece, 1 button, Neutral color Thread. If time permits, a simple octagon table topper will also be taught.



107

Knitting for the Beginner

Thursday 9/24 6:00-8:00 pm 6 weeks

Old Lyme Middle School

Resident \$69/ Non-resident \$74

Instructor: Susan Fine

Join Susan Fine as she shows you the techniques and some design stitches to get you on the road to knitting some beautiful items. Class size is limited: register early! Materials required for the class: 1 pair 10" #6 Knitting Needles, 1 pair 10" #9 Knitting Needles, 2 Four Ounce Balls Worsted Weight Yarn, 2 Small Stitch Holders.



108

Basket Weaving

Monday 10/19 6:30-9:00 pm 2 weeks

NL Adult Education

Resident \$84/Non-resident \$89

Instructor: Nancy Potter

Experience the ancient art of Basket Weaving while learning from a professional basket maker. Enjoy making a lovely Twill-Weave basket and using it for years to come. There is a \$15 material fee payable to the instructor at the first class.

109

Drawing

Tuesday 9/22 6:00-8:00 pm 6 weeks

Waterford HS

Resident \$84/Non-resident \$89

Instructor: Bernard McTigue

Learn basic drawing skills or advance your skills. Begin by rendering basic shapes and progress to still life compositions. Material list available online and upon request.

110

Intermediate/Advanced Drawing

Wednesday 9/23 6:00 – 8:00 pm 6 weeks

NL Adult Education

Resident \$84/Non-resident \$89

Instructor: Bernard McTigue

This class will pick up where the Beginning Drawing class left off. Students will be exposed to elements of perspective, and instructed in the skills necessary to perceive and understand three-dimensional form. Material list available online and upon request.

111

Oil Painting

Monday 9/21 6:00-8:00 pm 6 weeks

New London HS

Resident \$84/Non-resident \$89

Instructor: Bernard McTigue

This class is for the beginner or for those who would like to improve their skills while exploring new methods and materials in oil painting. Material list available online and upon request.

112

Fundamentals of Make-up Artistry

Tuesday 9/22 6:30-8:30 pm 8 weeks

Waterford HS or

Thursday 9/24 6:30-8:30 pm 8 weeks

Old Lyme Middle School

Resident \$79/Non-resident \$84

Instructor: Anne Fitzgerald

An 8-week comprehensive makeup instruction from a professional makeup artist for newbies and makeup fans wishing to learn more about makeup, tips and tricks of the trade. This class covers the basics of skincare, sanitation, what you need in your makeup kit, and how to build a budding makeup artist portfolio. Makeup and supplies are the student's responsibility, estimated cost of supplies \$200.

113

The Joy & Beauty of Watercolor Painting

Monday 9/21 3:00-5:00 pm 6 weeks

NL Adult Education

Wednesday 9/23 6:30-8:30 pm 6 weeks

Montville HS

Thursday 9/24 6:30-8:30 pm 6 weeks

Old Lyme MS

Resident \$84/Non-resident \$89

Instructor: Mary LaForge

This class is for a beginner or painters who want to brush up on their skills. If you think you cannot make corrections in watercolor, you will learn this is not true. All you need is the desire to paint. We shall explore materials, techniques, composition and design. You will learn color mixing, color properties and different ways to apply color. Personal guidance and demonstrations will be given to each student and critiques will be given if desired. If you love the freshness and transparency of watercolor, this is the class for you.

ZENTANGLE

116

Zentangle All Levels

Saturday 10/3 9:30-12:00 pm One day only

NL Adult Education

Tuesday 9/22 6:00-8:30 pm One night only

Waterford HS

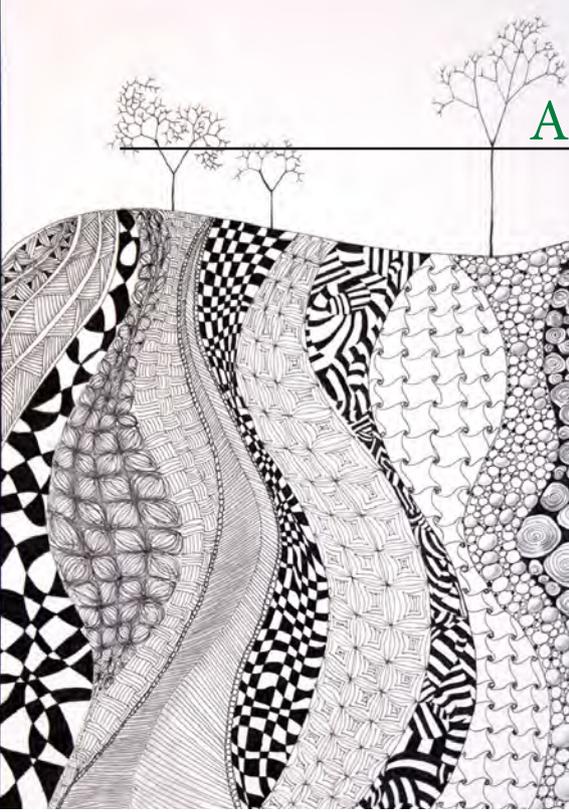
Thursday 9/24 6:00-8:30 pm One night only

Old Lyme MS

Resident \$25/Non-resident \$30

Instructor: Carol Dunn

Zentangle® is an easy to learn method of creating beautiful images. Learn to relax (the “Zen” part) while creating beautiful, repetitive design work (the “tangle” part). Register at least 5 days in advance and the class will be tailored to teach new tangles to all participants. Bring your supplies from a previous class, or purchase starter kit for \$10 from instructor.



114

Zendalas – Mandalas plus Zentangle

Tuesday 10/6 6:00-8:30 pm One night only

Waterford HS

Thursday 10/15 6:00-8:30 pm One night only

Old Lyme MS

Saturday 10/17 9:30-12:30 pm One day only

NL Adult Education

Resident \$25/Non-resident \$30

Instructor: Carol Dunn

Using larger paper, I will show you how to draw one type of Mandala, and we will fill the circular shape with Zentangle designs. Prior Zentangle experience helpful but not required. Bring your supplies from a previous class, or purchase a starter kit for \$10 from instructor. Larger paper is \$1.25.

115

Landscapes with Zentangle

Tuesday 10/13 6:00-8:30 pm One night only

Waterford HS

Thursday 10/22 6:00-8:30 pm One night only

Old Lyme MS

Saturday 10/24 9:30-12:30 pm One day only

NL Adult Education

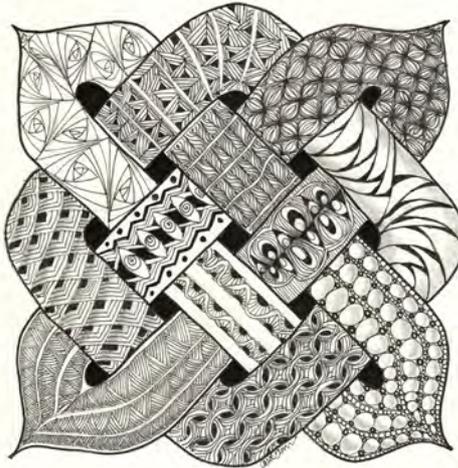
Resident \$25/Non-resident \$30

Instructor: Carol Dunn

Using larger paper, students can choose from a variety of landscape designs to fill with Zentangle. See examples on my website www.caroldunnart.com. Prior Zentangle experience helpful but not required. Bring your own supplies from a previous class or purchase a starter kit for \$10 from instructor. Larger paper is \$1.25.

117

Celtic Knot with Zentangle



Saturday 11/7 9:30-12: pm One day only

NL Adult Education

Tuesday 10/20 6:-8:30 pm One night only

Waterford HS

Thursday 10/29 6-8:30 pm One night only

Old Lyme MS

Resident \$25/Non-resident \$30

Instructor: Carol Dunn

A pre-drawn knot will be ready for you to fill with tangles! Prior Zentangle experience helpful but not required. Bring your supplies from a previous class, or purchase a starter kit for \$10 from instructor. Larger paper with knot is \$1.25. Just in time for St. Patrick's Day!

118

Zentangle Renaissance-Working with Tan Paper & Brown & White inks

Saturday 10/31 9:30-12:00 pm One day only NL Adult Ed

Tuesday 10/27 6:00-8:30 pm One night only Waterford HS

Thursday 11/5 6:00-8:30 pm One night only Old Lyme MS

Resident \$25/Non-resident \$30

Instructor: Carol Dunn

Add a new dimension to your Zentangle art with tan paper, and brown and white inks in addition to the regular black ink. See examples on my website: www.caroldunnart.com. Prior Zentangle experience is helpful. If you already have your Zentangle kit, additional supply fee is \$13 (includes brown and white pens, white charcoal pencil, stomp, tan tiles). If you don't have a kit, total supply fee is \$19.75 (includes previous items plus 2 black pens, pencil, stomp, storage bag or box) payable to instructor.



200 Practical Residential Landscaping

Tuesday 9/22 6:30-8:30 pm 8 weeks
Waterford HS
Resident \$109/Non-resident \$114
Instructor: Charles Cocca, ASLA

Is your yard boring and in need of a Make-Over? Learn from a licensed Landscape Architect how to make your yard the envy of the neighborhood. This class will help you create a detailed existing conditions plan; detailed landscape design plan which would include plantings, hardscape elements, and detailed list of materials. An architect scale and textbook is required for this course-The Northeast Home Landscape including Southeast Canada (Homes & Buchanan) available on Amazon.

201 Introduction to Astronomy

Monday 10/5 6:00-9:00 pm
New London HS One Class or
Thursday 11/12 6:00-9:00 pm
Old Lyme MS One Class
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

Do you often find yourself staring up at the night sky with jaw-dropping awe? Would you like to learn more about our cosmic neighborhood? Instructor and astrophotographer Ronald Zincone will help you understand and learn about the cosmic wonders such as the planets, stars, comets, meteors, our sun and moon and so much more!



202 Introduction to Astronomy II

Tuesday 10/13 6:00-9:00 pm One Class
Waterford HS
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

Learn how to break into this fascinating hobby, this course will cover topics such as choosing and using optical equipment and many tips and techniques. The instructor will then take you on a journey to learn about deep space subjects such as galaxies, nebulae, star clusters, comets, meteors and more!

203 Introduction to Astronomy III

Monday 10/19 6:00-9:00 pm One Class
New London HS
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

Expand your knowledge of Astronomy with this Class...

204 Introduction to Astronomy IV

Monday 10/26 6:00-9:00 pm One Class
New London HS
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

Complete the Fall session with the final Astronomy Class...

ONE-SESSION CLASSES AT MONTVILLE FLORIST

205 Autumn Arrangement

Friday 9/25 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

Using the bounty of autumn, learn how to incorporate natural materials into your long lasting vase arrangement.

