

# *New London*

**ADULT AND CONTINUING EDUCATION**

**FALL 2016**

**GED Prep Classes**  
**English as a Second Language Classes**  
**Citizenship Classes**  
**Adult High School Credit Diploma**  
**Enrichment Classes**  
**Daytime Enrichment Classes**  
**Career Training Program**  
**Culture on Wheels Travel Program**

**Serving and offering classes in...**  
**New London, Lyme, Old Lyme, Montville, Waterford**  
***And now welcoming Groton/Mystic***

# GENERAL INFORMATION



Dear Friends:

Welcome to our fall 2016 semester! New London Adult and Continuing Education is committed to providing excellence in education by offering stimulating and innovative educational opportunities that meet the needs of our diverse community. We are very proud of our long-standing commitment to adult learners and continue to strive to offer state-of-the-art education, job skill training opportunities and special programs.

We have numerous programs to help you grow. We offer four levels of English as a Second Language classes to assist English language learners acquire English language proficiency. Adult learners looking to complete their high school education can benefit from our Credit Diploma Program and the GED Diploma Program. Our U.S. Citizenship classes will prepare immigrants for the U.S. Citizen test. These programs are conveniently scheduled during the day and evening at no cost to you.

Our Even Start, Family Literacy Program supports families by offering early childhood education for the children and adult education and parenting classes for their parents. Our Transitions Program focuses on career exploration, training and college preparatory classes. I-BEST, our job skills training program offers workforce education in areas that match local demand and show potential for growth. In collaboration with the Eastern CT Workforce Investment Board (EWIB) we offer an Out-School-Youth Program that provides eligible students with workforce readiness skills, career exploration, education and training.

We invite you to visit our website [www.newlondonadulted.org](http://www.newlondonadulted.org) and become familiar with the multitude of program and class offerings. There is truly something for everyone. To satisfy your lifelong learning goals, our Continuing Education/Enrichment Program offers a vast number of classes including online courses through [ed2go.com](http://ed2go.com). Our Culture-on-Wheels Program presents exciting and affordable opportunities for travel. We offer numerous day and overnight bus trips as well as overseas world-class tours that depart from our facility in New London. You can register for our programs online, by mail or by visiting our office at Shaw's Cove Three, New London CT.

We look forward to providing you with an exciting program and excellent customer service. Thank you for your support and continued patronage.

Sincerely,

*Maria A. Pukas*

Director

• **Inclement Weather:** When the New London Public Schools are closed due to inclement weather, Adult Education is also closed. Listen to a local radio station or watch your local television channels for cancellation notices. Should snow or inclement weather develop during the day, class cancellation is announced by late afternoon. Canceled classes are made up by adding additional sessions.

• **Fees:** if registering by mail please enclose payment to ensure enrollment in the class/trip.

• **Residents:** Residents are those residing in the following towns: Groton, Lyme, Montville, New London, Oakdale, Old Lyme, Quaker Hill, Uncasville, and Waterford. Out of town residents add a \$5 non-resident fee. Some courses may require additional fees and/or materials. Check the course description for fee information.

• **Gift Certificates:** Certificates are available for any Adult Education course, trip, or special event. They may be purchased at any time at the New London Adult Education office between 9:00 a.m. and 4:00 p.m. This is a great gift for that hard-to-buy-for person in your life!

• **Refunds:** In the event of a filled class or class cancellation, every attempt will be made to notify you in advance by email, mail or phone. Refund policy: A full refund is given only when New London Adult Education cancels a course. We regret that there will be no refunds at any time for computer courses, one- class courses or bus trips. Refunds for all other courses will be available with a minimum three-week notice prior to the course start date. There will be a \$10 processing fee for refunds. Refunds will not be given after a course has started. Please allow at least one month for processing.

• **Returned Check Policy:** Participants will be charged \$25 for each check returned by the bank.

• **Student Regulations:** Smoking is prohibited on school property. Refreshments are not permitted in any classroom, hallway or lavatory. Parking is permitted only in designated areas. Cell phone use is not permitted in the classroom. Fire regulations and alarms must be heeded at all times.

• **Enrichment Course Confirmations:** Enrollment Confirmations will not be mailed, all confirmations will be emailed to the student.

## Office Information



### New London Adult Education

Three Shaw's Cove  
New London, Connecticut 06320  
Telephone (860) 437-2385  
Fax (860) 437-6460  
[www.newlondonadulted.org](http://www.newlondonadulted.org)

### New London Office Hours

Monday-Friday: 8:00 am – 4:00 pm  
Monday-Thursday: 6:00 pm – 9:00pm

### • Waterford Information •

Waterford High School  
20 Rope Ferry Road  
Waterford, CT 06385  
Direct all inquiries to: (860) 437-2385

### • Lyme – Old Lyme Information •

Lyme – Old Lyme Middle School  
53 Lyme Street  
Old Lyme, CT 06371  
Direct all inquiries to: (860) 437-2385

### • Montville Information •

Montville High School  
800 Old Colchester Road  
Oakdale, CT 06370  
Direct all inquiries to: (860) 437-2385

### • Groton Information •

West Side Middle School  
250 Brandegee Avenue  
Groton, CT 06340  
Direct all inquiries to: (860) 437-2385

## School Calendar Closing Dates

September 5 ..... Labor Day  
October 10 ..... Columbus Day  
November 11 ..... Veterans Day  
November 24-25 ..... Thanksgiving Recess  
December 26-31 ..... Holiday Vacation

## Program Start Dates

### September 6, 2016

English for Speakers of Other Languages  
Adult Basic Education and GED  
Adult High School Credit Diploma

September 7 – Real Estate

September 1 – EMT Training

Sept. 12 or Jan. 3 – CNA Training

October 5 – Bartending

Enrichment Classes begin  
week of September 19

Cover Photo: **Peggy Cherrick**

*To err is human and we are...  
We are not responsible for typographical errors.*

## Disclaimers

The Board of Education complies with the Title IX provisions of non-discrimination on the basis of sex and is an equal opportunity employer.

New London Adult Education is in compliance with Connecticut General Statutes Sec. 10-73a and does not charge a fee for textbooks or materials used in our mandated program areas.

The Board of Education, during the course of any given year, puts on a number of programs utilizing certified teachers, professionals, and local community residents who have special expertise in the areas in which they offer instruction. The Board of Education makes every effort to provide quality instruction in an appropriate atmosphere for all participants in any of its programs. The Board of Education, however, is not responsible nor takes any responsibility for the specific instruction in any particular course or any specific reliance upon such instruction made by an individual. Questions about course content, the educational experience of instructors, or other specifics regarding any particular course should be addressed to the specific instructor or the administrator charged with the operation of the program.

It is the policy of the New London Board of Education that no person shall be excluded from participation in, denied the benefits of, or otherwise discriminated against under any program, including employment, because of race, color, religious creed, sex, age, national origin, ancestry,

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Visit our website: [newlondonadulted.org](http://newlondonadulted.org)  
for full course descriptions

marital status, sexual orientation, mental retardation, and past/present history of mental disorder, learning disability or physical disability.

If you are a person with a disability who requires an accommodation in order to participate in any program or activity or when taking the GED exam, please contact Karen O'Connell at (860)437-2385, ext. 109.



Scan this tag with your mobile phone to view our website

## GENERAL INFORMATION

### OUR SITES

#### New London Adult Education

Shaw's Cove Three • New London, CT 06320

**I-95 from New Haven:** Take the Crystal Mall exit 82. At the end of ramp, turn right onto Broad Street. At second traffic light take a right onto Colman St. Follow Colman St. for 1.5 miles to the end. Turn left onto Bank St. and continue through four traffic lights. Travel straight through the fourth light and turn right into the Shaw's Cove complex. Building #3 is the second one on the right after the Dime Bank.

**I-95 from Providence:** Take the Downtown New London exit 84S onto Eugene O'Neill Dr. and follow to the end. Turn left onto Tilley St. At the light turn right onto Bank St. Go through the next traffic light and turn left into Shaw's Cove complex. Building #3 is the second one on the right after the Dime Bank.

#### New London High School

490 Jefferson Avenue • New London, CT 06320

#### Lyme-Old Lyme Middle School & Center School

53 & 49 Lyme Street • Old Lyme, CT 06371

#### Waterford High School

20 Rope Ferry Road • Waterford, CT 06385

#### Montville High School

800 Old Colchester Road • Oakdale, CT 06370

#### West Side Middle School

250 Brandegee Avenue • Groton, CT 06340

5 WAYS TO REGISTER FOR TRIPS & ENRICHMENT CLASSES



#### OUR WEBSITE

[newlondonadulted.org](http://newlondonadulted.org)  
Visa, MasterCard, American Express or Discover



#### MAIL

Mail Registration Form with Visa, MasterCard, American Express, Discover, check, or money order. Mail to: New London Adult Education, Three Shaw's Cove, Suite 100, New London, CT 06320 Attention: Peggy



#### IN PERSON

New London Adult & Continuing Education  
Three Shaw's Cove, New London, CT  
Monday-Friday, 8 a.m. – 4 p.m.  
Visa, MasterCard, American Express, Discover, check, money order or cash.



#### PHONE

860-437-2385  
Visa, MasterCard, American Express or Discover



#### FAX

860-447-4025  
Visa, MasterCard, American Express or Discover



# General Educational Development (GED) Information

## The New GED Test:

In 2014, the GED Testing Service, in partnership with Pearson VUE, began to offer the GED examination as a computer-based test. The new version is aligned to the Common Core State Standards (CCSS) and is designed to reflect the knowledge and skills that are needed for college and career success. New London Adult Education offers intensive instruction in English and Spanish to prepare students to meet the rigorous requirements of the new GED test.

## How to Register for the GED Test:

Visit [www.GED.com](http://www.GED.com) to sign up and create an account. After creating an account, you must complete a paper registration at the Adult Education Office and receive approval for testing. The exam is offered weekly in English and Spanish and students schedule themselves. Connecticut GED Test eligibility requirements are:

1. Minimum age is 17 years old and officially withdrawn from high school for six (6) months or 9<sup>th</sup> grade class has graduated. School documentation is required.
2. A withdrawal document is needed for all 17 and 18 year olds. All 17 year olds need a withdrawal document with parental signature.
3. Individuals aged 17-18 who are home schooled, should request a "Home School Attestation" form signed by the GED Administrator from the CT State Department of Education. Forms may be requested by email at [ged@ct.gov](mailto:ged@ct.gov) or telephone 860-807-2111.
4. \$13 registration fee for ALL registrants who are 21 years and older. No fee for veterans.
5. Current CT picture ID or valid government-issued ID required at time of registration.

## GED Test Accommodations:

Create an account at [www.GED.com](http://www.GED.com). Print and complete the accommodations request form for your disability. Attach documentation for your disability and fax your forms and supporting documents to 202-464-4894. For further information, contact Karen O'Connell (860) 437-2385.

## GED Test Content:

The GED Exam is a four-part battery including Reading Language Arts (RLA), Mathematics, Science and Social Studies. Test items are multiple choice, short answer, extended response, drag-and-drop, hot spot, and fill-in-the-blank question formats. Writing is required in three of the four tests and mathematical questions are also included in the Science and Social Studies test components. A brief description of the four parts appears below:

**RLA** — Focuses upon informational texts (75%) including nonfiction drawn from science, social studies and workplace contexts and literature (25%). These texts reflect a range of complexity levels, in terms of ideas, syntax and style. The writing tasks, or Extended Response (ER) items, require test-takers to analyze source texts and use evidence drawn from the texts to support their answers.

**Mathematical Reasoning** — Covers two major content areas: quantitative problem solving (45%) and algebraic problem solving (55%). Problem solving skills are measured by questions from both academic and workforce contexts. Candidates are provided with an on-screen calculator.

**Science** — Focuses upon three areas: life science (40%), physical science (40%), and earth and space science (20%). The test includes items that measure textual analysis and understanding, data representation and inference skills, and problem solving that centers on the themes of human health and living systems and energy and related systems.

**Social Studies** — Covers four major content areas: civics and government (50%), US history (20%), economics (15%), and geography and the world (15%). Two major themes are emphasized: the development of modern liberties and democracy.

## GED PREPARATION CLASSES ARE OFFERED AT:

### **New London Adult Education:**

**Shaw's Cove Three**  
**(860) 437-2385**

Monday through Friday 8:30 a.m.-12:30 p.m.  
(English and Spanish)  
Monday through Wednesday 6:30-9:00 p.m.  
Classes begin September 6, 2016



### **Centro de la Comunidad:**

**109 Blinman Street**  
**(860) 442-4463**

Martes, Miercoles, y Viernes  
6:30-9:00 p.m. (Español)  
Comienza 6 de septiembre 2016



### **West Side Middle School**

**250 Brandegee Avenue**  
**(860) 441-2152**

Monday - Wednesday 6:30-9:00 p.m.  
Classes begin September 7, 2016.



## Everything you need to know about earning a New London Adult High School Diploma

The New London Board of Education has made available a New London Adult High School Diploma to residents who meet certain requirements. Day and evening classes are held at Three Shaw's Cove, from 8:30 a.m. to 2:30 p.m. and from 6:00 to 9:00 p.m.

- Individuals eligible for the program must be at least 17 years of age and officially withdrawn from school. (Students under the age of 18 must present a withdrawal document with a parental/guardian signature). This includes Adult High School Credit Diploma and GED students.

- To enroll in the Adult High School Credit Diploma program, the

student must reside in New London, Waterford, Montville, or Lyme-Old Lyme. All classes are free.

Credits are conferred for the completion of classes. Credits may also be awarded for documented work, occupational, volunteer, and military experiences. The program requires satisfactory completion of the following: 4 credits in English, 2 credits in Vocational Education, Art, and Technology, 3 credits in Mathematics, 3 credits in Science, 3 credits in Social Studies (1 credit must be in U.S. History and 1 credit in Government), and 6 elective credits.

### Waterford and Lyme-Old Lyme programs offered in New London

**Adult High School Credit Diploma** • For information on credit classes available at New London Adult Education, please call Karen O'Connell at (860) 437-2385, ext. 109, for more information.

**English for Speakers of Other Languages** • We offer classes in several levels, i.e., Basic, Beginning, Intermediate, and Advanced. Students are pre-tested so that they are placed in the appropriate level.

**General Educational Development (GED)** • Instruction for the GED includes Reading Language Arts, Mathematics, Science, and Social Studies.

**Location for Classes** • All classes meet at New London Adult and Continuing Education, Three Shaw's Cove, New London, CT.