209 Autumn Vase Arrangement

Friday 11/6 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

Using an autumn toned vase, you will learn how to create a festive long lasting arrangement using the bounty of fall.

206 Fall Basket Arrangement

Monday 10/5 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

Using a dark willow basket, you will learn to create a stunning fall arrangement using the best and the brightest fall flowers available. Learn to make a bow, the ideal accent to your centerpiece.



210 Harvest Centerpiece

Monday 11/23 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

How proud you will be when you tell your guests that not only did you cook the turkey, but that you designed the centerpiece as well. Fresh flowers, autumn leaves, mixed foliage's will surround taper candles; the perfect no calorie addition to your table!

211 Christmas Wreath

Friday 12/5 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

Mixed evergreens will be fashioned into a traditional Christmas wreath. Add pinecones, ornaments and a bow (we will teach you how to make one!) to decorate your front door or give as a gift.

207 Pumpkin Centerpiece

Friday 10/23 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

A ceramic pumpkin will be used as a base for your Halloween centerpiece. You will learn how to design a fresh fall centerpiece to complete your holiday table.

212 Christmas Centerpiece

Friday 12/11 6:00-8:00 pm One Class or
Monday 12/14 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

Long lasting flowers tucked amongst mixed evergreens, pinecones, ornaments and bows (we will teach you how to make them!) will grace your holiday table through all your holiday get togethers. Impress your guests!

208 Devil Dog

Monday 10/26 6:00-8:00 pm One Class
Resident \$39/Non-resident \$44

Using brilliant red carnations, you learn how to create a seasonal arrangement that looks like a dog (only your dog will have horns!) The perfect accent for any Halloween gathering!

ONE-SESSION CLASSES AT SMITH ACRES

213

Terrarium

Monday 9/28 6:00-8:00 pm One Class
Resident \$29/Non-resident \$34

Terrariums are easy to take care of little gardens, and have become increasingly popular. We have an assortment of glass containers for you to choose from. We will supply soil, charcoal, gravel, moss, and fertilizer. There will be a wide assortment of plants available for you to choose from, appropriate for a sunny spot, or filtered light. All plants and any accessories chosen will be extra, and paid for the night of the Class.



214

Fairy Gardens

Sunday 9/20 2:00-4:00 pm One Class
Resident \$49/Non-resident \$54

The weather is getting a little cooler, and the fairies who have taken up residence in your garden will need a warm place to spend the winter. Each gardener will receive a terra cotta dish, 3 plants, moss, soil, gravel, and a fairy. Other fairy accessories will be available to customize your gardens at a 20% discount. This class is appropriate for fairy lovers of all ages.

215

Broken Pot Fairy Garden

Monday 9/21 6:00-8:00 pm One Class
Resident \$25 Non-resident \$29

What do you do when your favorite ceramic or terra cotta pot gets a crack or chip?? Get out a hammer and build yourself a Fairy Garden. We will actually take pieces of broken pots and create a multi-level fairy garden. Pot, soil, gravel, moss, fertilizer, and a fairy are included. All plants and any accessories chosen will be extra, and paid for the night of the class.

216

Door Step Winter Container

Thursday 12/10 6:00-8:00 pm One Class
Resident \$90 Non-resident \$95

We will use an assortment of cut evergreens to create a beautiful pot to set on your front porch to welcome in the Holidays. We will decorate it with assorted decorative sticks, berries, pinecones, light up sticks, and a big bow. This pot will be in a 12" pot and will end up LARGE and lovely. This container should look good throughout the winter.

217

Seashell Wreath

Wednesday 9/23 6:00-8:00 pm One Class
Resident \$55/Non-resident \$59

You've spent your summer wandering along the beach, collecting sea glass and shells. Now what do you do with them?? Join us and learn how to make a seashell wreath. All supplies will be supplied - a 12" grapevine wreath, that we use as the base, plenty of shells, and perhaps a few sand dollars or star fish also. Please bring along some of your summertime treasures to make your wreath uniquely individual. Hot glue guns and glue sticks will be supplied, but feel free to bring your own glue gun along.

218

Boxwood Tree

Saturday 11/21 2:00-4:00 pm One Class
Resident \$55/Non-resident \$59

Not sure what a boxwood tree is? It's an arrangement of freshly snipped pieces of boxwood arranged in a container, shaped to resemble an evergreen tree and decorated for the holidays.

Arrangements last throughout the holidays with regular watering. All materials, including decorations and bows are included in cost of class.



219

Holiday Wreath

Wednesday 12/9 6:00-8:00 pm One Class
Resident \$45/Non-resident \$49

Make and take home a beautiful wreath to decorate your doorway for the holidays. Wreaths will be made of mixed greens on a 12" Balsam frame (pine, boxwood, holly, and other assorted greens will be added). Natural and or "glitzy" decorations are included, including the bow. All materials are included in cost of class. Class size is limited to 10 students.

220

Boxwood Wreath

Wednesday 12/2 6:00-8:00 pm One Class
Resident \$55/Non-resident \$59

Tired of the typical wreath hanging on your front door? Boxwood is an evergreen that holds up remarkably well for weeks. We have many different frame shapes that you can choose from to make an unusual, and one-of-a-kind, wreath. Shapes may include square, star, heart, or round. These classically elegant Holiday decorations call for only a simple bow to dress them up (Bow included)

221

Bow Making Class

Saturday 12/5 4:00-6:00 pm One Class
Resident \$20/Non-Resident \$25

Learn how to make beautiful bows to adorn your wreaths and all holiday decorations. Each member of the class will bring home 3 completed bows, large enough to use on a door size wreath, or swag. Includes supplies.

222

Seashore Wreath

Wednesday 12/16 6:00-8:00 pm One Class
Resident \$75/Non-resident \$80

We'll take our basic door sized Balsam wreath and give it a nautical flair. These wreaths have always been one of our best sellers, and now we're going to let you in on our secrets. Seashells, star fish, and sand dollars, pearls and baubles, all combine to make a wreath that will dazzle your neighbors, and oh so appropriate for our seashore communities.



301 Yoga for Mental Wellness

Tuesday 9/22 7:00-8:00 pm: 6 weeks
Waterford HS
Resident \$54/Non-resident \$59
Instructor: Jennifer Lambert

This is a beginner class that includes a mixture of poses, breathing exercise, and short meditations to develop strategies for coping with the ups and downs of life. Please bring a yoga mat.

302 Boot Camp Fitness – G's Fitness

Mon-Fri 9/21 6:00 am
Mon-Fri 9/21 7:30 am
Mon-Fri 9/21 8:00 am
Mon-Fri 9/21 11:00 am
Mon-Fri 9/21 12:00 pm
Mon-Fri 9/21 1:00 pm
Mon-Fri 9/21 5:00 pm
Mon-Fri 9/21 6:00 pm
Resident \$130/Non-resident \$135
Unlimited Sessions within a 4 week period!!

In a group setting, this boot camp offers a variety of strenuous exercises to garner better physical results such as an increase in aerobic and anaerobic fitness, tone muscles, increase flexibility, improve balance and coordination, increase bone density, rapid reduction of body weight, and more. All fitness levels welcome! G's Fitness and Nutrition, 316 Boston Post Road, Waterford.

303 Strength Training – G's Fitness

Mo., Tu., Wed. Thurs 9/21 8:00-8:30 am
Mo., Tu., Wed. Thurs 9/21 12:00-12:30 pm
Mo., Tu., Wed. Thurs 9/21 1:00-1:30 pm
Mo., Tu., Wed. Thurs 9/21 2:00-2:30 pm
Mo., Tu., Wed. Thurs 9/21 6:00-6:30 pm
Resident \$130 Non-resident \$135
Unlimited Sessions within a 4 week period!

If you're interested in feeling stronger, healthier, and more vital, this program is for you! This strength-training program was developed by certified personal trainers who have a degree in exercise science. G's Fitness and Nutrition, 316 Boston Post Road, Waterford.

304 Youth Golf Lessons

Great Brook Driving Range - 5 weeks
Saturday 9/12 10:00-11:00 am
Sunday 9/13 11:00-12:00 pm
Resident \$150/Non-resident \$155
Instructor: Christopher Hedden

This class is for youth ages 8-15 who want to learn the art of golf. Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. There is a small fee for a bucket of balls. Class size is limited to 10 students.

305 Golf for Ladies Only

Great Brook Driving Range - 5 weeks
Monday 9/14 5:00-6:00 pm
Resident \$150/Non-resident \$155
Instructor: Christopher Hedden

This class is for women who want to learn the art of golf. Lessons will cover the following fundamentals: grip, stance, posture, and backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. Each lesson is one hour. Please bring a putter, a 3 wood, a 7 iron, and pitching wedge. Equipment is available to borrow if needed. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students.

306 Learning the Fundamentals of Golf

Great Brook Driving Range - 5 weeks
Tuesday 9/1 6:00-7:00 pm
Monday 9/14 6:00-7:00 pm
Thursday 10/1 10:00-11:00 am
Wednesday 10/7 10:00-11:00 am
Wednesday 10/7 5:00-6:00 pm
Resident \$150/Non-resident \$155
Instructor: Christopher Hedden

Lessons will cover the following fundamentals: grip, stance, posture, backswing, follow through, sandshots, downswing, chipping, putting, equipment info, and golf etiquette. Please bring a putter, 3 wood, 7 iron, and pitching wedge. Equipment is available to borrow if needed. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students.

307 Tai Chi, Level 1 (Basic 10 Form)

Monday 9/21 6:30-7:45 pm 8 weeks
Resident \$94/Non-resident \$99
New London HS
Instructor: Yuehua

For centuries, millions from all ages have practiced Tai Chi daily. Practicing Tai Chi results in improved circulation, digestion, coordination, strength and flexibility. Tai Chi helps to improve the immune system and relax your mind.



308 Tai Chi Level 2 (24 Form)

Monday 9/21 7:45-8:45 pm 8 weeks
Resident \$94/Non-resident \$99
New London HS
Instructor: Yuehua

This class is a continuation for those who have already completed level 1. We will further explore the health benefits of Tai Chi.

SPORTS

400 Horseback Riding: Beginning

Wednesday 9/2 6:00-7:00 pm 6 weeks
Thursday 9/3 6:00-7:00 pm 6 weeks
Outback Stables
Resident \$150/Non-resident \$155

Basic instruction will be given on the skill of horsemanship and horse care. This class is for beginners who have little or no experience in riding. Riding instructions will focus on balance and basic mechanics of riding. Students will also learn to groom, tack up and basic care of the horses. Participants should wear heeled shoes, boots are preferred. Riding helmets are provided by the instructor. All classes will be held at Outback Stables, 538 Colonel Ledyard Highway, Ledyard, CT.

309

East Coast Swing Dance: Beginner

Monday 9/21 7:00-8:00 pm 6 weeks

New London HS

Resident/Singles \$59 or

Non-resident/Singles \$64

Resident/Couples \$98 or Non-resident/

Couples \$103

Instructor: Nora Venne

East Coast Swing, also known as jitterbug, is a fun dance that can be done to all types of 4/4 music including jump blues, rock, big band, country and contemporary music. Pick your musical preference and start dancing! No partner or experience necessary. Non-rubber soled shoes required.

310

East Coast Swing Dance: Intermediate

Monday 9/21 8:00-9:00 pm 6 weeks

New London HS

Resident/Singles \$59 or

Non-resident/Singles \$64

Resident/Couples \$98 or Non-resident/

Couples \$103

Instructor: Nora Venne

This is a continuation of the East Coast Swing Beginners course.



311

Ballroom Dancing for Beginners

Thursday 9/24 6:00-7:00 pm 6 weeks

Old Lyme Center School

Resident \$69/Non-resident \$74

Instructor: Susanne Morgan

This class is for the true beginner or those that want to refresh their memories. No need to be shy; this is an easy-going, fun class. Come alone or bring a partner. You will learn to Merengue, Waltz & Rumba. Non-rubber soled shoes are required.

312

Romantic Nightclub/Slow Dance Dancing

Thursday 9/24 7:00-8:00 pm 6 weeks

Old Lyme Center School

Resident \$69/Non-resident \$74

Instructor: Susanne Morgan

This social dance somewhat resembles the Bolero – the Latin Waltz. It is becoming a popular social dance that is perfect for weddings, proms and special occasions and is now entering Ballroom venues as well. It is also known as the Nightclub two-Step, though it is not a country dance. No partner required. Non rubber shoes are required.

313

Shim Sham Line Dancing

Thursday 9/24 8:00-9:00 pm 6 weeks

Old Lyme Center School

Resident \$69/Non-resident \$74

Instructor: Susanne Morgan

The Shim Sham routine is decades old and enjoying a revival. It originated from tap and jazz dance and is a type of line dance that recalls the roots of swing. Shim Sham is danced all over the world and some people think that a swing event is not complete without the Shim Sham. This solo dance does not require a partner.

CULINARY

500

Healthy Holidays

Monday 9/28 6:00-9:00 pm 4 weeks New London HS

Resident \$69/resident \$74

Instructor: Maribel Martinez

Learn how to create delicious, easy-to-make and healthy meals for your Holidays. We will be making a 3 course menu in each class. Students are to bring their own apron and knife. Food cost per student \$50.00.

501

Filomena's Chicken & Chokes'

Sunday 9/13 6:00-8:00 pm One night only Filomena's Restaurant

Resident \$40/Non-resident \$45

Spend an evening at Filomena's discovering the secrets to their Chicken & Chokes, and more! Capture this opportunity to learn from an experienced chef as he explains the steps in preparing tonight's meal. Take notes and enjoy these dishes with family and friends. This class is one night only and fills fast – register now.



502

Indian Cuisine

Monday 11/2 6:00-9:00 pm 3 weeks New London HS

Resident \$59/resident \$64

Instructor: Anita D'Souza-Cleetus

Curious about Curry and Garam Masala? Come, experience the cuisine & culture while learning to make Tandoori Chicken, Curry, Kebabs, Pulav Rice, Chutneys & Lentils in our hands- on 3 week class. Dishes from mild to fiery hot, from the South to the North of India will be gracing your palate in these classes. Students are requested to bring their own apron and knife. A material fee of \$50.00 is to be paid to the instructor on the first night of class.

FREE FINANCIAL FITNESS 101 CLASSES

600

Credit Do's and Don'ts

Saturday 9/19 9:00-11:00 am One day
NL Adult Education or
Thursday 10/15 6:00-8:00 pm One night
Old Lyme MS
Instructor: Pamela Days-Luketich

In this seminar learn the tips and tricks to establishing, and repairing your credit score. Insights into what lenders are looking for when they analyze credit will also be shared.

601

Buying a Home of Your Own

Saturday 9/26 9:00-11:00 am One day
NL Adult Education or
Thursday 10/22 6:00-8:00 pm One night
Old Lyme MS
Instructor: Pamela Days-Luketich

Learn key steps to purchase a home from start to finish and available options, especially first-time homebuyers regarding mortgage financing, underwriting and the approval process.

602

Budgeting Basics

Saturday 10/3 9:00-11:00 am One day
NL Adult Education or
Thursday 10/29 6:00-8:00 pm One night
Old Lyme MS
Instructor: Pamela Days-Luketich

Learn how to create a basic budget, reduce debt and build savings. Many millions of people are currently deeply in debt and a simple budget could make all the difference to your financial wellbeing.

603

Reverse Mortgage

Saturday 10/17 9:00-11:00 am One day
NL Adult Education or
Thursday 11/5 6:00-8:00 pm One night
Old Lyme MS
Instructor: Karen Sterns, Pamela Days-Luketich

What is a reverse mortgage and is it right for you? Learn how to use your home to stay at home. Learn the answers to these questions and more at this informational session.

700

Empowering Women: How to Overcome 6 Retirement Challenges

Thursday 10/22 6:30-8:00 pm One night
Old Lyme MS
Tuesday 9/22 6:30-8:00 pm One night
Waterford HS
Resident \$15/Non-resident \$20
Instructor: Christopher Porter

This class is geared towards women and financial planning for retirement. It will pinpoint the 6 Retirement Challenges that they will face.



701

CYA: Conserve Your Assets

Monday 9/28 6:30-8:30 pm One night
New London HS
Tuesday 11/10 6:30-8:30 pm One night
Waterford HS
Wed. 10/14 6:30-8:30 pm One night
Montville HS
Thursday 10/29 6:30-8:30 pm One night
Old Lyme MS
Resident \$19/Non-resident \$24
Instructor: Stephan Brueckner

Are you sick of Big Banks and Wall Street? Are you worried about your retirement nest egg? Do you want to learn how to protect it from eroding away because of inflation, taxes and management fees? Attend a two-hour presentation to learn how to protect and preserve the assets accumulated over a lifetime of work. This entertaining presentation will open your eyes and empower you to take control of your own financial future, covering the topics that directly impact retirees and those preparing for retirement.

702

Social Security Planning for Boomers

Monday 10/5 6:30-8:30 pm One Night
New London HS
Tuesday 9/29 6:30-8:30 pm One Night
Waterford HS
Resident \$24/Non Resident \$29
Instructors: Albert D'Agosto,
Charles Yannich

Do you know which strategy is best for you? When should you take your Social Security? How do you apply? What impact does your spouse's Social Security have on what you collect? This ninety-minute presentation covers not only the basics of Social Security but also reveals strategies for maximizing your benefits. We welcome your questions about Social Security benefits as you explore your own personal options in making this financial decision.

703

How Money Works

Monday 9/28 6:30-8:30 pm One Night
New London HS
Resident \$24/Non Resident \$29
Instructor: Gene Callahan

Do you know the rule of 72? Do you know the difference between Revolving Debt and Fixed Debt? What is the right kind of Life Insurance? Roth IRA or Traditional IRA? Do you know the Three-Legged Stool Theory of investing? We will answer all these questions and more during this one-session class as you learn How Money Works.

704

College Funding & Planning

Tuesday 11/24 6:30-8:30 pm One Night
Waterford HS
Wednesday 11/18 6:30-8:30 pm One Night
Montville HS
Resident \$24/Non resident \$29
Instructor: Michael Alimo

Planning for college can be difficult, confusing and costly. This class provides a great opportunity to learn how to make the right college choices and maximize your funding and financial aid results, as well as how to better prepare for the SAT & ACT Exams and achieve higher scores.

800

EMT Training:

Initial EMT Basic Training (160-hour course)

Thursday 9/3 6:30-9:00 pm 13 weeks

NL Adult Education

Resident \$900/Non-resident \$900

VA and WIA Approved

Instructor: Emergency Training Services

Classes are held Monday & Thursday nights and Saturday daytime. This intensive program is designed to provide a basic understanding of anatomy, physiology, and pathophysiology. It will allow you to better understand signs, symptoms and emergency care. An anatomical and body system approach to physical exams will link conditions to assessment findings. This course will give you knowledge of the presentation of common medical conditions and traumatic injuries encountered in the pre-hospital environment. You will learn how to provide the most efficient and effective emergency care. Graduates of this program will satisfy licensure requirements from the National Registry of Emergency Medical Technicians as well as the Connecticut Department of Public Health, Office of Emergency Medical Service. The textbook and the NREMT Practical Exam Fee is included in this course.

801

Real Estate Principles & Practices

Informational Meeting held at

NL Adult Education 4:30-6:30 on Thurs. Sept. 3

Monday & Wednesday 9/9 6:00-9:00 pm

12 weeks – NL Adult Education

Resident \$420/Non-resident \$425

VA and WIA Approved

This course covers the major aspects of the real estate industry and prepares you for the state licensing examination and meets the 60 hour requirement for licensing. It also provides excellent information for those interested in personal real estate planning and investing. All taught by knowledgeable and experienced instructors from the Academy of Professional Education in a fun, interactive environment! To take the state licensing examination you must be 18 years of age or older. Classes meet on Monday and Wednesday evenings for 12 weeks. Books required for the class: Modern Real Estate Principles and Practice and Connecticut law for Real Estate, books can be purchased from instructor for \$75.



802

Private Pilot Ground School

Monday 9/21 6:00-9:00 pm 8 weeks

NL Adult Education

Resident \$325/Non-resident \$330

Instructor: Brian Godburn

Have you dreamed of becoming a pilot or want to learn how our aviation system works? You could be flying yourself to your next vacation. We will learn about aerodynamics, weather, regulations, aircraft systems, airspace and all other areas to make you a well-rounded and safe pilot. This course will cover all aspects of general aviation and will meet the requirements to take the FAA Private Pilot Written Exam. Brian Godburn is a certified flight instructor, instrument instructor, multi-engine instructor and a pilot for Delta Airlines.

803

Professional Bartending with SMART Certification

Wednesday 10/7 6:00-9:00 pm 5 weeks

NL Adult Education

Resident \$250/Non-resident \$255

Instructor: Paul Rich

This professional bartending course includes the state and national SMART (Servers and Managers Alcohol Responsibility Training) certification recognized by the CT Department of Liquor Control and police departments. Servers of alcohol are taught to serve responsibly, how to spot signs of intoxication, and how to respond appropriately. Instruction focuses on opening and closing procedures, product knowledge, speed of preparation, and people skills. Upon successful completion of the course, students will be qualified to work in any environment that serves liquor. Students receive a certificate of completion and the SMART certification. Students must be 18 years old or older. No real alcohol is used.