**Registration Information** • Registration for these classes are to be made in person at New London Adult Education August 29-September 2 between the hours of 9 am - 2 pm, and Aug 29-31 between the hours of 6 pm - 8 pm.

### A VARIETY OF CREDIT CLASSES ARE OFFERED, INCLUDING:

- English
- Reading
- Math
- U.S. History
- Government
- Human Biology
- Life Science
- On-Line Classes
- Environmental Science
- Computer Skills
- Computer Graphics
- Personal Finance
- Arts and Crafts
- Film Study

### Montville Adult Education H.S. Credit Program

**Michael Penella** – Diploma Program Director (860) 848-8265

**Annette Barber** – Adult Education Secretary (abarber@montvilleschools.org)

**Academic Program Information** • Programs at Montville Adult Education are designed to meet the needs of Montville adults desiring their high school diploma. Classes are offered in Business Math, Math II, English, Literature, Science, U.S. History, and Contemporary Issues.

All classes meet at Montville High School and are free. Contact the Program Director at (860) 848-8265. Your class schedule and courses will be tailored to your needs.

**Adult High School Credit Diploma** • Classes meet on Monday, Tuesday, and Wednesday. Classes are from 5:30 - 8:30 p.m. and run for sixteen (16) weeks.

**General Information** • Montville Adult Education is in a joint partnership with New London Adult Education.

**Walk-in Registration & Placement Testing**

- Registration for the Spring Semester takes place at Montville Adult Ed on Aug. 23, 24, and 25 from 5:30-7:30. Classes begin Aug 31.

## GROTON ADULT EDUCATION

### GED and ESL Classes are now offered in Two Locations

#### West Side Middle School

250 Brandegee Avenue, Groton

#### GED and ESL Classes

Monday and Wednesday Evenings 5:30-8:30 pm

Classes begin September 7th

Groton residents can also attend the following classes at:

#### New London Adult Education

Three Shaw's Cove, New London

#### ESL Classes

Daytime: Monday - Friday 8:30-11:30 am

Evening: Monday - Wednesday 6:30-9:00 pm

#### GED & ABE Classes

Daytime - Monday - Friday 8:30-12:00 pm

Evenings - Monday - Wednesday 6:30-9:00 pm

GED, ESL, ABE Start Date is September 6th

### Adult High School Credit Diploma Classes

#### West Side Middle School

250 Brandegee Avenue, Groton

#### Evenings

Monday, Wednesday and Thursday

5:30-8:30 pm

### Fall Registration

will be conducted

at West Side Middle School

August 29 and 31 from 5:00-7:00 pm

### High School Credit Diploma Classes

Start Date is Tuesday, September 6

Call 860-441-2152 for more information

# ENGLISH FOR SPEAKERS OF OTHER LANGUAGES

## ESOL ~ English for Speakers of Other Languages: Classes begin September 6, 2016

English classes for those whose native language is not English have been provided by New London Adult Education since 1910, helping thousands of adults enter the mainstream of American life. These classes are available year-round and are offered FREE-of-charge.

### ESOL Class Schedule at New London Adult Education

**Days** • New London Adult Education, Three Shaw's Cove,  
New London, CT 06320  
(860)437-2385  
Monday–Friday • 8:30-11:30 am

**Nights** • New London Adult Education  
(860)437-2385  
Monday–Wednesday • 6:30-9:00 pm

### ESOL Class Schedule at Centro de la Comunidad

**Days:** • 109 Blinman Street, New London, CT 06320  
(860)442-4463  
Monday-Thursday • 8:30am – 12:00 pm

### ESOL Class Schedule at West Side Middle School

**Nights:** • 250 Brandegee Ave, Groton, CT 06340  
(860)441-2152  
Monday & Wednesday • 5:30pm – 8:30 pm  
Classes start September 7

### FREE Babysitting (New London Adult Education site only)

For children of students registered in GED, ESL or High School Credit Classes. Children need to be at least three years of age and toilet-trained, supervised care will be provided at New London Adult Education by an experienced child care supervisor. All children must be registered. For more details, please call Norma Velez at (860)437-2385, ext. 112.

## Citizenship Classes

This class is for students wishing to work toward becoming an American citizen. Concepts of local, state, and federal laws, and government will be emphasized. Lessons will stress the procedural steps necessary to become a U.S. citizen. The class is held on the following days:

- Tuesday, 11:45 a.m. - 1:45 p.m.
- Thursday evenings, 6:30 - 8:30 p.m.

## Inglés como segundo idioma para personas de distintos lenguajes: Comienza 6 de Septiembre 2016

Las clases de inglés como segundo idioma, para aquellas personas cuya lengua natal no es el inglés, han sido ofrecidas por el programa de Educación de Adultos en New London desde 1910, ayudando a miles de adultos a desarrollarse en el ambiente de la vida americana. Estas clases son ofrecidas todo el año y sin costo alguno. Gratis.

### Educación de Adultos en New London

**Days** • New London Adult Education  
Three Shaw's Cove, New London, CT  
(860)437-2385  
Lunes a Viernes • 8:30-11:30 am

**Nights** • New London Adult Education  
Lunes, Martes y Miercoles  
6:30-9:00 pm

### Clases de ESOL en Centro de la Comunidad

**Days:** • 109 Blinman Street  
New London, CT 06320  
(860)442-4463  
Lunes a Jueves • 8:30 am – 12:00 pm  
Viernes 8:30 am - 12:00 pm at NLAE  
Computadora

### Clases de ESOL en West Side Middle School

**Nights:** • 250 Brandegee Avenue  
Groton, CT 06340  
(860)441-2152  
Lunes & Miercoles • 5:30 pm-8:30 pm

### Cuidado de Niños Gratis (solamente en la escuela de Shaw's Cove, New London)

El programa de Educación de Adultos en New London ofrece cuidado de niños, estos tienen que ser registrados, no pueden ser menores de tres años y tienen que estar entrenados en el uso del baño. Para más detalles vea a la recepcionista ó llamar a Norma Velez al (860)437-2385.

## ADULT BASIC EDUCATION

Adult Basic Education classes are for those who are working toward an Adult High School Credit Diploma or a GED. These classes can help improve basic reading, writing, and math skills. Students may prepare for job advancement, vocational training programs, or high school completion classes, as well as develop greater self-confidence and personal satisfaction.

These FREE classes are offered days and evenings throughout the year. Please call (860) 437-2385 for more information.

# Enrichment Classes

If you are looking to satisfy your lifelong learning goals, start a new hobby, improve your knowledge and skills in a particular discipline or simply expand your horizons, New London Adult and Continuing Education has something for everyone. Open to all, our Enrichment Program continues to grow each year.

We invite you to browse through the many courses offered.

## ARTS, CRAFTS & HOBBIES



### 100 Knitting for the Beginner

Learn the basics of knitting in this 6-week course. You will be taught how to knit, purl, cast on and bind off, and how to read and understand knitting instructions. You will also learn how to shape and finish a garment. Knit your first scarf and pair of mittens, and develop the skills needed to knit any project. Material list on-line and on registration.

**Tuesday 9/20 6:30-8:30 pm 6 weeks**  
NL Adult Education  
Resident \$69/ Non-resident \$74  
Instructor: Nancy Potter

### 101 The Joy & Beauty of Watercolor Painting for Beginners

This class is for anyone who loves watercolor. If you think you cannot make corrections in watercolor, you will learn this is not true. If you believe you cannot draw a straight line, you will learn it does not matter. All you need is the desire to paint. We shall explore materials, techniques, composition and design. You will learn color mixing, color properties and different ways to apply color. You will have fun in a relaxed environment where you can grow and explore. Material list upon registration or online.

**Saturday 10/1 12:00-2:30 pm 6 weeks**  
NL Adult Education  
**Monday 9/19 6:30-8:30 pm 6 weeks**  
New London HS  
**Thursday 9/22 6:30-8:30 pm 6 weeks**  
Old Lyme MS  
Resident \$84/Non-resident \$89  
Instructor Mary La Forge

### 102 Basket Weaving

Experience the ancient art of Basket Weaving! This is a special opportunity to learn the art of Basket Weaving from a professional basket maker. Enjoy making a lovely Twill Weave Basket and using it for years to come. There is a \$15 material fee payable to the instructor at the first class

**Monday 9/26 6:30-8:30 pm 2 weeks**  
NL Adult Education  
Resident \$54/Non-Resident \$59  
Instructor: Nancy Potter

### 103 Drawing

Learn basic drawing skills or advance your skills by drawing from life. Begin by rendering basic shapes and progress to still life compositions. Material list on-line and on registration.

**Wednesday 9/21 6:00 – 8:00 pm 6 weeks**  
NL Adult Education  
Resident \$84/Non-resident \$89  
Instructor: Bernard McTigue

### 104 Intermediate/Advanced Drawing

Learn advanced drawing skills. This class will pick up where the Beginning Drawing class left off. Students will be exposed to elements of perspective, and instructed in the skills necessary to perceive and understand three-dimensional form. Concepts of figure drawing and the portrait will be introduced. Material list available on-line and on registration.

**Tuesday 9/20 6:00-8:00 pm 6 weeks**  
Waterford HS  
Resident \$84/Non-Resident \$89  
Instructor: Bernard McTigue



### 105 Oil Painting

This class is a beginner class or for those who would like to improve their skills while exploring new methods and materials in oil painting. Material list on-line and on registration.

**Monday 9/19 6:00-8:00 pm 6 weeks**  
New London HS  
Resident \$84/Non-resident \$89  
Instructor: Bernard McTigue

### 106 Knitting for the Beginner - Days

Learn the basics of knitting in this 6-week course. You will be taught how to knit, purl, cast on and bind off, and how to read and understand knitting instructions. You will also learn how to shape and finish a garment. Develop the skills needed to knit any project. Material list on-line and on registration.

**Tuesday 9/20 3:00-5:30 pm 6 weeks**  
NL Adult Education  
Resident \$69/ Non-resident \$74  
Instructor: Nancy Potter

### 107 Identifying Valuable Antique & Vintage Furniture

Learn how to identify several major European and American furniture styles - Victorian/Eastlake, Art Nuevo/Art Deco, Arts and Crafts/Mission, and Danish Modern / Mid-Century. Get a taste of what current furniture values are, and learn some tips on how to buy and sell furniture. Tea and crumpets included.

**Monday 9/26 3:00 –5:00 pm 6 weeks**  
NL Adult Education  
or **Saturday 9/24 11:00–1:00 pm 6 weeks**  
NL Adult Education  
Resident \$64/Non-resident \$69  
Instructor: Joan Bucko



## 108 Tree Skirt or Table Topper

Make this quick Holiday project to treasure for years to come. Makes a great Wedding Present. Fabric and material list will be provided upon registration, and listed online.

**Saturday 10/1 9:00-11:00 pm 6 weeks**  
**NL Adult Education**  
**Resident \$74/ Non-resident \$79**  
**Instructor: Mary Kay Granata**

## 109 Painting Nature in Watercolor

This class is for painters who have experience painting with watercolors. The class will focus on different subjects that are found in natural environments. Design, techniques, composition, value and color will be emphasized. Demonstrations, personal instruction and, if desired, critiques will be given. You will have fun in a relaxed environment while learning to paint different subjects.

Material list upon registration or online.

**Saturday 10/1 9:00-11:30 am 6 weeks**  
**NL Adult Education**  
**Resident \$84/Non-resident \$89**  
**Instructor Mary La Forge**

## 110 The Joy of Watercolor Part 2

This class is for students who have had some past experience painting with watercolors. Design, color, values, composition and different techniques will be explored while painting a variety of subjects. Demonstrations, personal instruction and, if desired, critiques will be given. This is a relaxed class where you will grow, explore and have fun.

**Monday 9/19 3:00-5:00 pm 6 weeks**  
**NL Adult Education**  
**Wednesday 9/21 6:00-9:00 pm**  
**Montville HS**  
**Resident \$84/Non-resident \$89**  
**Instructor Mary La Forge**  
**PREREQUISITE FOR CLASS: The Joy and Beauty of Watercolors, Spring 16 Semester**

## 111 Basket Weaving - Daytime

Experience the ancient art of Basket Weaving! This is a special opportunity to learn the art of Basket Weaving from a professional basket maker. There is a \$15 material fee payable to the instructor at the first class.



**Monday 9/26 3:00-5:30 pm 2 weeks**  
**NL Adult Education**  
**Resident \$54/Non-Resident \$59**  
**Instructor: Nancy Potter**

## 112 Knitting for the Beginner

Join in the creative process with Susan Fine in learning the basics of knitting and develop the skills you will need to knit just about any project. For this course you will be taught technique, basic stitches, learning to read a pattern, shaping a garment and some design stitches to get you on your way to make something special. Materials required for this class are one skein of "Red Heart Worsted Weight Yarn" (preferably "soft") or any yarn similar in weight, and one pair of knitting needles #7 and one pair of #9 (preferably bamboo, or if you have others that is fine too !)

**Thursday 9/22 6:00-8:00 pm 6 weeks**  
**Old Lyme MS**  
**Resident \$79/ Non-resident \$84**  
**Instructor: Susan Fine**

## 113 Zendala Garden

Working on larger paper, we will create a Zentangle garden within a circular shape. Class fee includes the paper and handouts. Bring your Zentangle supplies, or buy a starter kit from instructor in class (\$10).

**Tuesday 9/27 6:00-8:30 pm 1 night**  
**Waterford HS**  
**Resident \$25/ Non-resident \$30**  
**Instructor: Carol Dunn**

## 114 Zentangle Renaissance Blues

Add a new dimension to your Zentangle art with Renaissance (tan) paper tiles, using blue inks and colored pencils. We'll finish 2 small works of art, and you'll know how to use the colored pencils to blend your colors. Supply fee for this class is \$15, which includes 2 blue micron pens, 3 Prismacolor pencils, 4 tan tiles, and handouts.

**Tuesday 10/18 6:00-8:30 pm 1 night**  
**Waterford HS**  
**Resident \$25/ Non-resident \$30**  
**Instructor: Carol Dunn**

## 115 Zentangle Holiday Cards

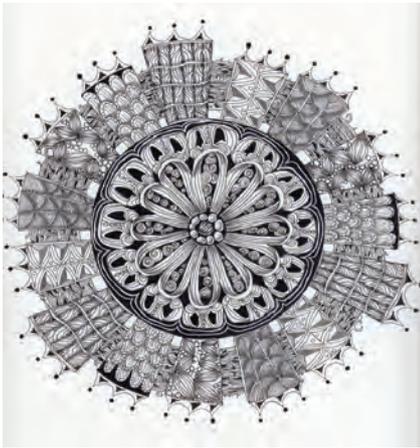
Using a blank greeting card, we will fill holiday shapes with Zentangle designs to create a unique work of art. Class fee includes 2 blank cards/envelopes and handouts. Bring your own Zentangle supplies or purchase a \$10 kit from instructor.