804

SMART Certification for Alcohol Servers

Wednesday 10/7 6:00-9:00 pm One night only

NL Adult Education

Resident \$55/Non-resident \$60

Instructor: Paul Rich

SMART training is a 3-hour certification course developed by those in the hospitality industry for the hospitality industry. Participants will learn how to identify signs of intoxication using the traffic light system as well as learning CT's liquor rules, regulations, and laws. This course has an intense focus on checking ID's properly and identifying underage drinking.

805

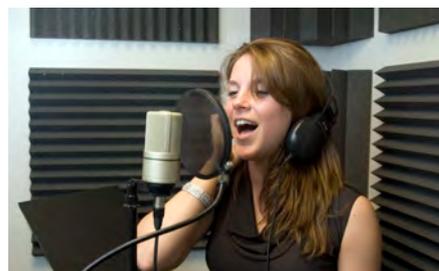
Getting Paid to Talk: Voiceovers

Wednesday 10/14 6:30-9:00 pm One night only

NL Adult Education

Resident \$29/Non-resident \$34

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice-over work for television, film, radio, audio-books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo and how to be successful and earn a great income in this exciting field. Students will have the opportunity to ask questions and hear examples of demos recorded by professional voice actors.



900

German for the Beginner

Thursday 9/24 6:30-8:30 pm 8 weeks
 NL Adult Education
 Resident \$79/Non-resident \$84
 Instructor: Carmen Kuegler

Are you planning a trip to Germany? Do you have German friends or relatives that



you would like to converse with? This is a beginning German course that will get you

on your way to experiencing a new language. Learn the German language from a native speaker in this 8 week course. Class size is limited, register early.

901

Russian for the Beginner

Tues, Wed & Thurs 10/20 6:30-8:30 pm
 4 weeks (12 classes)
 NL Adult Education
 Resident \$79/Non-resident \$84
 Instructor: Jakob Poll

This course will introduce you to the Russian Culture, Traditions and Beliefs all



the while learning basic Russian greetings & everyday phrases. Discover the beauty of the Russian language

from a native Russian speaker. Class is limited to 8 students, register early to secure your seat in this new & exciting class!

902

Introduction to Chinese

Tuesday 9/22 7:00-9:00 pm 8 weeks
 Waterford HS
 Resident \$79/Non-resident \$84
 Instructor: Dian Chen

This is an introduction course to the Chinese Language. Learn proper pronunciation while speaking and



listening, writing and reading this language. This course will cover phonetic symbols and

tones for pronunciation learning. The writing and reading portion will cover common grammar rules and character writing. This course will emphasize more on speaking than writing and reading.



903

Beginning American Sign Language

Monday 9/21 7:00-9:00 pm New London HS
 or Tuesday 9/22 7:00-9:00 pm Waterford HS
 8 weeks
 Resident \$79/Non-resident \$84
 Instructor: Donna Haggerty

Explore the world of manual communication. Learn the alphabet, how to finger spell, and much more.

904

Advanced American Sign Language

Thursday 9/24 7:00-9:00 pm
 8 weeks
 NL Adult Education
 Resident \$79/Non-resident \$84
 Instructor: Donna Haggerty

This course is for those who would like to expand their sign language skills.

905

Portuguese for Beginners

Thursday 9/24 7:00-9:00 pm
 8 weeks
 NL Adult Education
 Resident \$79/Non-resident \$84
 Instructor: Susana Lameiras



The class will introduce basic Portuguese and get you on your way to a new language.

906

Spanish for the Beginner

Thursday 9/24 7:00-9:00 pm
 8 weeks
 NL Adult Education
 Resident \$109/Non-resident \$114
 Instructor: Claudia Schkepper

The goal of this course is to help you develop basic Spanish communication



skills. In our class, we will emphasize practical conversational techniques and pronunciation with lessons in gram-

mar, reading and writing. The Instructor will also try to include some of your individual learning objectives. The textbook is included in cost of the course.

907

Italian: Beginning Level

Tuesday 9/22 6:30-8:30 pm
 8 weeks
 NL Adult Education
 Resident \$114/Non-resident \$119
 Instructor: Mirela Gjino

Learn Italian with a skilled bilingual instructor! Oral drills will encourage



the beginner to develop speaking and listening skills. We will introduce practical vocabulary and expres-

sions, and go over real travel situations and cultural differences. Textbook is included in registration fee.

908

Italian: Intermediate Level

Monday 9/21 6:30-8:30 pm
 8 weeks
 NL Adult Education
 Resident \$89/Non-resident \$94
 Instructor: Mirela Gjino

This course is a continuation for students who have taken Italian I and have a basic knowledge of the Italian language. Have fun while learning to start and conclude a conversation and pronunciation of everyday dialogues. Students who have already taken Italian Beginning Level will use the same textbook. Others will pay the \$25 Textbook Fee.

909

Spanish: Intermediate Level

Thursday 9/24 6:30-8:30 pm 8 weeks
 NL Adult Education
 Resident \$89/Non-resident \$94
 Instructor: Cris Aguilar

This course is a continuation of Spanish for Beginners and will expand your basic knowledge of the Spanish language. Students who have already taken "Spanish for Beginners" will use the same textbook (Spanish is Fun, 3rd Edition). Others will pay the \$20 textbook fee.

910

Spanish for the Healthcare Worker

Tuesday 9/22 6:30-8:30 pm 6 weeks
 Waterford HS
 Resident \$69/Non-resident \$74
 Instructor: Cris Aguilar

Whether it is their first appointment, a minor procedure or ongoing care, your patients rely on you for comfort and understanding. Spanish for Healthcare helps you obtain their answers to your basic questions related to their health.

911

Spanish for the Beginner

Tuesday 9/22 7:00-9:00 pm 8 weeks
 Waterford HS
 Resident \$109/Non-resident \$114
 Instructor: Nancy Vega

Our beginner class will help students speak, listen, read and write Spanish. The textbook is included in cost of the course.

912

French for the Beginner

Saturday 9/26 9:00-10:30 pm 6 weeks
 NL Adult Ed
 Resident \$69/Non-resident \$74
 Instructor: Cris Aguilar

This course is ideal if you are planning a trip to Paris or to any francophone city, if you are hosting for French-speaking friends or relatives at your house or office, or if you want to do small talk with French speaking people beyond "bonjour."

860-437-2385

New London Adult & Continuing Education



Discover why millions of students are making the switch to online learning. With online courses, you can study at your convenience in your preferred learning environment. Our courses and programs are highly engaging and relevant and our instructors are interactive and support you through the curriculum. Choose from our growing catalog of Instructor-Led Courses designed to teach you a new skill or refresh a current one or our Career Training Programs geared to place you into a new career in an in-demand field.

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Prepare for employment in some of today's hottest careers. Our online Career Training Programs are comprehensive, affordable, and self-paced. You can begin these Programs at any time and learn at your own pace.

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- **Medical Transcription**
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- **Certified Wedding Planner**
- **Certified Personal Trainer**

MORE COURSES AVAILABLE AT EACH OF OUR WEBSITES

www.ed2go.com/newlondonadult | <http://careertraining.ed2go.com/nlae>



1000 Learn to Computer program Using C#.Net

Saturday 9/12 9:00-11:00 pm 8 weeks
NL Adult Education
Resident \$159/Non-resident \$164
Instructor: Tom Nicholas

This course will get you on your way to writing computer programs for Windows using Windows Visual Studio .Net C# Programming language.

1001 Learn to Create a Web Site Using C#.Net

Monday 9/21 6:30-8:30 pm 8 weeks New
London HS
Resident \$159/Non-resident \$164
Instructor: Tom Nicholas

This course will teach you how to create a Web site using Microsoft Visual Studio You will learn at a high level HTML5, Cascading Style Sheets (CSS), JavaScript and C#.

1002 The Digital World, Computers & You

Monday 9/21 3:00-5:00 pm 6 weeks
NL Adult Education
Resident \$69/Non-resident \$74
Instructor: Ed Trzcinski

This is an entry-level computer course designed to help those who are facing an increasingly digital world. Students will become comfortable with essential computer operating skills. In addition to using the latest Windows 7 operating system, Microsoft Word and Excel will be introduced. Much of the fear and confusion associated with computers will become a thing of the past! Some familiarity with computers is helpful, but not required.

1003 iPad 101

Mon. & Thurs. 10/19 3:30-5:00 pm 2 weeks
(4 classes) – NL Adult Education
Resident \$49/Non-resident \$54
Instructor: Christina Frausini

Take an afternoon class & learn all about your iPad. Learn about the various Apps that are available & how to customize it to your needs.



1004 Photoshop

Mon. & Thurs. 10/19 6:00-8:30 pm 2 weeks
(4 classes) – NL Adult Education
Resident \$69/Non-resident \$74
Instructor: Christina Frausini

Learn how to navigate Adobe Photoshop to edit and manipulate your digital images. Layers, color balance, filter effects, text and more! Bring your own photographs in a digital file to work with in this fun computer class.



1005 MS Word 101

Tuesday 9/22 3:00-5:00 pm 6 weeks or
Wednesday 9/23 6:00-8:00
NL Adult Education
Resident \$69/Non-resident \$74
Instructor: Ed Trzcinski

Learn the basics of MS Word. Step-by-step instruction will take you on your way and give you the knowledge you need to use Word in your job and at home.

1006 MS Excel 101

Wednesday 9/23 3:00-5:00 pm 6 weeks
NL Adult Education
Resident \$69/Non-Resident \$74
Instructor: Ed Trzcinski

This class will start you on your way with Excel, a versatile program that can be used at work & at home. Excel can be used to keep budgets, inventory & more.



1007 Microsoft Office Excel Advanced

Wednesday 11/4 3:00-5:00 pm 6 classes
NL Adult Education
Resident \$69/Non-resident \$74
Instructor: Ed Trzcinski

Expand your knowledge of Excel with this part two of the Excel Series.

2000

Paranormal Workshop

Saturday 9/26 12:30-2:00 pm One day only
NL Adult Education
Resident \$25/Non-resident \$30
Instructor: Traci Boiselle

This workshop will give you a condensed overview of the paranormal field. This class is an introductory class to Paranormal 101.

2001

Paranormal 101: An Introduction to the Paranormal and Paranormal Investigation

Saturday 10/3 12:30-2:00 pm 7 weeks
NL Adult Education
Resident \$69/Non-resident \$74
Instructor: Traci Boiselle

Participants in this program will be introduced to the paranormal field by learning the fundamentals of hauntings and paranormal



activity, including the definitions of the various types of hauntings and how hauntings occur. The class will move on to a complete overview of how the TAPS (Trans Atlantic Paranormal Society) Home Team carries out paranormal investigations using scientific methods. Equipment, investi-

gation techniques, evidence review, reporting, and team dynamics will be discussed along with how to effectively interact with clients.

2002

After Death Communication

Thursday 9/17 12:30-2:30 pm One day only
NL Adult Education
Resident \$25/Non-resident \$30
Instructor: Carla Augustyn

Have you felt the presence of someone who has passed? What are the prevalent signs and messages that deceased loved ones send to us? What can a near death experience teach us about the afterlife? These questions and more will be discussed and explored.

2003

Afterlife

Thursday 9/24 12:30-2:30 pm One day only
NL Adult Education
Resident \$25/Non-resident \$30
Instructor: Carla Augustyn

What happens at the moment of death? Why do some people not cross over and how can we help them? What do prevalent experiences and documentation suggest life is like on the other side and how can we learn from this information to enhance our present lives! These topics and more will be explored.



2004

Meet your Spirit Guide

Thursday 10/8 6:30-8:30 pm One day only
Old Lyme MS
Resident \$35/Non-resident \$40
Instructor: Alison Ritrovato, APRN

Your Spirit Guide has been with you since you incarnated on this Earth and is eager for you to reconnect with him/her so that they may give you messages of encouragement and love. During this class you will learn how to connect with your guides and receive daily guidance on your own.

2005

Past Life Regression

Thursday 10/22 6:30-8:30 pm One day only
Old Lyme MS
Resident \$35/Non-resident \$40
Instructor: Alison Ritrovato, APRN

Learn how your past lives contribute to your current life. Experience a group session of past life regression and access the wisdom stored in your past lives to heal and transform your life. This class is fun, enriching and can be life changing.

2006

Learn to connect with your Soul's Path

Thursday 9/24 6:30-8:30 pm Two classes
Old Lyme MS
Resident \$79/Non-resident \$84
Instructor: Alison Ritrovato, APRN

Join this class if you would like to begin to live your life free from fear, struggle and anxiety and open up to a life better than you could ever imagine. Learn to let go what no longer serves you and become truly happy in all that you do. Learn why difficult people in your life serve a purpose and how to remove them from your life. This class will be two nights and include guided meditation, automatic writing, chakras, questions and answers, a message for each participant from Spirit to help you on your journey and more.

PHOTOGRAPHY

1004

Photoshop

Mon. & Thurs. 10/19 6:00-8:30 pm 2 weeks
(4 classes) – NL Adult Education
Resident \$69/Non-resident \$74
Instructor: Christina Frausini

Learn how to navigate Adobe Photoshop to edit and manipulate your digital images. Bring your own photographs in a digital file to work with in this fun computer class.

3001

Mystic Photography Workshop

Saturday 9/12 9:00 – 1:00 pm
Mystic Aquarium & Village
Resident \$49/Non-resident \$54
Instructor: C. Frausini

This workshop will explore two of Mystics' Gems: the Aquarium & the Village. Work with an experienced photographer and learn the tips & techniques to improve your photos. Admission to the Aquarium is included in cost of class.

3002

Smart Phone & Tablet Photography

Saturday 9/26 9:00-11:00 pm One day
NL Adult Education
Tuesday 10/6 6:30-8:30 pm One night
Waterford HS
Wednesday 10/28 6:30-8:30 pm One night
Montville HS
Thursday 9/24 6:30-8:30 pm One night
Old Lyme MS
Resident \$29/Non-resident \$34
Instructor: Mary Beth Morrissey

Learn how to create stunning images from your smart phone. Learn the latest tips and tricks on how to create amazing photos from your phone. Learn about all the latest FREE Photography Apps available. (Smart Phone or Tablet required)

3003

Nature Photography Field Trip

Saturday 9/26 8:30-11:30 One day
Conn College Arboretum or
Saturday 10/17 8:30-11:30 One day
Conn College Arboretum
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

Learn how to develop your photographic eye in order to pursue and capture various themes in nature. Students must bring a 35mm DSLR camera. Tripod & remote shutter recommended. Rain date is Sunday 9/27 or 10/18.

3004

Fall Foliage Photography Field Trip

Saturday 10/10 8:30-11:30 One day
Conn College Arboretum
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

This workshop will concentrate on capturing some of New England's stunning foliage. Students must bring a 35mm DSLR camera. Tripod & remote shutter recommended. Rain date is Sunday 10/11.

3005

Basic Night Sky Photography Field Trip

Sat.10/3 6-9 pm Frosty Drew Observatory or
Sat. 10/24 6-9 pm Frosty Drew Observatory
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

This one day class is an introduction to Astrophotography. Learn the basics of camera-on-tripod celestial imaging. Students must bring a 35mm DSLR camera, tripod & remote shutter release. Frosty Drew is located in Charlestown RI. Rain date is 10/4 or 10/25.

CANON EOS DSLR COURSES

Bring your Canon EOS DSLR

Take one class or all five of this series. It is highly recommended that you take Part One and then continue on with the series.

3006

Canon EOS DSLR Part One

Thursday 10/1 6:00-9:00 pm One day Old Lyme Middle School
Saturday 10/31 9:00-12:00 One day NL Adult Education
Resident \$24/ Non-resident \$29
Instructor: Ronald Zincone

This course will introduce you to the technical and artistic methods of 35mm Digital Photography using your Canon EOS DSLR Camera. We will cover topics including DSLR vs. point and shoot cameras, megapixels, the sensor, image quality and more.

3007

Canon EOS DSLR Part Two

Thursday 10/8 6:00-9:00 pm One day
Old Lyme Middle School
Saturday 11/7 9:00-12:00 One day
NL Adult Education
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

This course will teach you the basic recipe to capturing 90% of your subjects with just two camera modes. This course will introduce you to the basic recipe Learn the "Exposure Pyramid" or the "Photographers Triangle."

3008

Canon EOS DSLR Part Three

Thursday 10/15 6:00-9:00 pm One day
Old Lyme Middle School
Saturday 11/14 9:00-12:00 One day
NL Adult Education
Resident \$24/Non-resident \$29
Instructor: Ronald Zincone

Take the 3rd step and learn technical and artistic methods of your Canon EOS DSLR. Topics include: the mode dial, basic and creative zones, aperture priority and more.

3009

Canon EOS DSLR Part Four

Saturday 11/21 9:00-12:00 pm One day
NL Adult Education
Wednesday 10/21 6:00-9:00 pm One day
Montville HS
Resident \$24/ Non-resident \$29
Instructor: Ronald Zincone

Learn the Canon EOS menu including selecting image quality and size, red eye correction, LCD review time, exposure compensation, live view modes and more.

3010

Canon EOS DSLR Part Five

Saturday 11/21 1:00-4:00 pm One day
Wednesday 10/28 6:00-9:00 Montville HS
Resident \$24/ Non-resident \$29
Instructor: Ronald Zincone

This course is designed to introduce and teach you the how, why and when to select important photographic equipment and accessories.

4000
Compose it, Play it & Learn How to Record it

Thursday 9/24 6:30-8:00 pm 8 weeks
 Old Lyme MS
 Residents \$79/Non-resident \$84
 Instructor: Andrew Barnes

Start your musical journey by learning basic Guitar techniques and skills, bring your own guitar if you have one. Take those melodies and turn it into a song. Participants will be exposed to basic songwriting elements including inspiration, emotion, wordplay and more, awakening their inner bard with simple writing exercises.. Participants will write their own songs individually, as well as in a group as a class. Complete your musical experience by learning key music recording techniques and procedures using real studio equipment. Guitars and other equipment will be available for this class.

4001
Learn to Play Conga

Saturday 9/26 9:00-11:30 am 4 classes
 NL Adult Education
 Residents \$89/Non-resident \$94
 Instructor: Herman "Doc" Frazier

This course will provide the beginning drummer with the fundamentals of Conga playing. You will learn a brief history of the drum and how to tune and maintain your drum. Learn hand positioning, tones, techniques and different rhythms and patterns. The course will provide a cool understanding for the beginner and intermediate drummer to enhance and enjoy their drumming experience for years to come. A drum is required.



4002
Beginner & Intermediate Guitar Lessons

Wednesday 9/23 7:00-9:00 pm 6 weeks
 Montville HS
 Resident \$99/Non-resident \$104
 Instructor: Don Cash

Beginners learn the basic right and left-hand techniques including chords, strums, and single note patterns, as well as easy songs. Written and ear approaches will be used. At the intermediate level, students will improve their current level of playing and advance into new areas of neck. Theory and lead guitar will be introduced in a variety of styles. Students must have their own guitar (small amplifier for electrics), and a personal recording device is recommended.

4003
Just Once Piano for Hopelessly Busy People

Sat. 10/17 9:00 am -12:00 pm One day only
 NL Adult Education
 Resident \$59/Non-resident \$64

Some music teachers may not want you to know this, but you do not need years of weekly lessons to learn piano. In this Lecture/Demonstration class, you can learn enough secrets of the trade to give you years of musical enjoyment. "As seen on the PBS Television program - "Piano in a Flash." Fee includes the workbook.

4004
Just Once Guitar for Busy People

Saturday 10/17 1:00-3:30 One day only
 NL Adult Education
 Resident \$59/Non-resident \$64

Have you ever wanted to learn the guitar but simply find it too difficult to find the time? In just a few hours you can learn enough about playing guitar to give you years of musical enjoyment. This crash course will give you basic chords and get you playing along with your favorite songs. Bring your Guitar & get ready to learn!



PET ESSENTIALS

5000
Pet First Aid and Disaster Response

Sat. 10/10 8:30 am -12:00 pm One day only
 NL Adult Education
 Resident \$54/Non-resident \$59
 Instructor: Emergency Training Services

This unique course is ideal for all pet owners and pet caregivers. This course covers common health and safety related issues, CPR, first aid basics, when to seek professional care, and disaster planning steps for proper care of pets.



5001
Starting a Pet Sitting Business

Saturday 11/7 10:00 am-12:30 pm One day only
 NL Adult Education
 Resident \$44/Non-resident \$49
 Instructor: Linda Norton

What makes a professional pet sitting business different from hiring the kid next door? How can you be sure that pet sitting is the business for you? Is it just "all about pets" or much more? What does it mean to be a professional pet sitter? These topics and more will be covered in the course.

PERSONAL GROWTH

6000

Laughworks: School of Improv

Thursday 9/24 6:00-8:00 pm 8 Weeks
NL Adult Education
Resident: \$96/Non-resident \$101
Instructor: Kristin Hartnett

Laughter is still the best medicine! In this class, students learn to build confidence, play well with others, and think on their feet. Using theater games and exercises, students learn the Improv form and discover it can lead to a more spontaneous and authentic life. A friends & family performance will be scheduled for the end of the class. All experience levels are welcome.