**Tuesday 10/25 6:00-8:30 pm 1 night**  
**Waterford HS**  
**Resident \$25/ Non-resident \$30**  
**Instructor: Carol Dunn**

## 116 Zentangle with Gems

Zentangle with Gems! (3-hour class) The newest drawing craze, creating gemstones that look 3D on your paper! Supply fee for this class is \$3 which includes 2 paper tiles. If you already have Prismacolor Premier pencils only, bring them—I will have individual colors available in class to borrow or purchase. Basic kit needed (or purchase in class for \$10).

**Saturday 10/1 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**



## 117 Zentangle Large Black & White

Combine Zentangles with Mandalas to create beautiful art forms! A Mandala (Sanskrit for “circle”) is a radiating geometric pattern symbolizing the universe. We will create a Mandala design and then fill it with tangles to create a “Zendala.” We will work on a larger piece of beautiful Fabriano Tiepolo paper. Class fee includes the large paper and handouts. Instructor will demonstrate a combination of new tangles and tangles students may have learned previously. Starter Zentangle kit \$10 payable to instructor, or bring your own supplies.

**Saturday 10/8 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**

## 118 Zentangle Large Renaissance

Add a new dimension to your Zentangle art with tan paper, and brown and white inks in addition to the regular black ink. We will be working on a large piece of tan Renaissance paper, filling a circular design with Zentangle patterns. Class fee includes your large paper and handouts. Bring your own Renaissance supplies, or purchase in class (\$11 includes brown and white pens, white charcoal pencil, stomp, tan tiles). Also bring your original Zentangle supplies. If you need “everything,” both kits are \$19.25. Your pens will last a long time if you cap them when not being used.

**Saturday 10/15 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**

## 119 Zentangle on Pumpkins

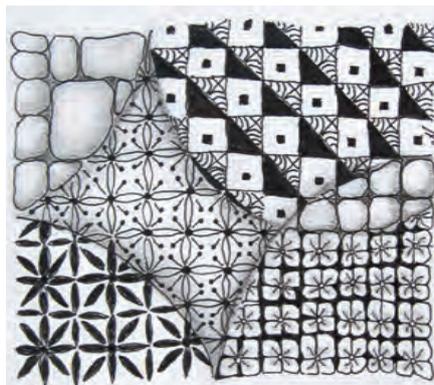
We are taking our tangles to a pumpkin! We will be using special pens (Identipens-\$3 available from instructor). Bring your own WHITE artificial pumpkin, or get one from instructor in class-price will be according to what I can find (usually \$8). Please note you must register for this class at least 2 weeks in advance. Prior Zentangle experience helpful but not required. We will use a combination of old and new tangles.

**Saturday 10/22 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**

## 120 Zentangle Found & Tangled

Using pages torn from old books, we will “discover” another message within the page, and we’ll tangle around it. I will supply pages already glued to a backing so that we can get right to work. Supply fee for this class is \$4, and if you need an Identipen, an additional \$3.

**Saturday 10/29 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**



## 121 Zentangle Gridalicious II

All the tangles for this class will be based on grids! New design from previous classes. We will be working on larger paper—class fee includes paper and handouts. Bring your Zentangle supplies or purchase basic kit in class for \$10.

**Saturday 11/5 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**

## 122 Zentangle Holiday Wreath

Using a larger piece of Fabriano Tiepolo paper, we will fill a wreath shape with Zentangle designs. Fee for this class includes large paper and handouts. Bring your Zentangle supplies or purchase beginner kit for \$10 in class.



**Saturday 11/12 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**

## 123 Zentangle Holiday Ornament with Bijou

We will glue 2 bijou (small) tiles together, tangle both sides, and attach a ribbon and/or “jewels” to create a unique holiday ornament! Supply fee for this class is \$3. Bring your Zentangle supplies, or purchase a starter kit for \$10 in class.

**Saturday 11/19 10:00-1:00 pm 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: Carol Dunn**

## 124 Get Acquainted/Reacquainted with Your Sewing Machine

Bring your current machine to class along with the Manual (essential), all attachments and power cords. Together we will review all the basics and address how to thread the machine, wind a bobbin and explore how to use each foot (most machines have several). We will discuss the importance of using the correct machine needle (type and size) for the project, when to change the needle and routine cleaning and oiling as necessary. The use of decorative stitches will also be addressed in this class. If you are interested in purchasing a machine in the near future, information will be presented to increase your general knowledge to help you make a final decision.



**Saturday 9/24 9:30-12:30 pm – 1 class**  
**NL Adult Education**  
**Resident \$30/ Non-resident \$35**  
**Instructor: DeeDee Piscatella**

# GARDENING & OUTDOOR CRAFTS

**200**

## Practical Residential Landscaping

Is your yard boring and in need of a Make-Over? Learn from a licensed Landscape Architect how to make your yard the envy of the neighborhood. Students will create their own detailed landscape design plan include plantings, hardscape elements, and detailed list of materials. Architect Scale and Textbook required: The Northeast Home Landscape including Southeast Canada (Homes & Buchanan) available on Amazon.

**Tuesday 9/20 6:30-8:30 pm – Waterford HS 8 weeks**

**Resident \$109/Non-resident \$114**

**Instructor: Charles Cocca, ASLA**

**201**

## New England Hurricanes: Past, Present & Future

This course will introduce you to some of the basic science, historical paths and regional effects that tropical systems, with a focus on Hurricanes, have had and can have on New England. The instructor will show historically recorded images and graphs from the past land-falls, especially the 1938 and 1954 hurricanes. Learn how these storms can affect our future and how to better prepare and stay informed. There will be a one hour lunch break.

**Saturday 9/3 10:00-3:00 NL Adult Education One Class**

**Resident \$44 Non-resident \$49**

**Instructor: Ronald Zincone**



## ONE-SESSION CLASSES AT MONTVILLE FLORIST

**300**

### Fall Basket Arrangement

Using a dark willow basket, you will learn to create a stunning fall arrangement using the best and the brightest fall flowers available. Learn to make a bow, the ideal accent to your centerpiece.

**Thursday 10/6 6:00-8:00 pm**

**Resident \$42/Non-resident \$47**

**301**

### Pumpkin Centerpiece

A ceramic pumpkin will be used as a base for your Halloween centerpiece. You will learn how to design a fresh fall centerpiece to complete your holiday table.



**Thursday 10/27**

**6:00-8:00 pm**

**Resident \$39**

**Non-resident \$44**

**302**

### Autumn Greetings

Using a grapevine wreath as a base; we will enhance the natural beauty with permanent botanical flowers, dried pods, real feathers and a bow. (Don't worry, I'll teach you how!)

**Thursday 10/13 6:00-8:00 pm**

**Resident \$42/Non-resident \$47**

**303**

### Harvest Centerpiece

How proud you will be when you tell your guests that not only did you cook the turkey, but that you designed the centerpiece as well. Fresh flowers, autumn leaves, mixed foliage's will surround taper candles; the perfect no calorie addition to your table!

**Thursday 11/17 6:00-8:00 pm**

**Resident \$37/Non-resident \$42**

**304**

### Christmas Wreath

Mixed evergreens will be fashioned into a traditional Christmas wreath. Add pinecones, ornaments and a bow (we will teach you how to make one!) to decorate your front door or give as a gift.

**Thursday 12/1 6:00-8:00 pm**

**Resident \$39/Non-resident \$44**

**305**

### Christmas Centerpiece

Long lasting flowers will be tucked amongst mixed evergreens, pinecones, ornaments and bows (we will teach you how to make them!) will grace your holiday through all your holiday get togethers. Impress your guests!

**Thursday 12/15 6:00-8:00 pm**

**Resident \$39/Non-resident \$44**



## SMITH ACRES ONE-SESSION CLASSES

### 400 Hanging Terrarium

Succulents are all the rage, and we've come up with a great way to display them. We will be planting them into a hanging glass globe. All supplies are included - succulents, soil, gravel, moss and the globe they will get planted in.

Wednesday 9/21 6:00-8:00 pm  
Resident \$35/Non-resident \$39

### 401 Terrarium

These low maintenance gardens are fun and surprisingly easy to make. We will use an 8" glass container. All supplies and plants are included. We'll talk about how to choose the right plants for your mini indoor garden, and learn how easy they are to maintain. Your terrarium will go home with you at the end of the class.

Friday 9/16 5:00-7:00 pm or  
Sunday 10/23 2:00-4:00 pm  
Resident \$39/Non-resident \$44



### 402 Fairy Gardens

The weather is getting a little cooler, and the fairies who have taken up residence in your garden will need a warm place to spend the winter. If you don't want them to move to Florida, you'd better prepare a nice home for them that can be brought inside for the winter. Each gardener will receive a terracotta dish, 3 plants, moss, soil, gravel, and a fairy. Other fairy accessories will be available to customize your gardens at a 20% discount. This class is appropriate for fairy lovers of all ages.

Sunday 9/18 2:00-4:00 pm or  
Saturday 9/24 4:00-6:00 pm  
Resident \$45/Non-Resident \$50

### 403 Boxwood Tree

Not sure what a boxwood tree is? It's an arrangement of freshly snipped pieces of boxwood arranged in a container, shaped to resemble an evergreen tree and decorated for the holidays. All materials, including decorations and bows are included in cost of class.

Wednesday 11/16 5:30-7:30 pm or  
Sunday 11/20 2:00-4:00 pm  
Resident \$45 Non-Resident \$49

### 404 Holiday Wreath

Wreaths will be made of mixed greens on a 12" Balsam frame (pine, boxwood, holly, and other assorted greens will be added). Natural and/or "glitzy" decorations are included, including the bow. All materials are included in cost of class. Class size is limited to 10.

Wednesday 12/7 6:00-8:00 pm One Class  
Resident \$40 Non-Resident \$45

### 405 Seashore Wreath

We'll take our basic door sized Balsam wreath and give it a nautical flair. These wreaths have always been one of our best sellers, and now we're going to let you in on our secrets. Seashells, star fish, and sand dollars, pearls and baubles, all combine to make a wreath that will dazzle your neighbors, and oh so appropriate for our seashore communities. If you've collected special shells or driftwood, bring that along, and we'll incorporate them into your special wreath.

Wednesday 12/14 6:00-8:00 pm  
Resident \$55 Non-Resident \$60

### 406 Boxwood Wreath

Boxwood is an evergreen that holds up remarkably well for weeks. We have many different frame shapes that you can choose from to make an unusual, and one-of-a-kind, wreath. These classically elegant Holiday decorations call for only a simple bow to dress them up (Bow included)

Thursday 12/1 6:00-8:00 pm or  
Friday 12/2 6:00-8:00 pm  
Resident \$45 Non-Resident \$50

### 407 Bow Making Class

Learn how to make beautiful bows to adorn your wreaths and all holiday decorations. Each member of the class will bring home 3 completed bows, large enough to use on a door size wreath, or swag. Includes supplies.

Saturday 11/19 4:00-6:00 pm or  
Thursday 12/8 6:00-8:00 pm  
Resident \$20/Non-resident \$25

### 408 Seashell Wreath

Join us and learn how to make a seashell wreath. All supplies are included - a 12" grapevine wreath, that we use as the base, plenty of shells, and perhaps a few sand dollars or star fish also. Please bring along some of your summertime treasures to make your wreath uniquely individual. Hot glue guns and glue sticks will be supplied, but feel free to bring your own glue gun along.

Wednesday 9/28 6:00-8:00 pm One Class  
Sunday 11/13 3:00-5:00 pm One Class  
Resident \$45/Non-Resident \$50

### 409 Pumpkin/Succulent Centerpiece

We will take a pumpkin or squash, glue moss and succulents to make a great fall centerpiece. Kept in a cool room, these should last well past Thanksgiving. When it's time to bring the Christmas decorations out, you can pull the succulents off of your pumpkin and plant them into a dish garden where they should root and be happy.



Wednesday 10/26 6:00-8:00 pm One Class  
Resident \$45/Non-Resident \$50

### 410 Cocktails Anyone?

Did we get your attention? We will be layering colored gravel and soil, and planting succulents into wine or margarita glasses. Everyone will bring home 3 cocktail glasses - paper umbrellas included.

Sunday 9/25 2:00-4:00 pm One Class  
Resident \$40/Non-Resident \$45



## 500 Yoga for Mental Well-Being

This is a beginner class that includes a mixture of poses, breathing exercise, and short meditations to develop strategies for coping with the ups and downs of life. Please bring a yoga mat.

**Tuesday 9/20 7:00-8:00 pm: 6 weeks**  
Waterford HS  
Resident \$54/Non-resident \$59  
Instructor: Jennifer Lambert

## 501 Boot Camp Fitness – G’s Fitness

In a group setting, this boot camp offers a variety of strenuous exercises to garner better physical results such as an increase in aerobic and anaerobic fitness, tone muscles, increase flexibility, improve balance and coordination, increase bone density, rapid reduction of body weight, and more. All fitness levels welcome! G’s Fitness and Nutrition, 316 Boston Post Road, Waterford

**Mon-Fri 9/19 6:00 am**  
**Mon-Fri 9/19 7:30 am**  
**Mon-Fri 9/19 8:00 am**  
**Mon-Fri 9/19 11:00 am**  
**Mon-Fri 9/19 12:00 pm**  
**Mon-Fri 9/19 1:00 pm**  
**Mon-Fri 9/19 5:00 pm**  
**Mon-Fri 9/19 6:00 pm**  
Resident \$130/Non-resident \$135 Unlimited Sessions within a 4 week period.

## 502 Strength Training – G’s Fitness

If you’re interested in feeling stronger, healthier, and more vital, this program is for you! This strength-training program was developed by certified personal trainers who have a degree in exercise science. G’s Fitness and Nutrition, 316 Boston Post Road, Waterford.