6001

Laughworks: School of Improv for Teens & Tweens!! Ages 11-15

Thursday 9/24 4:00-5:30 pm 8 Weeks
NL Adult Education
Resident: \$72/Non-resident \$77
Instructor: Kristin Hartnett

Learn to build confidence, play well with others, and think on your feet! Using theater games and exercises, students learn Improv: a form of theater that relies on participation and spontaneity. A friends & family performance will be scheduled for the end of class. No experience necessary.

6002

The Joy of Movies

Wednesday 9/23 6:30-9:00 pm 10 weeks
B.P. Learned Theater, 40 Shaw Street
Resident \$89/Non-resident \$94
Instructor: Rick Gipstein, Film Enthusiast

This popular course will cover ten classic films in a variety of genres. The history and cinematic techniques of each film will be covered, followed by a screening on the big screen at the B.P. Learned Theater. A class discussion of the film will follow. This semester, a partial list of films includes Jane Eyre, Ida, Sergeant York, Umberto D, Two Lane Blacktop and I Know Where I'm Going. A textbook is also provided. If you love films and want to expand your horizons, this course is for you.



6003

Extreme Couponing

Thursday 11/5 6:30-9:00 pm One Night only
NL Adult Education
Resident \$35/Non-resident \$39
Instructor: Elizabeth Lahens

Do you want to save up to 50-100% on groceries including meat, dairy, produce & more? Come learn from an expert in one night. Also find out how to save on back to school items, household goods, clothing medications and more. This is done in your local stores every day and you can do it too. Please also bring a non-perishable food item for your local food pantry.

6004

Navigating the World of Grant Writing

Tuesday 9/29 7:00-9:00 pm 3 weeks
Waterford HS
Resident \$130/Non-resident \$135
Instructor: Mary Jane Cassidy

Do you work for a nonprofit, you have become a member of the Board of a nonprofit, you want to set up a nonprofit – now what do you do? You need to write a grant application or you need to plan a fundraising event – together we will navigate the many facets of the grant writing and fundraising world. You will learn to write elements of a grant application, how to structure a budget and will tackle the elements of a fund raising event. From an annual fund to a major gift solicitation you will learn the elements for a successful solicitation. Writing homework is part of the course.

6005

Creative Writing

Monday 9/21 6:30-8:30 pm 8 weeks
New London HS
Resident \$79/Non-resident \$84
Instructor: Amber Safari

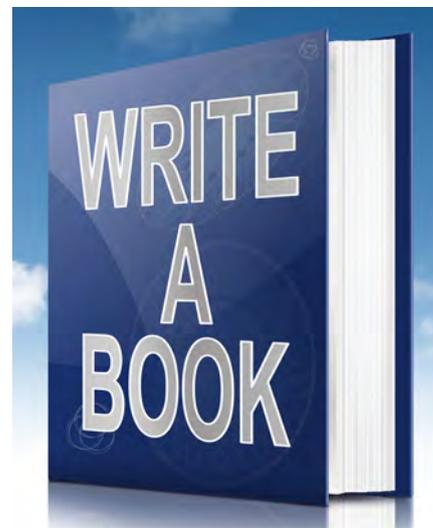
Do you like Creative Writing, but are not quite sure where to start? Come learn the basics as we write in class and practice at home. Students will review the basic parts of a story, gain insight into the importance of using sensory details, “showing not telling,” the proper use of dialogue and more. Students will work to complete one full short story throughout the eight weeks.

6006

Introduction to Writing and Publishing Children's Books

Tuesday 9/22 7:00-9:00 pm 6 weeks
Waterford HS
Resident \$79/Non-resident \$84
Instructor: Fred Neff

Learn from some of the best in the publishing and writing field. This lecture series will give you the insight on publishing that children's book that you have written. Bring your rough draft story, or develop your idea during the 6-week course. Although the course is designed for the beginner who doesn't quite know what to do next, it is helpful to have a writer's frame of mind with a desire to see your story written, illustrated and published. A variety of aspects pertinent to publishing your story will be covered by speakers from the industry. Speakers include: A publisher, an illustrator, different children's book authors, and the Coordinator for the local chapter of Connecticut Authors and Publishers Association.



6007

Publish Your Book Guaranteed

Monday 9/21 6:00-8:30 pm – One day only
New London HS
Resident \$39/Non-resident \$44
Instructor: David K. Ewen M.Ed.

Learn how to put written content in print, online, in audio. Discover how book publishing has evolved and learn the free online tools that make publishing easy. Become a marketing expert and use the media to your advantage.



6008 Income at Home with Online Tools

Saturday 10/31 9:00-1:00 pm – One day only
NL Adult Education
Resident \$49/Non-resident \$54
Instructor: David K. Ewen M.Ed.

Learn how to accept advertising and affiliate marketing to create an online income stream of revenue. Increase your online presence with social media. Discover how Search Engine Optimization and Social Media Optimization are used. Know how to reach more consumers to increase your earning potential. You will learn how money and income flow on the internet.

6009 Fundraising Fundamentals

Tuesday 10/20 6:30-8:30 pm – 3 weeks
Waterford HS
\$59/Non-resident \$64
Instructor Phyllis Cappuccio, MS,CFRE

This class will cover the basics of raising revenue. Topics include grant writing, Direct Appeals, Events, Product Sales as well as how to create a fund development plan. Whether you are a volunteer or staff for a non-profit organization, this class will help you get started on the road to funding your program.

6010 Grant Writing Workshop

Saturday 9/26 9:00 am -12:00 pm 1 Day only
NL Adult Education
\$49/Non-resident \$54
Instructor Phyllis Cappuccio, MS,CFRE

Learn the basic steps to Grant Writing. This course is an introductory class that will get you started on your way to that Grant for your business or self.

6011 Get Your Mojo Back

Tuesday 9/22 6:00-8:00 pm – 1 Night only
Waterford HS
\$39/Non-resident \$44
Instructor Carol Vara, MSW,

Ladies and Gentlemen get out of your slump! Push forward in dating by pumping your ego and learn to eliminate negative self-doubts by creating positive self-esteem. You will have a fantastic dating experience. FREE gift provided!

6012 We are all Meditators

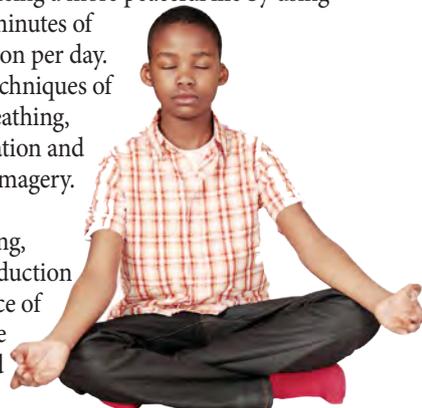
Tuesday 9/29 6:00-8:00 pm – 1 Night only
Waterford HS
\$39/Non-resident \$44
Instructor Carol Vara, MSW

Start to calm your thoughts and mind by experiencing a more peaceful life by using just 20 minutes of meditation per day.

Learn techniques of deep breathing, visualization and guided imagery.

Overall well-being, stress reduction and peace of mind are achieved with an

ongoing meditation practice. Dress comfortably! FREE gift provided!



6013 The Circle of Life

Tuesday 10/6 6:00-8:00 pm – 1 Night only
Waterford HS
\$39/Non-resident \$44
Instructor Carol Vara, MSW

Explore and master ten areas of your life to live happily with success, ease, inner peace and great satisfaction! We will take a look at where you are at in Finances, Love, Career, Religion/Spirituality, Health, Mental Health, Family and Friends, Socialization, Recreation and Education, FREE gift provided!

HEALTH AND WELLNESS

7000 CPR With Automated External Defibrillator (AED) & Standard First Aid

Saturday 10/3 8:00 am-4:00 pm One day
NL Adult Education
Resident \$89/Non-resident \$94
Instructor: Emergency Training Services

This course will teach you how to recognize and treat life-threatening emergencies, cardiac arrest, and choking in adults and children 8 years or older. Defibrillator and infant training will also be taught. This program meets OSHA requirement standards for emergency care training in the work place. An American Heart Association CPR and National Safety Council First Aid Certification will be presented upon completion of this course.

7001 Babysitting Lessons & Safety Training (BLAST)

Saturday 10/10 12:30-4:00 pm One day only
NL Adult Education
Resident \$54/Non-resident \$59
Instructor: Emergency Training Services

BLAST was developed by the American Academy of Pediatrics and Emergency Care and Safety Institute to educate children of the responsibilities of being a babysitter. This course is designed for children ages 13 -16, their parents, and parents looking to hire a babysitter. The BLAST program can prepare children to interview for a babysitting job and to select safe and suitable games and activities. The BLAST course is exciting and interactive, providing extensive training in pediatric first aid, household safety, and fundamentals of childcare.

Culture on Wheels

If you are looking to travel, our Culture on Wheels program presents some exciting and affordable opportunities. We offer numerous and convenient day and overnight bus trips as well as overseas world-class tours that depart from our facility! Open to all, our Culture on Wheels program continues to grow each year.

We invite you to join us!





New York on Your Own

Saturday, September 19, 2015 – cost: \$59

Take a day and discover all New York has to offer whether it's seeing a play, enjoying lunch or dinner at a fabulous restaurant, or just taking in the sights and sounds of New York. Visit the World Trade Center Memorial, Times Square, and Central Park. Another place to explore is the The High Line - a public park built on a historic freight rail line elevated above the streets on Manhattan's West Side, and don't forget the San Genaro Festival, and the German-American Steuben Parade - the day is yours to enjoy! Cost is \$59 per person and payment in full is required upon registration. We depart from Shaw's Cove at 7:30 a.m. and depart from New York at 7:30 p.m. Bus fills fast – register NOW!

Belmont Park Elmont Long Island, NY

**Saturday, September 26, 2015
cost: \$109 per person**

We're off to the races! You can bet on excitement at "The Championship Track" where nearly every major champion in racing history has competed - including eleven Triple Crown winners! We'll have a delicious luncheon buffet at the Garden Terrace which has tiered, trackside seating and floor-to-ceiling windows overlooking the track – including panoramic views of the finish line. Everyone receives a race-day program upon arrival. Full payment is required upon registration. 9:00 departure from Shaw's Cove.

Providence, Rhode Island – Italian Style!

Saturday, October 3, 2015 cost: \$98

Take a closer look at the creations of Ten31 Productions – known for their amazing living statues featured at Waterfire and major events throughout the country. We'll tour their studios in Providence as staff demonstrates painting techniques. Lunch will be at Spirito's Restaurant in Federal Hill, the famous Italian section of Providence! Following lunch we'll experience a behind-the-scenes tour of Federal Hill with our local tour guide, who will share the history and the happenings of Federal Hill with samplings of Balsamic Vinegar, Olive Oil and Wine along the way. Time to shop the Bakeries of Federal Hill. Full payment is required upon registration. 9:00 Departure from Shaw's Cove.