**Mo., Tu., Wed. Thurs 9/19 8:00-8:30 am**  
**Mo., Tu., Wed. Thurs 9/19 12:00-12:30 pm**  
**Mo., Tu., Wed. Thurs 9/19 1:00-1:30 pm**  
**Mo., Tu., Wed. Thurs 9/19 2:00-2:30 pm**  
**Mo., Tu., Wed. Thurs 9/19 6:00-6:30 pm**  
Resident \$130 Non-resident \$135

## 503 Tai Chi, Level 1 (Basic 10 Form)

For centuries, millions from all ages have practiced Tai Chi daily. Practicing Tai Chi results in improved circulation, digestion, coordination, strength and flexibility. Tai Chi helps to improve the immune system and relax your mind.

**Monday 9/19 6:30-7:45 pm 8 weeks**  
Resident \$94/Non-resident \$99  
New London HS  
Instructor: Yuehua

## 504 Tai Chi Level 2 (24 Form)

This class is a continuation for those who have already completed level 1. We will further explore the health benefits of Tai Chi.

**Monday 9/19 7:45-8:45 pm 8 weeks**  
Resident \$94/Non-resident \$99  
New London HS  
Instructor: Yuehua

## 505 West Coast Swing Dance

This popular style of swing can be done to a variety of music with slower to moderate tempos giving West Coast Swing its unique style. It is much smoother and more versatile than East Coast Swing. Non rubber soled shoes and no partners required.

**Monday 9/19 6:00-7:00 pm 8 weeks**  
New London HS  
Resident \$94/Non-resident \$99  
Instructor: Susanne Morgan

## 506 Country Two-Step Partner Dance

Country 2 step is a popular partner dance that travels counter clockwise around the room. You can be on the floor two stepping in no time at all as it is fairly easy to learn. We have some fun upbeat music for this class. No partner required. Non rubber soled shoes highly recommended.

**Monday 9/19 7:00-8:00 pm 8 weeks**  
New London HS  
Resident \$94/Non-resident \$99  
Instructor: Susanne Morgan

## 507 Ballroom Dancing for Beginners

This class is for the true beginner or those that want to refresh their memories. No need to be shy; this is an easy-going, fun class. Come alone or bring a partner. You will learn to Merengue, Waltz & Rumba. Non-rubber soled shoes are required.

**Thursday 9/22 6:00–7:00 pm 8 weeks**  
Old Lyme MS  
Resident \$94/Non-resident \$99  
Instructor: Susanne Morgan

## 508 Romantic Slow Dance

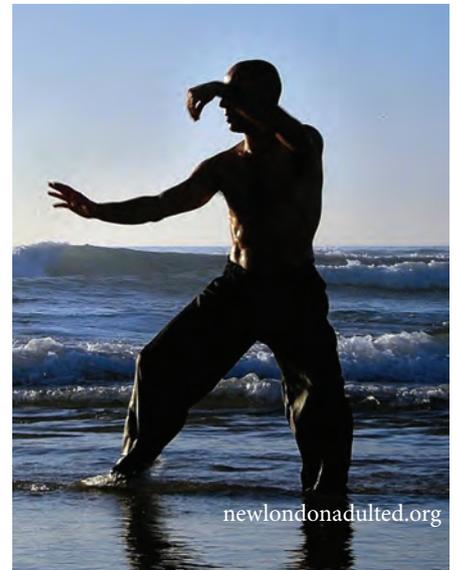
This social dance somewhat resembles the Bolero – the Latin Waltz. It is becoming a popular social dance that is perfect for weddings, proms and special occasions and is now entering Ballroom venues as well. It is also known as the Nightclub two-Step, though it is not a country dance. No partner required. Non rubber shoes are required.

**Thursday 9/22 7:00-8:00 pm 8 weeks**  
Old Lyme MS  
Resident \$94/Non-resident \$99  
Instructor: Susanne Morgan

## 509 Tai Chi Basic

Learn the basic 24 of Tai Chi. Wendy and Brian have practiced Tai Chi for many years and would like to share their knowledge with you. Wear comfortable clothes and prepare yourself to learn an ancient art.

**Tuesday 9/20 6:30-7:30 pm 8 weeks**  
Resident \$94/Non-resident \$99  
Waterford HS  
Instructor: Wendy Liao & Brian Yang



## 600 Learn to Computer program Using C#.Net

This course will get you on your way to writing computer programs for Windows using Windows Visual Studio .C#.Net Programming language.

**Saturday 9/24 9:00-11:00 am 8 weeks**  
NL Adult Education  
Resident \$159/Non-resident \$16  
Instructor: Tom Nicholas

## 601 Learn to Create a Web Site Using C#.Net

This course will teach you how to create a Web site using Microsoft Visual Studio You will learn at a high level HTML5, Cascading Style Sheets (CSS), JavaScript and C#.

**Monday 9/19 6:30-8:30 pm 8 weeks**  
New London HS  
Resident \$159/Non-resident \$164  
Instructor: Tom Nicholas

## 602 I Have a Computer ... Now What?

You just bought a new computer and don't know where to start? This course will introduce you to the Internet, Email and some of the basic computer software on the market today.

**Monday 9/19 2:00-5:00 pm 6 weeks**  
NL Adult Education  
Resident \$69/Non-resident \$74  
Instructor: Carmen Kuegler

## 603 MS Word 101

Are you starting a new job and need to learn the basics of MS Word? This course is designed get you started in the right direction.

**Tuesday 9/20 2:00-5:00 pm 4 weeks**  
NL Adult Education  
Resident \$69/Non-resident \$74  
Instructor: Carmen Kuegler

## 604 MS Excel 101

Learn the steps to using EXCEL in your everyday life and at the Office.

**Tuesday 10/18 2:00-5:00 pm 4 weeks**  
NL Adult Education  
Resident \$69/Non-Resident \$74  
Instructor: Carmen Kuegler

## 605 iPad 101

Take an afternoon class & learn all about your iPad. Learn about the various App's that are available & how to customize it to your needs.



**Mon. & Thurs. 10/24 3:30-5:00 pm 2 weeks (4 classes) – NL Adult Education**  
Resident \$49/Non-resident \$54  
Instructor: Christina Frausini

# MIND, BODY & SPIRIT

## 700 After Death Communication

Have you felt the presence of someone who has passed? What are the prevalent signs and messages that deceased loved ones send to us? What can a near death experience teach us about the afterlife? These questions and more will be discussed and explored.

**Thursday 10/13 1:00-3:00 pm One day only**  
NL Adult Education  
Resident \$25/Non-resident \$30  
Instructor: Carla Augustyn

## 701 Tarot Card for Beginners

This five-week course will build a foundation for being a successful reader. Topics include: Preparing yourself and your space, card etiquette, Spreads and more.

**Thursday 9/22 7:00-9:00 pm 5 weeks**  
Old Lyme MS  
Resident \$59/Non-resident \$64  
Instructor: Minerva Silverfae



## 702 Introduction to Angels

This class is a delightful introduction to the world of angels. Who are they and how can they help us? Who are the archangels and guardian angels? Learn how to communicate with your angels and give yourself and others a reading through the use of angel oracle cards. The cost of \$15 for "Healing with the Angels" oracle cards will be paid directly to the instructor.

**Thursday 10/20 1:00-3:00 pm One day only**  
NL Adult Education  
Resident \$25/Non-resident \$30  
Instructor: Carla Augustyn

## 703 Meet your Spirit Guide

Your Spirit Guide has been with you since you incarnated on this Earth and is eager for you to reconnect with him/her so that they may give you messages of encouragement and love. Learn how to connect with your guides and receive daily guidance on your own.

**Thursday 10/13 6:00-8:00 pm One day only**  
Old Lyme MS  
Resident \$35/Non-resident \$40  
Instructor: Alison Ritrovato, APRN

## 704 Past Life Regression

Learn how your past lives contribute to your current life. Experience a group session of past life regression and access the wisdom stored in your past lives to heal and transform your life. This class is fun, enriching and can be life changing.

**Thursday 10/20 6:00-8:00 pm One day only**  
Old Lyme MS  
Resident \$35/Non-resident \$40  
Instructor: Alison Ritrovato, APRN

# CAREER DEVELOPMENT

## 800

### EMT Training:

#### Initial EMT Basic Training (160-hour course)

Classes are held Monday & Thursday nights and Saturday's daytime. This intensive program is designed to provide a basic understanding of anatomy, physiology, and pathophysiology. It will allow you to better understand signs, symptoms and emergency care. An anatomical and body system approach to physical exams will link conditions to assessment findings. This course will give you knowledge of the presentation of common medical conditions and traumatic injuries encountered in the pre-hospital environment. You will learn how to provide the most efficient and effective emergency care. Graduates of this program will satisfy licensure requirements from the National Registry of Emergency Medical Technicians as well as the Connecticut Department of Public Health, Office of Emergency Medical Service. The textbook is included in this course. Prerequisites: Proof of TB (PPD) test results within the last year from the clinical end date, Proof of Measles, Mumps & Rubella or Titer, Verbal history of Chicken Pox, proof of vaccine or antibody Titer.

Thursday 9/1 6:30-9:00 pm 13 weeks

NL Adult Education

Resident \$900/Non-resident \$900

VA and WIOA Approved

Instructor: Emergency Training Services

## 801

### Real Estate Principles & Practices

Information Meeting for interested students  
Shaw's Cove Three, 5-7 p.m., August 31

This course covers the major aspects of the real estate industry and prepares you for the state licensing examination and meets the 60-hour requirement for licensing. To take the state licensing examination you must be 18 years of age or older. Classes meet on Monday and Wednesday evenings for 12 weeks. Books required for the class: Modern Real Estate Principles and Practice and Connecticut law for Real Estate, books can be purchased from instructor for \$75.

Monday & Wednesday 9/7 6:00-9:00 pm

12 weeks – NL Adult Education

Resident \$420/Non-resident \$425

VA and WIOA Approved

## 802

### Private Pilot Ground School

Have you dreamed of becoming a pilot or want to learn how our aviation system works? You could be flying yourself to your next vacation.. We will learn about aerodynamics, weather, regulations, aircraft systems, airspace and all other areas to make you a well-rounded and safe pilot. This course will cover all aspects of general aviation and will meet the requirements to take the FAA Private Pilot Written Exam. We will utilize the latest smart board video teaching technology to make the class interactive. Brian Godburn is a certified flight instructor, instrument instructor, multi-engine instructor and a pilot for Delta Airlines.

Monday 9/19 6:00-8:00 pm 8 weeks

NL Adult Education

Resident \$325/Non-Resident \$330

Instructor: Brian Godburn



## 803

### Pilot Instrument Rating Ground School

**Attention Pilots:** Instrument Rating Ground School. Do you want to step up to the next level and increase your flying skills by acquiring your instrument rating? Do you want to increase your knowledge of the air traffic control system? Then this class is for you. We will cover all knowledge areas necessary to pass the instrument rating written exam in this fun and dynamic course. We will discuss real world scenarios that will help you be a safe and proficient instrument pilot. We will utilize the latest smart board video teaching technology to make the class interactive and you will receive an endorsement to take the FAA instrument written exam at the end of the course. Brian Godburn is a certified flight instructor, instrument instructor, multi-engine instructor and a pilot for Delta Airlines.

Monday 11/28 6:00-8:00 pm 8 weeks

NL Adult Education

Resident \$325/Non-Resident \$330

Instructor: Brian Godburn



## 804

### Professional Bartending with SMART Certification

This professional bartending course includes the state and national SMART (Servers and Managers Alcohol Responsibility Training) certification recognized by the CT Department of Liquor Control and police departments. Servers of alcohol are taught to serve responsibly, how to spot signs of intoxication, and how to respond appropriately. Instruction focuses on opening and closing procedures, product knowledge, speed of preparation, and people skills. Upon successful completion of the course, students will be qualified to work in any environment that serves liquor, including restaurants, clubs, hotels, and catering companies. Students receive a certificate of completion and the SMART certification. Students must be 18 years old or older. No real alcohol is used.

Wednesday 10/5 6:00-9:00 pm 5 weeks

NL Adult Education

Resident \$250/Non-resident \$255

Instructor: Paul Rich

## 805

### SMART Certification for Alcohol Servers

SMART training is a 3-hour certification course developed by those in the hospitality industry for the hospitality industry. Participants will learn how to identify signs of intoxication using the traffic light system as well as learning CT's liquor rules, regulations, and laws. This course has an intense focus on checking ID's properly and identifying underage drinking.

Wednesday 10/5 6:00-9:00 pm One night only

NL Adult Education

Resident \$55/Non-resident \$60

Instructor: Paul Rich

# CAREER DEVELOPMENT

**806**

## Getting Paid to Talk: Voiceovers

This exciting class will explore numerous aspects of voice-over work for television, film, radio, audio-books, documentaries and the internet. We will cover all the basics, including how to prepare the all-important demo and how to earn a great income in this exciting field. Students will get to hear examples of demos recorded by professional voice actors.

Wednesday 10/26 6:00-8:30 pm One night only  
Montville HS Resident \$29/Non-resident \$34

**807**

## Certified Nursing Assistant Training

Our Certified Nursing Assistants program will provide students with the required hours for Certified Nursing Assistant training, basic nurse aide skills, including classroom and clinical training. This program will prepare the students for the Prometric exam. Prerequisites: Must be 18 years or older, have proof of High School completion or equivalent, successful completion of in-house English and/or Math comprehension tests and proof of TB (PPD) results read within the last 6 months from the clinical end date.

Monday 9/12 or Tuesday 1/3 8:00-4:00 pm  
3 weeks - NL Adult Education  
VA and WIOA Approved Resident \$1,099

Classes meet Monday thru Friday  
Fee includes tuition, textbook, uniform and State of Connecticut Prometric exam



# SPORTS

**900**

## Horseback Riding: Beginning

Basic instruction will be given on the skill of horsemanship and horse care to those with little or no riding experience. Riding instructions will focus on balance and basic mechanics of riding. Students will also learn to groom, tack up and basic care of the horses. Participants should wear heeled shoes, boots are preferred. Riding helmets are provided by the instructor. All classes will be held at Outback Stables, 538 Colonel Ledyard Highway, Ledyard, CT.

Wednesday 9/28 6:00-7:00 pm 6 weeks  
Thursday 9/29 6:00-7:00 pm 6 weeks  
Outback Stables  
Resident \$150/Non-resident \$155

**901**

## Horseback Riding: Advanced

This course is for students 15 and older who have successfully completed the beginner class and are ready to take the next step. Riding helmets are provided by the instructor.