Dutch's Spirits: Adventures in the Beautiful Hudson Valley

Sunday, November 1, 2015 cost: \$92

During the Prohibition Era in 1932, federal agents raided Harvest Homestead Farm to find the most elaborate, illicit liquor-producing operation ever uncovered in Dutchess County. Now more than 80 years later, Dutch's Spirits offers visitors full access to the original bunkers as part of a unique tour. We'll have a guided tour of the historic bunker and the 21st century distillery with a tasting of spirits. A farm table lunch will be prepared by Executive Chef and served family style. Later we'll visit the Village of Millerton, NY – voted one of the 10 coolest towns in America; and spend some time in the prestigious Harney & Sons Fine Teas shop. 7:30 Departure from Shaw's Cove. Full payment is required upon registration.



Covered Bridges of New Hampshire

Sunday, October 18, 2015 – cost: \$92

Covered bridges (or "Kissing Bridges") are practically a trademark of New England life. They can reflect the town that they reside in, the artist or architect that designed them, or the period in which they were built. Grab your camera and come explore several of them with us on a Guided Driving Tour of Covered Bridges in Southern New Hampshire. Included in the cost of this trip is a special Oktoberfest Luncheon at the Inn at East Hill Farm in Troy, New Hampshire. We'll also stop at Kringle Candle's Country Barn, Chocolate Shop and Candle Store on our way north to New Hampshire. 7:30 Departure from Shaw's Cove. Full payment is required upon registration.

CULTURE ON WHEELS



The Christmas Festival at the Seaport World Trade Center, Boston

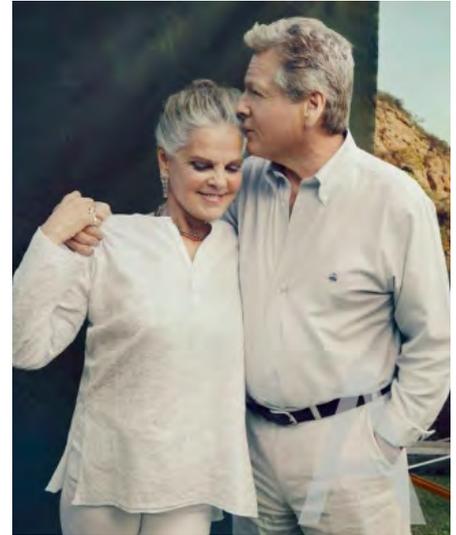
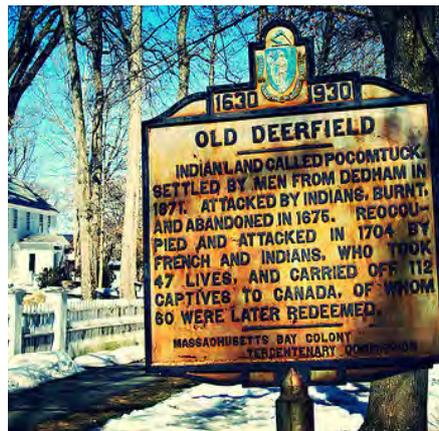
Sunday, November 8, 2015 cost: \$68

If craft shows are your thing, this is a “don’t miss!” The Christmas Festival at the Seaport World Trade Center in Boston is a blockbuster event. This award-winning show is the largest crafts festival in New England, and features handcrafted gifts, holiday decorations, jewelry, clothing, pottery, folk art, delicious foods to buy and sample, and so much more! Watch the Gingerbread House Competition where top chefs create gingerbread masterpieces judged by a celebrity panel. We’ll spend time at the Prudential Center following the festival during our free time. 8:00 Departure from Shaw’s Cove. Full payment is required upon registration.

Stocking Stuffer Holiday Tour Deerfield, Mass.

Saturday, December 12, 2015 – cost: \$102

Capture the holiday spirit this December by visiting Old Deerfield, Massachusetts! Fill your Stocking along the way. A gift at each stop. Our first stop will be at Kringle Candle in Bernardston – the fastest growing premium all white candle line in America. Enjoy a traditional holiday lunch at Champney’s Restaurant at the Deerfield Inn. A guided tour of The Street viewing homes decorated with holiday wreaths. A tour of Stebbins House with an open hearth cooking demonstration will focus on holiday desserts. We’ll complete our day with a ride through Forest Park’s Bright Nights in Springfield. Everyone will receive a memento of our visit. 8:30 Departure from Shaw’s Cove Three. Full payment required upon registration.



“Love Letters”

Starring Ali McGraw & Ryan O’Neal

Bushnell Theatre

Sunday, February 14, 2016

Performance begins at 1:00 p.m. - cost: \$112

Don’t miss this special treat featuring two beloved entertainers – Ali McGraw & Ryan O’Neal. Having co-starred in the popular “Love Story”, the pair will now star in an upcoming national tour of Love Letters, A.R. Gurney’s romance about first loves and second chances. An emotional ride through the lives of lifelong friends and sometimes lovers who share their most intimate thoughts through letters. 11:00 Departure from Shaw’s Cove. Full payment required upon registration. Lunch is not included.

Radio City Christmas Spectacular

Sunday, November 15, 2015 – cost: \$129

Radio City Christmas Spectacular, featuring the world-famous Rockettes, is back for its 87th year at Radio City Music Hall. Experience the magical lineup of the Parade of the Wooden Soldiers, and enjoy the wondrous 3D Journey with Santa and his sleigh through the skies of New York. Celebrate the miracle of the first Christmas with the living nativity scene. Dreams come to life with a unique take on the Nutcracker - complete with dancing Teddy Bears and Ice Skaters. We’ll have time before and after the 2:00 pm performance to shop, grab a bite to eat, and enjoy the city. 8:00 Departure from Shaw’s Cove, 9:00 return. Full payment is required upon registration.



OVERNIGHT TRIPS

Washington, DC and Annapolis, Maryland

April 22-25, 2016 – cost: from \$648 pp/dbl

We head to our beautiful capital on the Potomac River in Washington, DC to enjoy three night's accommodations at the Holiday Inn in Rosslyn overlooking Washington and adjacent to Georgetown. We'll have a guided tour of Annapolis – a seaport village steeped in maritime history, and tour the U. S. Naval Academy which will highlight life at the Academy past and present. This trip also includes tours of the famous memorials of Washington, DC. There will be time on your own to visit the wide variety of museums Washington has to offer. Cost includes 3 nights hotel stay, 3 breakfasts, 3 dinners, sightseeing and admissions per itinerary. A \$100 deposit is required by January 22, 2016.



Resorts Casino · Hotel in Atlantic City

May 23-26, 2016 – cost: TBD
(Check our Winter/Spring catalog in January for cost)

Mark your calendars! Enjoy a 3-nights' stay at the Resorts Casino · Hotel – a 1920's empire on the Boardwalk! Bonuses and tour prices will be listed in the Spring 2016 catalog. Walk the boardwalk, shop the outlets or take some time for the beach...

Atlantic Canada Land & Cruise Tour

June 29 – July 4, 2016
cost: from \$1667 pp/dbl

Join us for an exciting land and cruise tour to Atlantic Canada where we'll stop in Nova Scotia, Prince Edward Island, and Halifax. Included in this tour will be admission to the featured attraction **The 2016 Royal Nova Scotia International Tattoo** – the largest annual indoor show in the world with over 800 performers! Cost includes:

- Deluxe motorcoach transportation
- Hotel accommodations
- 1-night private cabin on Nova Star
- 4 breakfasts, 5 dinners
- Guided tours in Nova Scotia, Halifax, and Prince Edward Island

All sightseeing and admission fees included.

A Trip Presentation will take place at Three Shaw's Cove, Thursday, October 15th, at 6:00 pm.

CRUISES

Escorted Alaska Land Cruise & Rail

June 6-19, 2016 cost is from \$4434 pp/dbl

Join your fellow passengers on this deluxe escorted six nights land tour and seven nights cruise tour! Our adventure begins with a flight to Fairbanks, known as the "Golden Heart City." Highlights include:

- 2 nights in Fairbanks • 1 night in Anchorage
- 1 night in Seward • 2 nights in Denali
- 7 nights cruise on Holland America's Zaandam with Glacier Bay
- McKinley Explorer Domed Train between Denali & Anchorage
- Flights and Motorcoach to airport included in cost

A Cruise Presentation will be held on Thursday October 22 at 6:00 pm at Three Shaw's Cove.

Sail from New Jersey to the Southern Caribbean

January 3-15, 2016 – cost is from \$1897 pp/dbl

There is only one word that can possibly sum up Royal Caribbean's newest class of ship – the Quantum Class – and that is WOW! The new Anthem of the Seas has newly designed state rooms, game-changing technology, groundbreaking venues and the best dining ever are just the start of what you'll find onboard. Highlights include:

- Roundtrip transportation to New Jersey
- All meals on board
- All taxes & government fees
- We'll visit Labadee (private island) - San Juan, Puerto Rico – St. Maarten – Martinique – Barbados – and St. Kitts!



Cruise to Hawaii

April 15-26, 2016
cost is from \$3188 pp/dbl

Cruise to Hawaii onboard the "Celebrity Millennium." Hawaii offers travelers all the benefits of tropical, lush greenery; land and sea adventures; good food; and exciting culture, rich with color, history and, of course, a little romance. With Hawaii's multiple ports of call, this cruise offers an economical and exciting way to explore America's 50th state. The final payment is due by January 15, 2016. Cost includes:

- Transportation to Bradley Airport
- Casino onboard; fitness center & spa
- Flights to Honolulu and home from Vancouver
- Ship Shop Cocktail Party
- 11 nights onboard the Celebrity Millennium
- All port fees & government taxes
- All meals onboard

CULTURE ON WHEELS

Norway, Faroe Islands & Iceland Trans-Atlantic Cruise

August 27 - September 13, 2016
cost is from \$3136 pp/dbl

If you haven't taken a Trans-Atlantic cruise, here's the perfect opportunity! From Norway's Fjords to Iceland's amazing landscapes forged by glaciers, geysers, and volcanoes, to the tranquil fishing village of Klaksvik, and the historic City of Halifax. Fly to Copenhagen and sail Royal Caribbean's Serenade of the Seas to Boston. We'll visit Oslo, Norway; Kristiansand, Norway; Klaksvik, Faroe Islands; Reykjavik, Iceland (2 days); Akureyri, Iceland; and Halifax, Nova Scotia.