Tuesday 9/27 6:00-7:00 pm 6 weeks  
Outback Stables, Ledyard  
Resident \$150/Non-resident \$155



**902**

## Golf for Ladies Only

This class is for women who want to learn the art of golf. Lessons will cover the following fundamentals: grip, stance, posture, and backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. Each lesson is one hour. Please bring a putter, a 3 wood, a 7 iron, and pitching wedge. Equipment is available to borrow if needed. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students.

Great Brook Driving Range - 5 weeks  
Monday 9/12 5:00-6:00 pm  
Resident \$150/Non-resident \$155  
Instructor: Christopher Hedden

**903**

## Learn the Fundamentals of Golf

Lessons will cover: grip, stance, posture, and backswing, follow through, sandshots, downswing, chipping, putting, equipment info, and golf etiquette. Please bring a putter, 3 wood, 7 iron, and pitching wedge. There is a small fee for a bucket of balls for each lesson. Class size is limited to 10 students.

Great Brook Driving Range - 5 weeks  
Wednesday 9/7 6:00-7:00 pm  
Resident \$150/Non-resident \$155  
Instructor: Christopher Hedden

**904**

## Youth Golf Lessons

This class is for youth ages 8-15 and will cover: grip, stance, posture, and backswing, follow through, sand shots, downswing, chipping, putting, equipment info, and golf etiquette. There is a small fee for a bucket of balls. Class size is limited to 10 students.

Great Brook Driving Range - 5 weeks  
Saturday 9/10 10:00-11:00 am  
Sunday 9/11 10:00-11:00 am  
Resident \$150/Non-resident \$155  
Instructor: Christopher Hedden

# PHOTOGRAPHY



**1000**

## Digital Photography 2

You have the basics to Digital Photography, now take it one step further... Explore new techniques with your camera and capture the World with new skills. This class meets twice a week for two weeks.

Mon. & Thurs. 10/24 5:30-7:30 pm  
2 weeks (4 classes) - NL Adult Ed.

Resident \$69/Non-resident \$74  
Instructor: Christina Frausini

# CULINARY

## 2000 French Culinary Techniques

Would you like to cook as a professional chef? You will do so by mastering and understanding French culinary techniques, processes, and methods through the most exquisite classic recipes. This is a hands-on cooking class!! Appetizers-Soups-Salads-Vegetables-Rice-Potatoes-Chicken-Fish-Sauces-Desserts. Students are to bring their own apron and knife. A materials fee of \$50.00 is to be paid to the instructor on the first night of class.

Monday 9/19 6:00-9:00 pm 4 weeks  
NL High School  
Resident \$69/Resident \$74  
Instructor: Maribel Martinez

## 2001 Indian Cuisine II

Our fall season & session II is fragrant with the taste of Mughlai cooking. Tandoori Chicken, Biryani & Paneer dishes are on the menu. Come & get introduced to the unique flavors of Northern India. A \$50 material fee paid to the instructor on the first night.

Monday 10/24 6:00-9:00 pm 4 weeks  
NL High School  
Resident \$69/Resident \$74  
Instructor: Anita D'Souza-Cleetus



## 2002 Flanders Fish Steps to Shellfish

Flanders Fish Market will show you how to care for and prepare shellfish in a multitude of ways; from raw preparations to sauté techniques, you'll be a crustacean aficionado in no time. Spend an evening at this well-known family restaurant and treat your taste buds (and your brain) to great food and a bit of culinary education.

Friday 9/9 6:00-8:00 pm 1 class  
Flanders Fish Market  
Resident \$55/Resident \$60



## 2003 Chef Jr Stove-Free Recipes Cooking Class

Learn easy recipes that don't require heat, as well as ones that use just a microwave to make a meal. Please bring an apron and containers to take home your creations. Children 18 and under must be accompanied by an adult. There is a \$20 material fee paid to the instructor at the first class.

Saturday 9/10 10:00-12:00 pm 4 weeks  
NL Adult Education  
Resident \$59/Resident \$64  
Instructor: Erika Y. Gradecki

## 2004 Cooking 101

Learn the various knife cuts (julienne, dice, etc.) and cooking techniques. Please bring an apron, knife and containers to take home your creations. There is a \$20 material fee paid to the instructor at the first class.

Tuesday 9/20 6:00-8:30 pm 2 weeks  
Waterford HS  
Resident \$49/Resident \$54  
Instructor: Erika Y. Gradecki

## 2005 Chef Jr. Kids Cooking Class

A class for the young chef! We will learn how to create fun finger foods and baked goodies. Children 18 and under must be accompanied by an adult. Please bring an apron and containers for your creations. There is a \$25 material fee paid to the instructor at the first class.

Tuesday 10/18 6:00-8:30 pm 2 weeks  
Waterford HS  
Resident \$49/Resident \$54  
Instructor: Erika Y. Gradecki

## 2006 Cajun/Creole Cookin'

Enjoys the classics of Louisiana-style cooking, including Jambalya, Etouffee, and more! Please bring an apron and containers to take home your creations. There is a \$30 material fee paid to the instructor at the first class.

Tuesday 10/4 6:00-8:30 pm 2 weeks  
Waterford HS  
Resident \$49/Resident \$54  
Instructor: Erika Y. Gradecki

## 2007 Just the Sides

We're offering a helping hand around the holidays! Side dishes from scratch such as mashed potatoes & gravy, corn pudding and more will be taught. Please bring an apron, knife and containers to take home your creations. There is a \$30 material fee paid to the instructor at the first class.

Tuesday 11/1 6:00-8:30 pm 2 weeks  
Waterford HS  
Resident \$49/Resident \$54  
Instructor: Erika Y. Gradecki

## 2008 Filomena's Gnocchi al Palma'

Spend an evening at Filomena's discovering the secrets to their Gnocchi al Palma' and more! Capture this opportunity to learn from an experienced chef as he explains the steps in preparing tonight's meal. Take notes and enjoy these dishes with family and friends. This class is a demonstration class and fills fast - register now.

Sunday 9/18 6:00-8:00 pm  
One night only Filomena's Restaurant  
Resident \$40/Non-resident \$45

## 3000 CPR With Automated External Defibrillator (AED) & Standard First Aid

This course will teach you how to recognize and treat life-threatening emergencies, cardiac arrest, and choking in adults and children 8 years or older. Defibrillator and infant training will also be taught. This program meets OSHA requirement standards for emergency care training in the work place. An American Heart Association CPR and National Safety Council First Aid Certification will be presented upon completion of this course.

**Tuesday 10/11 6:00-9:00 pm 2 weeks**  
Waterford HS  
Resident \$89/Non-resident \$94  
Instructor: Emergency Training Services

## 3001 Babysitting Lessons & Safety Training (BLAST)

BLAST was developed by the American Academy of Pediatrics and Emergency Care and Safety Institute to educate children of the responsibilities of being a babysitter. This course is designed for children ages 13 -16, their parents, and parents looking to hire a babysitter. The BLAST program can prepare children to interview for a babysitting job and to select safe and suitable games and activities. The BLAST course is exciting and interactive, providing extensive training in pediatric first aid, household safety, and fundamentals of childcare.

**Tuesday 10/25 6:00-9:00 pm One night**  
Waterford HS  
Resident \$54/Non-resident \$59  
Instructor: Emergency Training Services

## 3002 Narcan

This class is designed for friends, relatives, and family members to learn how Opiates and Narcotics effect the human body. This program will also teach you how to properly assemble and apply Naloxne (Narcan) via intranasal and auto-injector administration on a training manikin.



**Tuesday 10/4 6:00-8:30 pm One night Waterford HS**  
**Wednesday 10/19 6:00-8:30 pm One night NL Adult Education**  
**Wednesday 10/26 6:00-8:30 pm One night Montville HS**  
Resident \$15/Non-resident \$20  
Instructor: Emergency Training Services

## 3003 Bitter Sweet

You'll leave this class understanding the causes of sugar cravings, and you'll receive practical tools for dealing with them. Have the freedom to eat foods you love and have sweetness in your life without the side effects or guilt. You'll learn:

- The top ways sugar is negatively affecting your health and happiness
- Tips to eat foods you enjoy and not deprive yourself
- How your lifestyle affects your cravings
- Why the more sugar you eat, the more sugar you want
- Simple steps to crowd sugar out of your life

**Tuesday 11/1 6:00-8:00 pm One day only Waterford HS**  
Resident \$45/Non-resident \$50  
Instructor: Barb Wickland, CHHC, CPT, BA

# PET ESSENTIALS

## 4000 Pet First Aid and Disaster Response

This unique course is ideal for all pet owners and pet caregivers. This course covers common health and safety related issues, CPR, first aid basics, when to seek professional care, and disaster planning steps for proper care of pets.

**Saturday 10/1 6:00-9:00**  
**One day only**  
NL Adult Education  
Resident \$54/Non-resident \$59  
Instructor: Emergency Training Services



## 4001 Starting a Pet Sitting Business

What makes a professional pet sitting business different from hiring the kid next door? How can you be sure that pet sitting is the business for you? Is it just "all about pets", or much more? What does it mean to be a professional pet sitter? These topics and more will be covered in the course.

**Saturday 10/15 10:00 am-12:30 pm One day only**  
NL Adult Education  
Resident \$44/Non-resident \$49  
Instructor: Linda Norton

## FREE FINANCIAL FITNESS 101 CLASSES

### 5000 Credit Do's and Don'ts

A healthy credit profile is critical to operating in today's society. Credit affects the ability to finance purchases, secure insurance and even land a dream job. In this seminar learn the tips and tricks to establishing, maintain and repairing your credit score. Insights into what lenders are looking for when they analyze credit will also be shared.

**Tuesday 10/4 6:00-8:00 pm One night**  
Waterford HS  
**Saturday 10/15 9:00-11:00 am**  
One day NL Adult Education  
Instructor: Pamela Days-Luketich

### 5001 Home Buying Seminar

Learn key steps to purchase a home from start to finish and available options, especially first-time homebuyers regarding mortgage financing, underwriting and the approval process. Gain insight into whether or not you are ready for home ownership, pitfalls to avoid and about the awesome mortgage and down payment assistance programs that are available.

**Saturday 10/1 9:00-11:00 am One day**  
NL Adult Education or  
**Tuesday 9/20 6:00-8:00 pm One night**  
Waterford HS  
**Thursday 10/20 6:00-8:00 pm Old Lyme MS**  
Instructor: Pamela Days-Luketich

### 5002 Budgeting Basics

Learn how to create a basic budget, reduce debt and build savings. The first and most important step to effective financial planning is developing and implementing a budget and spending plan. Many millions of people are currently deeply in debt and a simple budget could make all the difference to your financial wellbeing.

**Tuesday 11/15 6:00-8:00 pm One night**  
Waterford HS  
**Saturday 9/24 9:00-11:00 am One day**  
NL Adult Education  
Instructor: Pamela Days-Luketich

### 5005 Social Security Planning for Boomers

Do you know which strategy is best for you? When should you take your Social Security? How do you apply? What impact does your spouse's Social Security have on what you collect? This ninety-minute presentation covers not only the basics of Social Security but also reveals strategies for maximizing your benefits.

**Monday 10/3 6:30-8:30 pm One Night**  
New London HS  
**Thursday 11/3 6:30-8:30 pm One Night**  
Old Lyme MS  
Resident \$24/Non Resident \$29  
Instructors: Albert D'Agosto, Charles Yannich

### 5006 Financial Literacy 101 minus 1

This course is intended to introduce the novice to basic financial concepts and investment terms to better deal with investment advisors and company 401K financial people. Knowledge of investment vehicles available inside 401K's and in self-directed IRAs should prove helpful in decision making and in directing you financial planner or advisor. Basic investing tools and investment internet sites will be covered in a hands on manner. Some computer savvy helpful but not required.

**Monday 9/26 3:00-5:00 2 weeks**  
NL Adult Education  
Resident \$39/Non-resident \$44  
Instructor: Ed Trzcinski

### 5003 Reverse Mortgage

What is a reverse mortgage and is it right for you? Learn How to use your home to stay at home. What are the options available to you as a homeowner? What are the advantages and the disadvantages you need to consider? Learn the answers to these questions and more at this informational session.

**Saturday 10/29 9:00-11:00 am**  
One day  
NL Adult Education  
Instructor: Pamela Days-Luketich

### 5004 Money Smart for Older Adults

Money Smart for Older Adults is designed to provide information and tips to help prevent common frauds, scams and other types of elder financial exploitation in your community. Elders who lose their life savings usually have little or no opportunity to regain what they have lost. Elder financial abuse can result in the loss of the ability to live independently; decline in health; broken trust, and fractured families. Awareness and prevention is the first step.

**Saturday 10/22 9:00-11:00 am One day**  
NL Adult Education  
Instructor: Pamela Days-Luketich

### 5007 College Planning 101

Don't make the mistake of thinking it is too early to begin planning for college. Parents of students who plan to attend any college or university will want to attend this workshop. Learn how families of all income levels may be eligible for financial aid, which colleges offer the best financial aid packages, and more.



**Wednesday 11/2 7:00-9:00 pm**  
Montville HS or  
**Thursday 11/3 7:00-9:00 pm**  
Old Lyme MS  
Resident \$24/Non Resident \$29  
Instructor: Sean Flynn

### 5008 CYA: Conserve Your Assets

Are you tired of not earning any interest on your assets? Are you worried about your retirement nest egg? Do you want to learn how to protect it from eroding away because of low interest rates, inflation, taxes and management fees? Attend a two-hour workshop to learn how to protect and preserve the assets accumulated over a lifetime of work. Your money still needs to grow while you are in retirement; learn how to do this with a principal guarantee and no fees!

**Tuesday 10/18 6:30-8:30 pm One night only**  
Waterford HS  
Resident \$19/Non-resident \$24  
Instructor: Stephan Brueckner

# New London Adult & Continuing Education

## Online Learning

*anytime, anywhere...  
just a click away!*



### ONLINE CAREER TRAINING PROGRAMS

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

- 6-18 Month Format
- All materials included
- Prepare for certification
- Student advisors

Some of our most popular courses include:

#### Administrative Dental Assistant

Learn how to perform the administrative tasks essential for managing the business aspects of a dental practice.

#### Administrative Medical Specialist with Certified Electronic Health Records Specialist + Medical Terminology

This program combines the Administrative Medical Specialist program with training in electronic health records and medical terminology to give you a competitive edge in the healthcare field.

#### Advanced Hospital Coding and CCS Prep

This program will utilize your existing knowledge of medical terminology and healthcare sciences. Increase your coding skills and prepare to take the official certification exam to become a Certified Coding Specialist.