A Cruise Presentation will be held on Thursday October 22 at 6:00 pm at Shaw's Cove Three.

Escorted Caribbean Cruise

October 30 - November 11, 2016
cost is from \$2027 pp/dbl

Join your fellow passengers on this deluxe escorted 13 days/12 nights tour! We'll sail from Boston to Ft. Lauderdale on the Serenade of the Seas! Travel with peace of mind and all you have to do is relax and enjoy. Highlights of this trip include:

- Transportation to pier and from airport
- Flight home from Fort Lauderdale
- 12 nights on the Serenade of the Seas, all meals onboard
- Ship Shop Cocktail Party

We'll stop in St. Thomas, St. Maarten, St. Lucia, Curacao, and Aruba!

Greece Land & Cruise

October 20-28, 2015
- cost is from \$2999 pp/dbl

Athens, Mykonos, Kusadasi, Patmos and more...

A chance of lifetime to visit this incredible country. This tour includes:

- 4 night's hotel
- 3 nights on a Greek Isle Cruise
- Tour Manager
- Breakfast & Dinner daily
- Roundtrip Airfare
- Airport Transportation
- Air taxes up to \$600
- Port taxes up to \$100

Tour is filling fast... Call today to register



Italy - The Tuscan Region

March 16-24, 2016 - cost is from \$2999 pp/dbl

Come explore the wonders, majestic beauty, historic art, and food of Italy! This nine-day tour includes:

- Round trip airfare
- Luxury motorcoach
- Domestic airport transfer
- Daily breakfast
- 7 nights accommodations
- Welcome Dinner
- Tour manager throughout trip
- Farewell Dinner
- Sightseeing per itinerary
- Fuel surcharges/air taxes up to \$500

We will tour the areas of Florence, Montecatini, Siena, Pisa, Lucca, Pienza, Montalcino, and Venice!

A presentation will be held Thursday, October 1 at 6:30 pm at Shaw's Cove Three.

Cruise Around South America

Jan. 7-23, 2017 - cost is from \$5044 pp/dbl

Experience South America's hottest spots as you cruise around Cape Horn. Witness the fascinating marine life at the "far end of the earth" as you make your way to the historic city of Montevideo, Uruguay and see the diverse landscapes of mountains, glaciers and forests in Argentina. This cruise offers a cultural experience of a lifetime! It includes:

- Flights from JFK & all transfers
- Luxury motorcoach to JFK
- All meals onboard
- 14 nights on board the Celebrity Infinity
- Ship Shop events & parties
- Professional Ship Shop Escort throughout cruise
- We'll tour parts of Uruguay, Argentina, Chile, Cape Horn, and more!

A Cruise Presentation will be held on Thursday, October 22 at 6:00 pm at Shaw's Cove Three

2015-16 BROADWAY SERIES - AT THE GARDE

The Producers

Sunday, Nov. 1, 2015 7:00 pm - cost: \$56

Bialystock and Bloom! Those names should strike terror and hysteria in anyone familiar with Mel Brooks' classic cult comedy film. Now as a big Broadway musical, *The Producers* - a 12-time Tony Awards winner - once again sets the standard for modern, outrageous, in-your-face humor.

Joseph and the Amazing Technicolor Dreamcoat

Friday, Jan. 22, 2016 - 7:30 pm - cost: \$56

One of the most enduring shows of all time, *Joseph and the Amazing Technicolor Dreamcoat*, is the irresistible family musical about the rituals and triumphs of Joseph, Israel's favorite son.

Million Dollar Quartet

Friday, April 1, 2016 8:00 pm - cost: \$56

Million Dollar Quartet is the Tony award-winning Broadway musical, inspired by the electrifying true story of the famed recording session where Sam Phillips, the "Father of Rock 'n Roll" brought together icons Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins for one unforgettable night!

Saturday Night Fever

Thursday, May 5, 2016 7:30 pm - cost: \$56

Saturday Night Fever is the coming of age tale of young Tony Manero who learns the value of life in 1970's Brooklyn. Based on the 1977 movie starring John Travolta, *Saturday Night Fever* is packed with legendary hits from the Bee Gees in addition to several new songs written especially for this production.

Mark Twain Tonight!

Saturday, May 14, 2016 8:00 pm - cost: \$48

A living, breathing, American masterpiece! It is, quite simply, one of the most acclaimed and enduring performances in the history of theater. Fifty years ago, a young actor took the stage in a tiny off-Broadway theater and introduced the world to a man they would never forget. The actor was Hal Holbrook, and the man was Mark Twain.

Integrated Basic Education and Skills Training

The I-BEST Works Program offers the students that are enrolled in our Mandated Program, the opportunity to learn workforce skills while pursuing their education.

CULINARY ARTS WITH FOOD HANDLER'S CERTIFICATE



Students are trained in basic food service, which includes food handling, nutrition, sanitation and instruction in the art of cooking, including techniques such as sautéing, baking and grilling. Students completing the course will receive an Introduction to Culinary Arts Certificate and Food Handler Certificate through Ledge Light Health District.

MEDICAL OFFICE RECEPTIONIST/ MEDICAL TERMINOLOGY CERTIFICATE



This program introduces and prepares our students with the basic skills necessary to gain employment in an entry-level office position such as receptionist, office clerk, office support or data entry clerk. The training includes: computer operations/applications, office skills, business math, business English, medical terminology and employment skills.

INTRODUCTION TO AUTOMOTIVE TECHNICIAN

This training program is designed to prepare our students for an entry-level automotive technician position. The students learn safety in a auto repair shop along with the ability to perform a basic tune-up service. Upon successful completion of the course, students will be presented an Introduction to Auto Technician Certificate.



CERTIFIED NURSING ASSISTANT



The Certified Nursing Assistant program provides our students with basic nursing skills, classroom and clinical training to include medical terminology. The program offers the opportunity to receive real-life based and practical training. Upon successful completion of the course, students will take a State of Connecticut exam for CNA certification.

*For additional information on any of these programs,
please contact
Lisandra Sanchez-Crespo (860) 437-2385*

TRANSITIONS and OSY

Transitions Program puts the focus on career planning, training programs, college prep and financial aid

The Transitions Program is available to all current GED, Credit Diploma and ESL students enrolled at New London Adult and Continuing Education.

Students receive assistance from the Transitions Associate with career planning, college information, training information, college application completion, financial aid information and FAFSA application completion, as well as Accuplacer test registration.

The program also offers trips to area colleges. This past year included visits to University of Connecticut at Avery Point, Three Rivers Community College and Mitchell College. We also host mini college fairs and have speakers from additional higher education institutions present to students.

Students utilize a variety of resources for career planning including: the National College Transition Network's Career and College Awareness curriculum and College for Adults websites. The Choices Program is used for career interest surveys and training and college searches.

*Please contact: Meg Mahon,
Transition to Post-Secondary Program Associate
for an appointment at
860-437-2385 ext. 103 or VM 129 or
email: mahonm@newlondon.org*

Out-of-School Youth Program prepares students for future

OSY is an employment and training program for eligible out-of-school youths between the ages of 17-24. Funded by the Eastern CT Workforce Investment Board, the program is designed to assist eligible youth who want to move from high school dropout

to high school graduate and/or to advance from unemployed or underemployed to gainfully employed and/or to enter college or training programs. Program components include:

Work Readiness Skills: resume creation, interviewing techniques, dress for success, leadership opportunities, basic computer literacy skills.

Career exploration: job shadowing and internships.

Education & Training: basic skills, high school diploma or GED offered with flexible schedule and part-time attendance, post-secondary

education or occupational skills training, financial assistance and transportation for eligible participants.



*For additional information on this program,
please contact
Lora Castronova
or Patricia Spellman at:
(860) 437-2385*

EVEN START

Program lets parents and children learn together

Even Start of Connecticut is a family-literacy program designed to assist low income and disadvantaged families. The program offers adult education classes for the parents and an early childhood education for their children.

The families enrolled also take parenting classes. A bilingual mental health worker conducts parenting groups. Literacy in the home is fostered through a home visitor who meets with individual families.

The program has helped many of the parents obtain employment and further their education, and the early childhood education component has

prepared the children for transition into kindergarten.

Even Start of Connecticut, a collaborative effort of New London Adult Education, and Carelot Children's Center, Inc., offers the following:

- Adult Education
- Parenting Education
- Early Childhood Education
- Interactive literacy
- Home Visits

*For additional information on this program, please contact
Lisandra Sanchez-Crespo
or Maureen Murphy at:
(860) 437-2385*



Class Registration Form (send form to: Three Shaw's Cove • New London, CT 06320 • (860)437-2385)

Name _____		Home Phone _____		
Address _____		Day/Cell Phone _____		
City/State/Zip Code _____				
E-mail address: _____				
Want to be added to our email list? Check here: <input type="checkbox"/>				
Course #	Course Title	Location	Day/Time	Cost
Nothing cancels a great class quicker than everyone waiting until the last minute to register. Classes are filled on a "first come, first served" basis. If enrollment is insufficient, classes are canceled one week prior to the start date. Calling will not resurrect the canceled class, so please <u>REGISTER EARLY!</u>			Processing fee for credit cards \$1.50	
			Total Due	
Method of Payment: _____ Visa _____ MasterCard _____ Discover _____ Check/Money Order/Cash		Credit Card Number _____ 3-digit security # _____		Expiration Date _____
What types of courses would you like to see added to the Adult Education program?				
How did you hear about our programs? <input type="checkbox"/> Newspaper <input type="checkbox"/> Direct mail <input type="checkbox"/> Internet <input type="checkbox"/> Other _____				

Class Registration Form (send form to: Three Shaw's Cove • New London, CT 06320 • (860)437-2385)

Name _____		Home Phone _____		
Address _____		Day/Cell Phone _____		
City/State/Zip Code _____				
E-mail address: _____				
Want to be added to our email list? Check here: <input type="checkbox"/>				
Course #	Course Title	Location	Day/Time	Cost
Nothing cancels a great class quicker than everyone waiting until the last minute to register. Classes are filled on a "first come, first served" basis. If enrollment is insufficient, classes are canceled one week prior to the start date. Calling will not resurrect the canceled class, so please <u>REGISTER EARLY!</u>			Processing fee for credit cards \$1.50	
			Total Due	
Method of Payment: _____ Visa _____ MasterCard _____ Discover _____ Check/Money Order/Cash		Credit Card Number _____ 3-digit security # _____		Expiration Date _____
What types of courses would you like to see added to the Adult Education program?				
How did you hear about our programs? <input type="checkbox"/> Newspaper <input type="checkbox"/> Direct mail <input type="checkbox"/> Internet <input type="checkbox"/> Other _____				

New London Adult & Continuing Education

Three Shaw's Cove
New London, Connecticut 06320

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