#### Certified Electronic Health Records Specialist

Learn how to implement and utilize electronic health records and become a Certified Electronic Health Records Specialist.

#### Physical Therapy Aide

Master the skills you need to begin a career as a physical therapy aide.

#### CompTIA Healthcare IT Technician (Voucher Included)

The CompTIA Healthcare IT Technician course teaches the fundamentals of healthcare IT (HIT) by using the CompTIA Healthcare IT Technician (HIT-001) exam objectives as the framework.

#### CPC Administrative Medical Specialist with Medical Billing and Coding (Vouchers Included)

This Administrative Medical Specialist program with training in medical billing and coding will give you a competitive edge in the healthcare field.

#### Medical Transcription + Medical Terminology

Start a new career as a medical transcriptionist with the training provided in this program, which also includes medical terminology training.

#### Optician Certification Training

Master the skills you need for a successful career as an optician and prepare yourself to take the ABO certification exam.

#### Pharmacy Technician (Voucher Included)

Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.

### INSTRUCTOR-LED ONLINE COURSES

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly, are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

- 6 Week Format
- 24-Hour Access
- Discussion Areas
- Monthly start sessions
- Expert Instructor

Some of our most popular courses include:

#### Explore a Career as a Pharmacy Technician

Master the skills that will prepare you for an entry-level position as a pharmacy tech or clerk, and discover the steps you can take to become a Certified Pharmacy Technician (CPhT).

#### Medical Terminology:

##### A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

#### Explore a Career in Medical Coding

Learn how to use the CPT manual and the ICD-10-CM to find medical codes for any disease, condition, treatment, or surgical procedure.

#### Explore a Career as an Administrative Medical Assistant

Learn all about the in-demand career of medical information management as you explore the job of an administrative medical assistant (AMA) in a doctor's office—from appointment scheduling and chart creation to medical billing and coding.

#### Certificate in Legal and Ethical Issues in Healthcare

(12 contact hours) Explore the legal and ethical risks healthcare professionals face, including issues related to HIPAA rules, medication errors, social media and healthcare, organ donation, and workplace violence.

## Discounted Course Bundles

#### PMP Prep Series:

Learn how to prepare for the Project Management Institute's prestigious PMP® certification exam

#### Basic Computer Skills Suite:

Learn essential computer skills for the 21st century workplace, including how to troubleshoot PC issues!

#### Microsoft Office Value Suite Series:

Learn to use the basic features of Microsoft Word 2016, Microsoft Excel 2016, and Microsoft PowerPoint 2016, three of the most fundamental software programs used in educational and professional settings.

#### Microsoft Word Series:

Learn the ins and outs of Microsoft's newest release of Microsoft Word. This discounted bundle teaches you everything you need to know about the 2016 release.

#### Microsoft Excel Series

Learn to use basic, intermediate, and advanced features of Microsoft Excel.

#### Adobe Value Suite

This group of courses teaches you the basics of Adobe's InDesign, Illustrator and Photoshop image and graphic design software.

Visit our website for program details

[careertraining.ed2go.com/nlae](http://careertraining.ed2go.com/nlae)

Visit our website for program details

[ed2go.com/newlondonadult/](http://ed2go.com/newlondonadult/)

# LANGUAGE

## 6000

### German for the Beginner

This is a beginning German course that will get you on your way to experiencing a new language. Learn the German language from a native speaker in this 8 week course.

Class is limited, register early.

Tuesday 9/20 6:00-9:00 pm 8 weeks  
NL Adult Education  
Resident \$79/Non-resident \$84  
Instructor: Carmen Kuegler

## 6001

### Conversational German

Expand your German vocabulary and join this lively conversational class. Class is limited, register early.

Thursday 9/22 6:00-9:00 pm 8 weeks  
NL Adult Education  
Resident \$79/Non-resident \$84  
Instructor: Carmen Kuegler

## 6002

### German Advanced

This class is the continuation of the German for the Beginner class. This class will continue with chapter 4. Class is limited, register early.

Thursday 9/22 2:00-5:00 pm 8 weeks  
NL Adult Education  
Resident \$79/Non-resident \$84  
Instructor: Carmen Kuegler

## 6003

### Italian for the Traveler

Are you planning to travel to Italy? This course will give you the phrases to make your trip a success.

Thursday 9/22 6:30-8:30 pm 8 weeks  
Old Lyme MS  
Resident \$89/Non-resident \$94  
Instructor: Bruno Roberto

## 6004

### Portuguese for Beginners

The class will introduce basic Portuguese and get you on your way to a new language.

Tuesday 9/20 7:00-9:00 pm 8 weeks  
Waterford HS  
Resident \$79/Non-resident \$84  
Instructor: Susana Lameiras

## 6005

### Russian for the Beginner

This course will introduce you to the Russian Culture, Traditions and Beliefs all the while learning basic Russian greetings & everyday phrases. Discover the beauty of the Russian language from a native Russian speaker. Class is limited to 8 students, register early to secure your seat in this new & exciting class!

Tues. & Thurs. 10/5 6:30-8:30 pm 6 weeks  
(12 classes) NL Adult Education  
Resident \$79/Non-resident \$84  
Instructor: Jakob Poll



## 6006

### Beginning American Sign Language

Explore the world of manual communication. Learn the alphabet, how to finger spell, and much more.

Thursday 9/22 7:00-9:00 pm 8 weeks  
NL Adult Education  
Resident \$89/Non-resident \$94  
Instructor: Donna Haggerty

## 6007

### American Sign Language II

Increase your knowledge of the ASL - Prerequisite: Beginning American Sign Language

Tuesday 9/20 6:00-9:00 pm 8 weeks  
Waterford HS or  
Wednesday 9/21 6:00-9:00 pm 8 weeks  
Montville HS  
Resident \$89/Non-resident \$94  
Instructor: Donna Haggerty

## 6008

### American Sign Language III

This course is for those who want to expand their ASL Vocabulary.

Monday 9/19 7:00-9:00 pm 8 weeks  
New London HS  
Resident \$89/Non-resident \$94  
Instructor: Donna Haggerty

## 6009

### Arabic for the Beginner

Learn Arabic with a skilled bilingual instructor. This class will introduce you to the basics, alphabet, numbers and simple phrases. The instructor is a native speaker from Egypt. This class introduces not only a new language, but a new culture as well.

Monday 9/19 7:00-9:00 pm 8 weeks  
New London HS  
Resident \$79/Non-resident \$84  
Instructor: Salwa Elsayed

## 6010

### Spanish for the Beginner - Daytime

Our beginner class will help students speak, listen, read and write Spanish. Have fun while visual prompts will assist in acquiring language for daily living. The textbook is included in cost of the course.

Tuesday 9/20 3:00-5:00 pm 8 weeks  
NL Adult Education  
Resident \$109/Non-resident \$114  
Instructor: Nancy Vega

## 6011

### Spanish for the Beginner

Our beginner class will help students speak, listen, read and write Spanish. Have fun while visual prompts will assist in acquiring language for daily living. The textbook is included in cost of the course.

Tuesday 9/20 7:00-9:00 pm 8 weeks  
Waterford HS  
Resident \$109/Non-resident \$114  
Instructor: Nancy Vega

## 6012

### Spanish for the Beginner

The goal of this course is to help you develop basic Spanish Communication skills. In our class, we will emphasize practical conversational techniques and pronunciation with lessons in grammar, reading and writing. I will also try to include some of your individual learning objectives. The textbook is included in cost of the course.

Thursday 9/22 7:00-9:00 pm 8 weeks  
NL Adult Education  
Resident \$109/Non-resident \$114  
Instructor: Claudia Schkepper

## 6013 Conversational Spanish

Learn by doing... this course will immerse you into the Spanish Language. Sharpen your skills and spend the evening surrounded by the Spanish Language. This course is the third part of our Spanish Program.

Tuesday 9/20 6:30-8:30 pm 8 weeks  
Waterford HS  
Resident \$89/Non-resident \$94  
Instructor: Liliam Almaraz

## 6014 Spanish: Intermediate Level

This course is a continuation of Spanish for Beginners. Students who have already taken "Spanish for Beginners" will use the same textbook (Spanish is Fun, 3rd Edition). Others will pay the \$20 textbook fee.

Thursday 9/22 6:30-8:30 pm 8 weeks  
NL Adult Education  
Resident \$89/Non-resident \$94  
Instructor: Liliam Almaraz

## 6015 Italian: Beginning Level

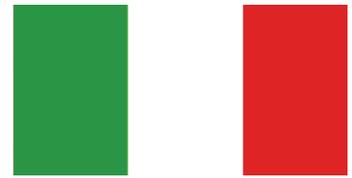
Oral drills will encourage the beginner to develop speaking and listening skills. We will introduce practical vocabulary and expressions, and go over real travel situations. Textbook is included in registration fee.

Wednesday 9/21 6:30-8:30 pm 8 weeks  
NL Adult Education  
Resident \$114/Non-resident \$119  
Instructor: Mirela Gjino

## 6016 Italian: Intermediate Level 2

This course is a continuation for students who have taken Italian Beginning and have a basic knowledge of the Italian language. Have fun while learning to start and conclude a conversation. Students who have already taken Italian Beginning Level will use the same textbook. Others will pay the \$25 Textbook Fee.

Thursday 9/22 6:30-8:30 pm 8 weeks  
NL Adult Education  
Resident \$89/Non-resident \$94  
Instructor: Mirela Gjino



## 6017 Italian: Intermediate Level 3

This course is a continuation for students who have taken Italian I and have a basic knowledge of the Italian language. Have fun while learning to start and conclude a conversation and pronunciation of everyday dialogues. Students who have already taken Italian Beginning Level will use the same textbook. Others will pay the \$25 Textbook Fee.

Tuesday 9/20 6:30-8:30 pm 8 weeks  
NL Adult Education  
Resident \$89/Non-resident \$94  
Instructor: Mirela Gjino

# MUSIC

## 7000 Learn to Play Conga

This course will provide the beginning drummer with the fundamentals of Conga playing. You will learn a brief history of the drum and how to tune and maintain your drum. Learn hand positioning, tones, techniques and different rhythms and patterns. The course will provide a cool understanding for the beginner and intermediate drummer to enhance and enjoy their drumming experience for years to come. A drum is required for this course.

Saturday 9/24 9:00-11:30 am 4 classes  
NL Adult Education  
Residents \$89/Non-Resident \$94  
Instructor: Herman "Doc" Frazier



## 7001 Beginner & Intermediate Guitar Lessons

Beginners learn the basic right and left-hand techniques including chords, strums, and single note patterns, as well as easy songs. Written and ear approaches will be used. At the intermediate level, students will improve their current level of playing and advance into new areas of neck. Theory and lead guitar will be introduced in a variety of styles. Students must have their own guitar (small amplifier for electrics), and a personal recording device is recommended.

Wednesday 9/21 7:00-9:00 pm 6 weeks  
Montville HS  
Resident \$99/Non-resident \$104  
Instructor: Don Cash

## 7002 Just Once Piano for Hopelessly Busy People

Some music teachers may not want you to know this, but you do not need years of weekly lessons to learn piano. In this lecture/Demonstration class, you can learn enough secrets of the trade to give you years of musical enjoyment. "As seen on the PBS Television program

- "Piano in a Flash." Fee includes the workbook.

Saturday 10/1 9:00 am -12:00 pm One day Event  
NL Adult Education  
Resident \$59/Non-resident \$64

## 7003 Just Once Guitar for Busy People

In just a few hours you can learn enough about playing guitar to give you years of musical enjoyment. This crash course will give you basic chords and get you playing along with your favorite songs. Bring your guitar & get ready to learn!

Saturday 10/1 1:00-3:30 One day only  
NL Adult Education  
Resident \$59/Non-resident \$64



## 8000

### Extreme Couponing with The Crazy Coupon Chick

Learn from The Crazy Coupon Chick (as seen on TV) Save \$\$\$ on your groceries and more. Missie will show you how to get those deals and walk out of the stores with extra money in your pocket.

Saturday 11/5 11:00-2:00 pm  
NL Adult Education  
Resident \$30/Non-resident \$35  
Instructor: Missie Morris

## 8001

### Fundamentals of Make-up Artistry I

An 8-week comprehensive makeup instruction from a professional makeup artist for newbies and makeup fans wishing to learn more about makeup, tips and tricks of the trade. This class covers the basics of skincare, sanitation, what you need in your makeup kit, and how to build a budding makeup artist portfolio. Makeup and supplies are the student's responsibility.

Tuesday 9/20 6:30-8:30 pm 8 weeks  
Waterford HS  
Wednesday 9/21 7:00-9:00 pm 8 weeks  
Montville HS  
Resident \$79/Non-resident \$84  
Instructor: Anne Fitzgerald

## 8002

### Fundamentals of Make-up Artistry II

For those of you makeup enthusiasts who feel reasonably confident in your makeup ability and have some background in techniques, especially those covered in the Fundamentals of Makeup Artistry I, join Anne in fine tuning your style. We will cover natural makeup application, makeup for photography, red carpet looks, advanced contour techniques, creative looks, bridal, and role playing with clients. In addition to the class fee please be aware that you will have a suggested list of materials and products to purchase depending on what you may already have in your kit.

Monday 9/19 6:30-8:30 pm 8 weeks  
New London HS  
Resident \$79/Non-resident \$84  
Instructor: Anne Fitzgerald



## 8003

### Grant Writing

This workshop will cover the basics of grant writing. Topics will include researching funders, formatting your grant and telling your story. Class will include the opportunity to work on a project of your choice. Bring your grant ideas to class!

Thursday 10/13 6:00-8:00 pm – 3 weeks  
Old Lyme MS  
\$69/Non-resident \$74  
Instructor Phyllis Cappuccio, MS,CFRE

## 8004

### Laughworks: School of Improv

Laughter is still the best medicine!! In this class, students learn to build confidence, play well with others, and think on their feet. Using theater games and exercises, students learn the Improv form and discover it can lead to a more spontaneous and authentic life. A friends & family performance will be scheduled for the end of the class. All experience levels are welcome.

Thursday 9/22 6:00-8:00 pm 8 Weeks  
NL Adult Education  
Resident: \$96/Non-resident \$101  
Instructor: Kristin Hartnett



## 8005

### More Joy of Movies

This course continues our popular film history series. It will focus on viewing and discussing movies that have some historical significance as well as more obscure ones you may not have seen. The course venue is the BP Learned mini-theater, which has a large screen, comfortable seats and good sound. If you love films, you'll love this course.

Wednesday 10/5 6:30-9:00 pm 6 weeks  
B.P. Learned Theater, 40 Shaw Street  
Resident \$69/Non-resident \$74  
Instructor: Rick Gipstein, Film Enthusiast

## 8006

### Extreme Couponing

This course will break down the couponing process into manageable and easy to follow steps to get you on your way to saving at least 50% off your grocery bill. Please bring one non-perishable food item to be donated to the local food pantry. Most of which are struggling in this economy with reduced donations. Your help is greatly appreciated

Saturday 10/8 9:30-12:00 pm  
NL Adult Education  
Resident \$35/Non-resident \$39  
Instructor: Elizabeth Lahens

## 8007

### Save Beyond the Grocery Store

Do you want to get meals out for FREE or at a discount? Are you limited with \$ in this economy and the mall is too expensive to buy clothes? Are you not going out as often due to the cost of entertainment? Coupons and discounts are available, you just need to learn where to look!

Saturday 10/15 9:30-12:00 pm  
NL Adult Education  
Resident \$35/Non-resident \$39  
Instructor: Elizabeth Lahens

## 8008

### Introduction to Writing and Publishing Children's Books

Learn from some of the best in the publishing and writing field. This lecture series will give you the insight on publishing that children's book that you have written. Bring your rough draft story, or develop your idea during the 6-week course. Although the course is designed for the beginner who doesn't quite know what to do next, it is helpful to have a writer's frame of mind with a desire to see your story written, illustrated and published. A variety of aspects pertinent to publishing your story will be covered by speakers from the industry. Speakers include: A publisher, an illustrator, different children's book authors, and the Coordinator for the local chapter of Connecticut Authors and Publishers Association.

Tuesday 9/20 6:30-8:30 pm 6 weeks  
Waterford HS  
Resident \$79/Non-resident \$84  
Instructor: Fred Neff

## 8009

### Grant Writing Workshop

This workshop will cover the basics of grant writing. Topics will include researching funders, formatting your grant and telling your story. Class will include the opportunity to work on a project of your choice.

**Saturday 10/1 9:00 am -12:00 pm – 1 Day only**  
**NL Adult Education**  
**\$49/Non-resident \$54**  
**Instructor Phyllis Cappuccio, MS,CFRE**

## 8010

### Memoir Writing

Share your life experiences with your family, friends and maybe even the public. Come to class with pen and paper or your laptop. Writing exercises will include some basic questions to help you get started. Publishing options will also be discussed.

**Tuesday 10/11 1:00-4:00 pm One day only**  
**NL Adult Education**  
**\$39/Non-resident \$44**  
**Instructor: Lisa Saunders**

## 8011

### Self-Publish and Promote Your Paperback/E-Book on Amazon

Self-publishing provides full control of your work and higher royalties. Learn the free steps to making your paperback and e-book available on Amazon.

**Tuesday 10/18 1:00-4:00 pm One day only**  
**NL Adult Education**  
**\$39/Non-resident \$44**  
**Instructor: Lisa Saunders**

## 8012

### Create Your Inner Child: Adult Coloring

Be a part of the Buzz! Capture your creative juices in this magical activity. We will use Gel Pens, crayons and/or pencils to create our Masterpieces. There is a \$10 course fee paid to the instructor.

**Tuesday 9/27 6:00-8:00 pm One day only**  
**Waterford HS**  
**\$19/Non-resident \$24**  
**Instructor: Carol Vara**

## 8013

### Ethical Wills

Explore your past by forming a comprehensive “look back” history of your life... This is a great way to preserve your life for yourself, spouse, children and grandchildren. This will allow you to honor your “memory lane.”

**Tuesday 10/25 6:00-8:00 pm One day only**  
**Waterford HS**  
**\$29/Non-resident \$34**  
**Instructor: Carol Vara**

## 8014

### Journal Writing as a Tool for Wellness

Wonder no more! You too will gain from journal writing. Learn very easy techniques to tap into your thoughts and feelings for a healthier lifestyle.

**Tuesday 11/15 6:00-8:00 pm One day only**  
**Waterford HS**  
**\$19/Non-resident \$24**  
**Instructor: Carol Vara**

## 8015

### Public Speaking in an Organizational Setting

The ability to speak on short notice and to shine at the same time empowers the audience and frees the speaker to connect naturally. Participants will learn how to state facts and pinions in conversation or in a formal presentation.

**Thursday 9/22 6:30-9:00 pm 1 class**  
**NL Adult Education**  
**\$59/Non-resident \$64**  
**Instructor: Dr. Stanley H. Beckford**

## 8016

### Workplace Bullying

This workshop will provide technical skills to help employees identify and deal with bullying in the workplace. Participants will learn that workplace bullying should be treated like any other occupational health and safety (OHS) hazard.

**Thursday 10/6 6:30-9:00 pm 1 class**  
**NL Adult Education**  
**\$59/Non-resident \$64**  
**Instructor: Dr. Stanley H. Beckford**

## 8017

### Effective Communication

Communication is an essential component to the success of your workplace. Whether you want your employees to learn how to listen to each other better or just get past their differences so they can get their jobs done, this workshop offers a number of communication skills, practical exercises designed to help you communicate more effectively.

**Thursday 10/27 6:30-9:00 pm 1 class**  
**NL Adult Education**  
**\$59/Non-resident \$64**  
**Instructor: Dr. Stanley H. Beckford**

## 8018

### Communicating with Diplomacy and Tact

Learn how to choose and use the most appropriate words and emotional tone for positive results. Practice techniques for receiving and transferring information, ideas, thoughts, feelings, and needs. Participants will understand how to navigate difficult situations, build consensus, and manage change with diplomacy and tact.

**Saturday 11/12 9:00-12:00 pm 1 class**  
**NL Adult Education**  
**\$59/Non-resident \$64**  
**Instructor: Dr. Stanley H. Beckford**

## 8019

### Project Management Basics

This workshop covers a range of project management practices designed for supervisors who are new to project management. Participants will learn the phases of project management, how to define the project, plan the tasks, develop the schedule, prepare and manage the budget, monitoring, identify risks, and implement corrective actions. Case studies will be used to apply and practice skills.

**Saturday 9/24 9:00-12:00 pm 1 class**  
**NL Adult Education \$59/Non-resident \$64**  
**Instructor: Dr. Stanley H. Beckford**





# NEW LONDON

Adult and Continuing Education

## Culture on Wheels Fall 2016

### Fall 2016 / Spring 2017

#### Day Trips

**Sept 17**

New York on Your Own \$59

**Sept 24**

Belmont Brunch & Races \$125

**Oct 23**

Country Shopping in Vermont \$99

**Nov 13**

Rockettes Christmas Show \$135

**Dec 3**

Holiday Sparkle in NY \$102

**Dec 10**

Central Mass. Stocking Stuffer \$98

#### Overnight Tours

**Oct 18-20**

Sight & Sound Theatre - Samson

**April 25-27**

Lifestyles of the Rich & Famous  
Long Island

**May 22-25, 2017**

Atlantic City

**Oct 2-5, 2017**

Ocean City Maryland

#### Cruises

Jan 7-23 South America

Feb 7-17 Caribbean

May 21-June 3 Cruise the British Isles

July 16-24 Columbia & Snake River

Oct 15-28 Magnificent Mediterranean

To Register for the Trips  
Call 860-437-2385 Ext. #106

Day Trips Registration  
is available on-line at:  
newlondonadulted.org

or

Mail in attached form  
with payment to:

NLAE

Three Shaws Cove, Suite 100  
New London, CT 06320

#### New York on Your Own

Saturday September 17th

\$59 per person

Spend the day in New York City... The San Genero Festival, German Steuben Parade, One World Observatory... So much to do. Depart Shaw's Cove at 7:30, Leave New York at 7:30pm. Plenty of time to see a play, walk the Park and more...



Register early... Seats fill Fast

#### Belmont Park Buffet Brunch

Saturday September 24th

\$125 per person

We're off to the races! You can bet on excitement at "The Championship Track" where nearly every major champion in racing history has competed - including eleven Triple Crown winners! We'll have a delicious luncheon buffet at the Garden Terrace which has tiered, trackside seating and floor-to-ceiling windows overlooking the track - including panoramic views of the finish line. Everyone receives a race-day program upon arrival. Full payment is required upon registration.



Depart Shaw's Cove at 9 am, estimated return 8:30 pm



#### Country Shopping in Southern Vermont

Sunday, October 23, 2016

\$99 per person

Begin your day at the fabulous Kringle Candle Country Barn in Bernardston, Mass. Then we visit the Simon Pearce Store - known for their delicate glassware. The Vermont Country Store has something for everyone - including quality merchandise from around the block and around the world! Lunch will be served at the Windsor Station Restaurant - opened in an historic train station & built in the early 1900's. Full payment required upon registration. Depart Shaw's Cove at 7:30 am, estimated return 7:30 pm.



New London Adult & Continuing Education Culture on Wheels Program  
860-437-2385 ext. 106 | cherrickm@newlondon.org



## Stocking Stuffer Holly Days in Central Massachusetts

Saturday, December 10, 2016 - cost: \$98

Everyone will receive a Christmas stocking at the start of our day and every stop will include a gift for your stocking! Visit Tower Hill

Botanic Garden in Boylston, MA and experience Holly Days, a sparkling tradition with uniquely themed Christmas trees decorated by local garden clubs. A delicious lunch awaits us at the Old Mill in Westminster. We'll visit the first roadside retail confectionary operation in the US. - Hebert's Candy Mansion in Shrewsbury! Our final stop will be the Oakwood Farm Christmas Barn in Spencer, MA. We depart Shaw's Cove at 9:00 a.m. and estimated return is 8:00 p.m. Full payment is required upon registration.



## Holiday Sparkle in the Big Apple

Saturday, December 3, 2016 cost: \$102

Join us for a wonderful day in Manhattan at holiday time. The city never looks more beautiful than at Christmas time, and our day is planned to enjoy many magnificent highlights. There will be time for shopping at the Bryant Park Holiday Fair with many original vendors. Enjoy a festive lunch at DaRosina Ristorante. complete your day with a custom guided riding tour of holiday lights, including Rockefeller Center, Fifth Avenue, and more! We depart Shaw's Cove at 9:00 a.m. and estimated return is 9:00 p.m. Full payment is required upon registration.



## Radio City - Christmas Spectacular

Sunday, November 13, 2016 - cost: \$135

Come and relax in your Orchestra/First Mezzanine seat for America's favorite holiday tradition - the Radio City Christmas Spectacular starring the world-famous Rockettes! Experience the magical line up of the Parade of Wooden Soldiers, enjoy

the wondrous 3D Journey with Santa, and celebrate the miracle of the first Christmas with the living nativity scene. Dreams come to life with the unique take on the Nutcracker, complete with dancing teddy bears and ice skaters. You'll have time before and after the 2:00pm performance to shop, grab a bite to eat, and enjoy the city! We depart Shaw's Cove at 7:30 a.m. and estimated return is 9:00 p.m. Full payment is required upon registration.



## 2017 DAY TRIP SNEAK PREVIEW

**March 23** – Jersey Boys at The Bushnell

**April** – New York on Your Own

**April 29** – West Point Dress Parade

**June 18** – Tall Ships Boston

**June** – Newport Flower Show

**Spring 2017** – Chihuly Exhibit at the New York Botanical Gardens

*Full details and prices will be announced in the Spring 2017 Catalog, arriving the last week of December 2016*

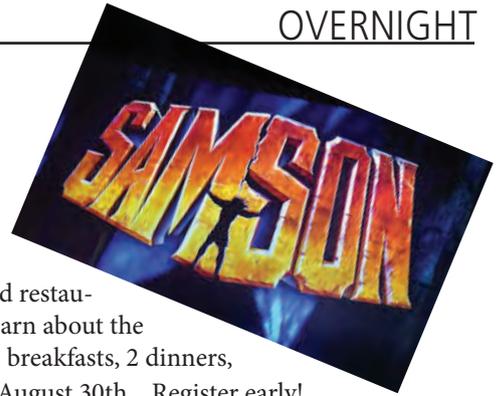
*\*The Board of Education through the Culture on Wheels Program at New London Adult and Continuing Education, offers trips to promote educational and cultural opportunities to the citizens of this region. The Board of Education through the Culture on Wheels program serves as a booking agent only, has no responsibility for any aspects of the trip, its driver or operations including departure or arrivals, schedules, or any loss to person and or property, however caused during a trip.*

### Samson - Sight & Sound Theatre

October 18-20, 2016

Cost \$458 per person double, \$578 single

Spend three days and two nights in Lancaster, PA – the heart of Amish Country! Join a local guide on a Guided Amish “Visit In Person” tour. Attend the Sight & Sound production of “Samson”. Explore the Kitchen Kettle Village with 42 shops and restaurants jammed full of Lancaster’s simple pleasures. Enjoy a Battle of the Tastes and learn about the different foods of the area. Cost includes roundtrip transportation, 2-nights hotel, 2 breakfasts, 2 dinners, sightseeing & admissions. A \$150 deposit is due by August 1st. Final payment due August 30th. Register early!



### Lifestyles of the Rich & Famous Tour Long Island, NY

April 25-27, 2017

Cost \$534 pp dbl/\$684 single

We depart aboard our motorcoach headed for the Gold Coast of Long Island where New York’s elite built fabulous mansions and gardens. Highlights of the tour include a Tour of the Vanderbilt Mansion, guided tour of the Hamptons, a wine pairing dinner at a local winery, visit to Oheka Castle and a guided tour of Old Westbury Gardens and mansion. The cost includes transportation, 2 nights accommodations at the Hilton Garden Inn, 2 breakfasts, 2 dinners, sightseeing and admissions.

### Ocean City, Maryland

October 2-5, 2017

Cost \$618 pp dbl/\$788 single



Join us as we head south to lovely Ocean City, Maryland. We’ll spend 3-nights directly on the beach at the Dunes Manor Hotel, a charming seaside resort where tea and cookies are served daily. Highlights of this trip include a visit to Assateague Island with its unspoiled wilderness and the famous wild ponies, a visit to the Ward Museum of Wildfowl Art and an optional visit to the Casino at Ocean Downs. Enjoy the Boardwalk and the Ocean Views. The tour includes transportation, 3 breakfast, 3 dinners, sightseeing and admissions per itinerary.



### Atlantic City

May 22-25, 2017- Check the Spring 2017 Catalog for more Information

Spend 3 nights at the Resorts on the Boardwalk. Stroll the boardwalk or try your luck in the many casinos. Casino Bonus information will be in the Spring 2017 catalog arriving in the end of December.



### Jonah - Sight & Sound Theatre

June 26-28, 2017

Cost \$448 pp/dbl/\$548 single

Spend 3 days and 2 nights at the Cork Factory Hotel, visit Peddlers Village and their 65 Specialty Shops. Everyone will create their own Lancaster County Farm scene and be an “Artist in an Hour” with chalk art Instructor Elva Hurst at the Plain & Fancy Farm. Tour the Ephrata Cloister, one of America’s earliest religious communities. Enjoy the new Jonah production at the Sight & Sound Theatre. On the way home visit the One Liberty Observation Deck in Philadelphia. Transportation, Hotel, 2 Dinners, 2 Breakfasts, Sightseeing & Admissions included.



**Cruise Around South America**

January 7-23, 2017  
 cost: from \$5044  
 15 Days/14 Nights

Visit these incredible once in a lifetime Ports:

- Ports in Argentina
- Ports in Chile
- Ports in Uruguay
- Strait of Magellan and more

Experience South America's hottest spots as you cruise around Cape Horn! Witness the fascinating marine life at the "far end of the earth" as you make your way to the historic city of Montevideo, Uruguay and see the diverse landscapes of mountains, glaciers, and forests in Argentina. The cost includes motorcoach transportation to JFK, all transfers, 14 nights onboard the Celebrity Infinity, all meals onboard, and a professional Ship Shop Escort throughout the cruise.

**Sail the Caribbean from New York**

February 7-17, 2017  
 cost: from \$1259  
 11 Days/10 Nights



Get away from the cold and sail to the Caribbean from New York! Tranquil waters just a shade deeper than the sky, and a rich history as diverse as the breathtaking landscapes make the Caribbean one of the most popular vacation spots to find both discovery and relaxation. Who wants to be home in the snow when you could be in one of these beautiful places? Cost includes transportation to the New York Pier. We'll visit San Juan, St. Thomas, St. Maarten, and Tortola.

**Columbia & Snake Rivers American Steam Boat Company Cruise**

July 16-24, 2017  
 9 Days/8 Nights  
 cost from \$5148 pp/dbl



Cruise from Clarkston, Washington to Portland, Oregon. Roundtrip Airfare from Bradley, one night pre-stay in Spokane, 7 night cruise aboard the Steamboat American Empress, Hop-on Hop-off shore excursions included in every port. Complimentary Beer & Wine with dinner, complimentary cappuccino, espresso, bottled water and soft drinks. Ship Shop Escort and Broadway entertainment nightly. All government taxes and fees are included.

**Magnificent Mediterranean**

October 15-28, 2017  
 cost from: \$3072  
 14 Days/12 Nights

Fly to Barcelona to meet the Brilliance of the Seas and start your adventure. Visit seven ports of call starting with Cannes, France, on to Florence/Pisa Italy, Rome, and the Amalfi Coast. Spend 2 days in Venice before cruising to Ravenna Italy then on to Kotor, Montenegro. Tour includes Roundtrip Airfare, 12 nights onboard the Brilliance of the Seas, all meals onboard, full service spa and fitness center and more...

Costs: Inside Cabin \$3072/\$3122, Outside Cabin \$3162/\$3222, Balcony Cabin \$3422 Book early to receive the best cabins.

**Escorted Cruise to the British Isles**

May 21-June 3, 2017  
 14 Days/12 Nights  
 cost from \$3160 pp/dbl

A chance of a Lifetime to cruise the British Isles... Visit Dover England, Edinburgh Scotland, Inverness/Loch Ness... Glasgow Scotland is the next port then on to Dublin for a two day stay. Cruise through St Peter Port and the Channel Islands and then back to Amsterdam to meet your flight home. Tour includes Transportation to the Airport, Roundtrip Airfare, Ship Shop Escort, 12 Nights onboard Vision of the Seas, all meals onboard, daily entertainment and more. Ship overnights in Edinburgh and Dubin.

Costs: Inside Cabin \$3160/\$3240, Outside Cabin \$3240/3290, Balcony Cabin \$4060

**Friendship Tours Trips Info session**



Join representatives from Friendship Tours and the Ship Shop on Saturday October 15th and hear about the 2017 Tours and Cruises. Light Refreshments will be served.

~ New London Adult Education Center ~

**Shaw's Cove Three, New London ~ Saturday October 15 from 10:00-12:00 pm**

## ITALY – The Tuscan Region

November 2-10, 2016 | cost is from \$2,999 pp/dbl

Come with us on this wonderful opportunity to see some of Italy's most beautiful areas - the Tuscany Region. Tour Florence, located on the River Arno, visit the Academy of Fine Arts to view Michelangelo's David, Giotto's Bell Tower, the Baptistery with its Gates of Paradise by Ghiberti. Visit Siena, Pienza, Montalcino, Volterra, San Gimignano and more. Spend five nights in Sienna and two nights in Castiglioncello. This 9 day tour includes airfare, airport transfers from New London, Accomodations, breakfast daily, four dinners, a tour manager throughout, and fuel surcharges/air taxes up to \$650.



## Ireland

October, 2017 | cost is from \$2,899 pp/dbl

Galway, Connemara, Sligo, Derry, Belfast Dublin and more ... Tour through the countryside of Ireland with a local guide. Tour through Yeats Country visiting locations dedicated to the Poetry of W.B. Yeats. Travel to Belfast while stopping gin Derry for a walking adventure of the city walls. In Belfast visit the Bushmills Distillery Guinness Storehouse and more. This tour includes Transportation to the Airport, Roundtrip Airfare, 7 nights accommodations, Tour Manger throughout, Breakfast Daily, 4 dinners, sightseeing per itinerary and Fuel Surcharges/Air Taxes up to \$350. Cost pp dbl \$2,899 (plus fuel surcharges/air taxes exceeding \$350, pending air confirmation).

*A tour presentation will be offered at Three Shaw's Cove on September 19th at 6:30pm*

## San Francisco

November, 2017 | cost is from \$2,699 pp/dbl

Spend 7 days in beautiful San Francisco. Monterey, Carmel, Sausalito, Muir Woods, Napa Valley, Sonoma Valley and more... Roundtrip Airfare, Transportation to the Airport, Hotel, 2 Winery Tours & tastings, 1 Lunch, 2 Dinners, Breakfast Daily, Sightseeing per Itinerary, and a tour manager throughout, and fuel surcharges/air taxes up to \$50. Cost pp/dbl \$2,699 (plus fuel surcharges/air taxes exceeding \$50, pending air confirmation).

*A tour presentation will be offered at Three Shaw's Cove on September 19th at 6:30 pm*



## BROADWAY AT THE GARDE



Winner of 8 Tony Awards, including Best Musical. Once is a truly original Broadway Experience. 2/10/17 8 pm \$58



Leapin' Lizards!! The worlds best loved musical returns in time-honored form. This production of Annie will be a brand new incarnation of the iconic original. 4/23/17 5 pm \$58



In this new era of viral gaffes and social-media campaigning, of rebels preaching to the disenchanted on both sides of the aisle, who even knows what makes a presidential candidate electable anymore?

10/29/16 8 pm \$38



This romantic comedy takes the audience on a hilarious and wild ride where no topic is taboo and the insider "tips" come straight from the source: a Gay Man.

5/18 & 5/19/17 8 pm \$38

This new and unique show brings the material, the music and the artist together on stage in a magical, mystery filled creation combining visual theatre, dance and humor into a multi sensory experience. 11/16/16 7:30 pm \$40



LED ZEPPELIN II Fri. Nov. 18, 2016 at 8 pm \$32

PURPLE RAIN Thur. Jan. 19, 2017 at 7:30 pm \$34

ZIGGY STARDUST PRESENTS: The Rise and Fall of Ziggy Stardust Fri. May 12, 2017 at 8 pm \$34

## Introduction to Basic Auto Technician Training

This training program is designed to prepare students for an entry-level automotive technician position. Students will learn safety in an auto repair shop with the ability to perform a basic tune-up service. The training will include a basic skills component. Upon successful completion of the course, students will obtain an Introduction to Basic Auto Technician Training certificate.



## Introduction to Server and Culinary Arts With Food Handler's Certificate

Students will be trained in basic food service, which includes food handling, nutrition, sanitation, and instruction in the art of cooking, including techniques such as sautéing, baking, and grilling. The training course will include a basic skills education component. The students will develop competencies for a career in food establishments. Those who successfully complete the course and pass the exam will receive a certificate from Ledge Light Health District.



# Meeting the Demands of a 21<sup>st</sup> Century Economy

Southeastern Connecticut has been identified as one of the slowest regions in the country to recover from the effects of the recent recession. Labor market data shows the region as the most challenged area of the state and underscores the dire need for supportive employment transition programming. The Integrated Basic Education and Skills Training (I-BEST) program responds to the needs of those marginalized by educational and workforce skills deficits.

The I-BEST program engages basic education and vocational training instructors in the delivery of a collaborative program of contextualized learning that includes 50% instructional overlap. All areas include employability skills. Students must be currently enrolled in GED, High School Credit Diploma or ESL classes.

These trainings, which allow students to explore possible career pathways, focus on a variety of industry clusters.

## Office Receptionist with Medical Terminology Certificate

This program will introduce and prepare students with the basic skills necessary to gain employment in an entry-level office position such as a receptionist, office clerk, office support, or data entry clerk. The training will include computer operations/applications, office

and communication skills, medical terminology, and employment skills. The course will also include a basic skills component. Upon successful completion of the course, students will obtain an Office Receptionist with Medical Terminology Certification.



## Microsoft Office Specialist Certification

The Microsoft Office Specialist Certification: Word, PowerPoint, Excel and Outlook program teaches valuable skills that will help the student obtain an entry-level position or start a career pathway in the IT field. After successfully completing the classroom, lab, and homework requirements, the student will receive a certificate. Students will prepare to take the National Microsoft Office Specialist Certification exam.

## Customer Service Certification

The Customer Service Certificate program teaches valuable skills that will help students get a job, be successful employees, and work their way up the employment ladder. Students will earn a New London Adult Education Customer Service Certificate after successfully completing the classroom, lab, and independent study requirements. Students will improve basic skills in writing and math, and prepare to take the National Retail Foundation's Customer Service Certification exam.



## Certified Nursing Assistant

The Certified Nursing Assistant program will provide students with basic nursing skills, classroom and clinical training which includes medical terminology. The program offers the opportunity to receive real life-based experience and practical training. Clinical training is completed in the state-of-the-art lab/classroom at New London Adult Education and a local nursing facility. The training course will include a basic skills education component. Upon successful completion of the course, students will take the State of Connecticut exam for CNA certification.

*For additional information on any of these programs,  
please contact  
Sara Weeks at (860) 437-2385*

# TRANSITIONS and JET

## Transitions Program puts the focus on career planning, training programs, college prep and financial aid

The Transitions Program is available to all current GED, Credit Diploma and ESL students enrolled at New London Adult and Continuing Education.

Students receive assistance from the Transitions Associate with career planning, college information, training information, college application completion, financial aid information and FAFSA application completion, as well as Accuplacer test registration.

The program also offers trips to area colleges. This past year included visits to University of Connecticut at Avery Point, Three Rivers Community College and Mitchell College. We also host mini college fairs and have speakers from additional higher education institutions present to students.

Students utilize a variety of resources for career planning including: the National College Transition Network's Career and College Awareness curriculum and College for Adults websites. The Choices Program is used for career interest surveys and training and college searches.

*Please contact: Meg Mahon,  
Transition to Post-Secondary Program Associate  
for an appointment at  
860-437-2385 ext. 103 or VM 103 or  
email: mahonm@newlondon.org*

## Job, Employment and Training prepares students for the future

JET is an employment and training program for eligible out-of-school youths between the ages of 17-24. Funded by the Eastern CT Workforce Investment Board, the program is designed to assist eligible youth who want to move from high school dropout

to high school graduate and/or to advance from unemployed or underemployed to gainfully employed and/or to enter college or training programs. Program components include:

**Work Readiness Skills:** resume creation, interviewing techniques, dress for success, leadership opportunities, basic computer literacy skills.

**Career exploration:** job shadowing and internships.

**Education & Training:** basic skills, high school diploma or GED offered with flexible schedule and part-time attendance, post-secondary

education or occupational skills training, financial assistance and transportation for eligible participants.



*For additional information on this program,  
please contact  
Lora Castronova  
or Patricia Spellman at:  
(860) 437-2385*

# EVEN START

## Program lets parents and children learn together

Even Start of Connecticut is a family-literacy program designed to assist low income and disadvantaged families. The program offers adult education classes for the parents and an early childhood education for their children.

The families enrolled also take parenting classes. A bilingual mental health worker conducts parenting groups. Literacy in the home is fostered through a home visitor who meets with individual families.

The program has helped many of the parents obtain employment and further their education, and the early childhood education component has

prepared the children for transition into kindergarten.

Even Start of Connecticut, a collaborative effort of New London Adult Education, and Carelot Children's Center, Inc., offers the following:

- Adult Education
- Parenting Education
- Early Childhood Education
- Interactive literacy
- Home Visits

*For additional information on this program, please contact  
Laiza Melendez  
or Maureen Murphy at:  
(860) 437-2385*



# Enrichment Class Registration Form

Mail completed form to:  
 NLAE, Three Shaw's Cove, Suite 100  
 New London, CT 06320

Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 City/State/Zip Code \_\_\_\_\_  
 Email Address \_\_\_\_\_

Do you want to be added to our email list? YES  NO

CLASS #	CLASS NAME	CLASS LOCATION	COST

**Nothing cancels a Class quicker than everyone waiting until the last minute to register. Don't miss out on a great class.. REGISTER EARLY**

Processing fee only when  
 using a Credit Card \$1.50

**Total Due**


Credit card information:  
 \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover \_\_\_\_\_ American Express

Credit Card Numer \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_



## *Start sharing your knowledge today!*



Do you have a knack for teaching and would like to share your knowledge with others?  
 If you have a hobby, career, or interest that you would like to share with others, we would like to hear from you. We are always looking to offer new classes.  
 Please forward your class idea to: [cherrickm@newlondon.org](mailto:cherrickm@newlondon.org)

## New London Adult & Continuing Education

Three Shaw's Cove  
New London, Connecticut 06320

Telephone (860) 437-2385  
[www.newlondonadulted.org](http://www.newlondonadulted.org)

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## SAVE THE DATE



## NOVEMBER 4



### Our Sponsors

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